

Lori is a survivor, overcomer, connector, and encourager. She suffered a hemorrhagic stroke at age twenty-nine, and then developed epilepsy from the stroke. Lori is passionate about choices, and even in our trials, we can still find hope, joy, and new success. With the right perspective, attitude, and perseverance, we can stay unstuck and keep moving forward. Even with her difficulties, Lori and her husband, Dainis, were able to become adoptive parents to a sibling group of three.

She published her first book, *CHOICES: When You Are Faced with a Challenge, What Choice Will You Make?* in March 2022 and has been connecting and encouraging others to choose to survive and thrive. Her book received the 2023 Reader's Choice Awards from The Christian Literary Awards in the categories of Christian Living and Testimonial.