

OCTOBER 2022 NEWSLETTER

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WORLD STROKE DAY: OCTOBER 29TH

As World Stroke Day is approaching, I have been posting stroke awareness statistics on my social media to help others be more aware of the statistics and signs of stroke. At age 29, I was not as aware as I should have been and am walking proof that age does not matter when it comes to stroke. I attached those same memes to this newsletter email for those of you that are not a part of my social media.

I will also be attending a stroke camp in November for three days at Northern Arizona University. It is six hours a day and run by the director of my original rehab clinic, Dr. Kay Wing, one of the head professors of the therapy program at NAU, and the PHD therapy students. I was a participant at this camp back in 2008 and excited to go and kick off my rehab again. I am raising money for scholarships now. The cost per participant is \$300. Every dollar helps so if you would like to help with this fundraiser, you can give at this link: <https://www.facebook.com/donate/622650852762929/>

Although I am 19 years post-stroke, Kay has always encouraged me to work hard, never give up, and that the brain does have the ability to relearn. I still research therapy equipment because although I am independent, my left hand is an active assist still today to my right hand. Two new pieces of equipment I am now trying is called a Music Glove and a Sabeo Glove.

UPCOMING BOOK SIGNING EVENTS

In conjunction with World Stroke Day and the publication of this new compilation, I am very excited I have the opportunity to connect with others through four book signing events over the next two weekends. During the events I will have the opportunity to sell both books, collect emails for my monthly newsletter, share my story through my postcard distribution, and offer a raffle for gift cards by signing up for my newsletter.

- Spencer's Place in Surprise October 22nd 8-11am
- Barnes and Noble in Goodyear October 22nd 1-4pm
- Boyer Bakery in Surprise October 29th 8-10am
- Barnes and Noble Surprise October 29th 11-2pm



CTCA BIBLE STUDY AND ZOOM SERIES

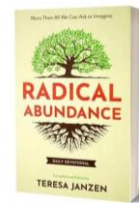
I am so grateful for every opportunity to serve at and connect with patients weekly at The Cancer Centers of America. I love my time there and currently conduct a weekly Bible study I developed called "Discovering God's Purpose During Your Medical Journey" on Wednesday mornings. I have the opportunity to conduct a writing class via zoom to help patients start writing their story and learning about journaling as a healing tool on Wednesday afternoons.

BRAIN INJURY ALLIANCE GROUP

I am so thankful and excited for any opportunity to share my story to help others. I feel that by sharing my story to bring hope and encouragement to others, there was a purpose in the challenges that we have persevered through. Along with recent opportunities to speak with stroke support groups, I had the opportunity to be the guest speaker on October 16th on the Brain Injury Alliance zoom series. It was a great opportunity to present and answer questions for an hour with about ten other individuals from the stroke community or those who have experienced a traumatic brain injury.

NEW COMPILATION IS OUT!

I am very excited and honored to be a part of this new anthology of 50 devotionals written by 33 authors titled *Radical Abundance: More Than All We Can Ask or Imagine*. It was published by Abundance Books. Ordering links can be found on my website at www.lorivober.com. You can also order signed copies directly from me through my email at lorivober@gmail.com.



CHURCH RETREAT

I had the opportunity to attend our church retreat with Desert Springs at Prescott Pines for the fourth time this past weekend. The weather was beautiful, amazing worship, great learning opportunities, and amazing connection time. The keynote speaker was Carol Kent. I had the blessed opportunity to meet her at my conference in July in TX so it was wonderful to see her in person again. She is the founder of an outstanding writer and speaker conference called "Speak Up" that I usually attend virtually. I also had the opportunity to meet one of the acquisition editors from Moody Publishing, Judy Dunagan, that I have only met virtually in the past. It was a wonderful weekend away. Every year has a different flavor and offers a different experience. I stayed in a bigger cabin this time with four other roommates. I also had the opportunity to be a table hostess, play bingo, try archery, go on a hayride, and enjoy s'mores around the campfire. (I stayed aware from the fire!)

PODCASTS, BLOGS, ZOOMS

I am still sharing my story and book on podcasts and blogs. If you are a host of a podcast, blog, or zoom and would be interested in speaking to me, I would love to talk to you and have your help, marketing my message. You can find examples of my podcasts, my 3-minute video reel, and speaker one-sheet on my website at www.lorivober.com.