

# SEPTEMBER 2022 NEWSLETTER

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### SPEAKING OPPORTUNITIES

I am so grateful for the recent opportunities I have had to share my story and experiences to bring hope and encouragement to others. I have had the opportunity to share recently through a four-week Bible study series I created for the cancer patients at the Cancer Treatments Centers of America titled "Discovering Your Purpose During Your Medical Journey".

I have also recently had the opportunity to speak at several stroke support groups and love connecting with other survivors! My original neuro rehab center, SWAN Rehab, has opened a second location in Goodyear, only about ten minutes from my home. They now have a monthly stroke support group. I had the opportunity to share my book and story at their first meeting and then join them again this last month. I was so excited to speak to a new group at Abrazo Hospital in Phoenix this month. I think it is important to encourage one another, and I am so glad I can support others based on my past experiences. I am excited to continue looking for opportunities to share my story within the stroke and brain injury communities.

I will have the opportunity to share my story on zoom on Sunday, October 16<sup>th</sup> at 1pm pst through the Brain Injury Alliance Group. I am really looking forward to this opportunity and future opportunities with this organization.

### BOOK CLUB

Many of you have purchased and read my book that came out in March titled *CHOICES: When You Are Faced with a Challenge, What Choice Will You Make?* I greatly appreciate your support, if you have read it! If you are interested in purchasing a copy, you can find all the information on my website at [www.lorivober.com](http://www.lorivober.com) or reach out to me anytime. I sell my own signed copies and would be happy to send you one!

At the end of each chapter are reflection questions. Although I wanted to tell my story, I wanted this book to be an opportunity for readers to also feel a part of the journey by reflecting on their own experiences. I did this through the reflection section, as well as, a navigational tips and tools section. I would love to incorporate my book into a book club opportunity either in-person or on zoom. I held my first book club this summer on zoom with some church friends. If you are interested in being a part of this or leading this in your area, please reach out to me at [lorivober@gmail.com](mailto:lorivober@gmail.com).

### CHURCH BIBLE STUDY

Our In-person Bible study just started again this week at Desert Springs Community Church, and it was so good to see everyone again. I am excited to lead a table in person on Tuesday morning and facilitate the same study on Zoom on Thursday morning. If you are unable to attend a physical study and looking for a remote one, we are studying Romans this fall with Courtney Doctor.

### BOOK REVIEWS

Although it is an area that many people shy away from and do not love, Amazon and Barnes and Noble book reviews are so important to authors. If you have read my book, if you would take a few minutes to write a positive review, I really would appreciate it! You can click on these links in order to write them:

- <https://www.amazon.com/dp/1685560873#customerReviews>
- <https://www.barnesandnoble.com/w/choices-lorivober/1140873875?ean=9781685560874>

### WORLD STROKE DAY

World Stroke Day is coming up on Saturday, October 29<sup>th</sup>. I will be posting memes on social media throughout October to help promote stroke awareness. I have also started a new fundraiser to raise scholarship funds for a stroke camp I will be a part of at Northern Arizona University in Flagstaff November 11-13. If you are interested in contributing to this fundraiser, please click on this link:  
<https://www.facebook.com/donate/622650852762929/>

Thank you so much for your help and support! The cost to each participant is \$300 so I would love to raise \$600 in order to provide two scholarships.

I am also doing several book signing events in conjunction with stroke awareness at Barnes and Noble and area coffee shops. Please stay tuned to my social media for updates on dates, times, and locations. I greatly appreciate your continued support of my writing journey!

### ABILITIES EXPO

This was my first time at the expo and a wonderful opportunity to learn about products, services, and resources for those with an array of disabilities. I originally had looked into the opportunity to market my book and share my story, but it was too expensive. One reason Dainis and I went to the event was to learn about service dogs. Although I am currently seizure-free, having a service dog in the future for both stability and seizure detection as I become more independent and desire to start speaking is something to research.

I also met an amazing contact, Christopher Ewing, who is an Emmy award winner and tv producer. Christopher suffered a stroke almost 5 years ago but then used his resources to start stroke channel tv. This is an amazing resource that offers stroke support groups, caregiver support groups, a podcast called "Life After Stroke" and rehab exercises. He allowed me to share some booth space with him on Sunday to share my story, and I am excited to connect with Christopher more in the future.

### PODCASTS, BLOGS, ZOOMS

I am still sharing my story and book on podcasts and blogs. If you are a host of a podcast, blog, or zoom and would be interested in speaking to me, I would love to talk to you and have your help, marketing my message.