

Sandhills Children's Center-Southern Pines Campus August 2021 Menu

This Institution is an equal opportunity provider

DATE	BREAKFAST	LUNCH	SNACKS
Monday August 2,2021	WHOLE WHEAT PRETEZEL POPTARTS GALA APPLES WHOLE MILK/1%	BAKED BEANS W/ DICED CHICKEN SWEET CORN WHEAT BREAD BANANAS WHOLE MILK/ 1%	WHOLE GRAIN CHEEZIT CRACKERS HONEYDEW
Tuesday August 3,2021	WHOLE WHEAT FRENCH TOAST W/ CREAM CHEESE PEARS WHOLE MILK/1%	HAMBURGER MACARONI & CHEESE BAKE GREEN PEAS WH-WHEAT BREAD PINEAPPLE TIDBITS WHOLE MILK/ 1%	GOLDFISH PRETZELS CRACKERS MANDARIN ORANGES
Wednesday August 4,2021	HOMEMADE BLUEBERRY LOAF BREAD PINEAPPLES WHOLE/1% MILK	VEGGIE & MEAT TRAY W//HAM,TURKEY W/ CUCUMBERS CHEESE STICKS WHEAT CRACKERS ORANGES WHOLE MILK/ 1%	GARDEN VEGGIE STRAWS PEACHES
Thursday August 5,2021	WHEAT PANCAKES W/ APPLE BUTTER PEACHES WHOLE MILK/1%	BAR-B QUE- CHICKEN SANDWICH ON A WH- WHEAT BUNS TATER TOTS SWEET PICKLES— HONEYDEW MELON WHOLE MILK/ 1%	WHOLE GRAIN GOLDFISH CHEESE CRACKERS CUCUMBER SLICES ORANGES
Friday August 6,2021	CINNAMON RAISIN BREAD APPLE JELLY BANANAS WHOLE MILK/1%	TACOS W/ LETTUCE, CHEESE TOMATOES W/ TACO SAUCE & GROUND CHICKEN WHOLE CORN TORTILLA CHIPS APPLES WHOLE MILK/1%	WHOLE GRAIN BAKED SUN CHIPS KIWI FRUIT
Monday August 9,2021	WHOLE GRAIN SPECIAL K-CEREAL MANDARIN ORANGES WHOLE MILK/1%	ALL WHITE MEAT CHICKEN NUGGETS BAKED BEANS WHOLE WHEAT BREAD YELLOW DELICIOUS APPLES WHOLE MILK/ 1%	RITZ BIT CHEESE SANDWICH CRACKERS BANANAS
Tuesday August 10,2021	WHOLE WHEAT CINNAMON RAISIN BAGELS PINEAPPLE TIDBITS WHOLE MILK/1%	CHICKEN SALAD RITZ CRACKERS CUCUMBERS, CARROTS RANCH DRESSING BANANAS WHOLE MILK/ 1%	CINNAMON MINI RICE CAKES RED DELICIOUS APPLES
Wednesday August 11,2021	WH-WHEAT MINI MAPLE PANCAKES W/ APPLE BUTTER BANANAS WHOLE MILK/ 1%	CHEESE PIZZA W/ EXTRA CHEESE WHOLE -WH CRUST GREEN BEANS RED DELICIOUS APPLES WHOLE MILK/ 1%	WHOLE GRAIN GRAHAM CRACKERS PINEAPPLE TIDBITS
Thursday August 12,2021	CLOSED	CLOSED	CLOSED
Friday August 13,2021	CLOSED	CLOSED	CLOSED
Monday August 16,2021	WHOLE GRAIN KIX CEREAL APPLES WHOLE MILK/1%	FISH STICKS BAKED BEANS HUSH PUPPIES MANDARIN ORANGES WHOLE MILK/ 1%	WHOLE GRAIN CHEESE FILLED CRACKERS W/YELLOW APPLES
Tuesday August 17,2021	CHEESE TOAST ON WHOLE WHEAT BREAD PEARS WHOLE MILK/1%	WH-WHEAT -CHICKEN PIZZA W/ CHEESE SAUCE DICED CHICKEN W MIXED VEGETABLES— BANANAS WHOLE MILK/ 1%	MOZZERALLA CHEESE STICKS ORANGE SLICES
Wednesday August 18,2021	WHOLE WHEAT PLAIN BAGELS APPLE BUTTERSREAD BANANAS WHOLE MILK/1%	TURKEY SANDWICHES ON WH - BREAD CREAM OF CHICKEN POTATOES ORANGES WHOLE MILK/ 1%	WHOLE GRAIN CHEX CHEDDAR SNACK MIX FRESH PEARS
Thursday August 19,2021	SAUSAGE PATTIES W/ WHOLE WHEAT TOAST APPLESAUCE WHOLE MILK/1%	WH-WHEAT SPAGHETTI NOODLES W/ MEAT SAUCE W/ GROUND TURKEY GREEN PEAS GARLIC BREAD BANANAS WHOLE MILK/ 1%	WHOLE GRAIN WHEAT VEGETABLE CRACKERS SPINACH DIP BANANAS
Friday August 20,2021	WHOLE WHEAT BLUEBERRY PANCAKES APPLE BUTTER PEACHES WHOLE MILK/1%	TURKEY HOT DOGS ON A WHOLE WHEAT BUNS TATER TOTS PICKLES FRESH PEARS WHOLE MILK/ 1%	FRITOS CORN CHIPS PINEAPPLE SLICES
Monday August 23,2021	WHOLE GRAIN RICE CHEX CEREAL PEACHES WHOLE MILK/1%	THREE BEAN TURKEY CHILLI W/CANNENLI BEANS & CARROTS WH-WHEAT CRACKERS YELLOW APPLES WHOLE MILK/ 1%	CUBED CHEDDAR CHEESE PEACHES
Tuesday August 24,2021	WH-WHEAT BISCUITS W/SAUSAGE LINKS PEARS WHOLE MILK/1%	HOMEMADE SLOPPY JOE SANDWICHES ON WH-WHEAT BUNS CHEESE POTATOES CANTALOUPE WHOLE MILK/ 1%	WHOLE WHEAT BAKED CORN VEGGIE STICKS PEARS
Wednesday August 25,2021	WHOLE WHEAT BLUEBERRY BAGELS W/ BLUEBERRY SPREAD APPLES WHOLE MILK/1%	HOMEMADE TUNA PASTA SALAD W/ WH- WHEAT NOODLES WHEAT CRACKERS CUCUMBER SLICES W/ RANCH DRESSING BANANAS WHOLE MILK/ 1%	GOLDFISH PRETZELS CRACKERS MANDARIN ORANGES
Thursday August 26,2021	ENGLISH MUFFINS W/ CHEESE BANANAS WHOLE MILK/1%	HAM & CHEESE SANDWICHES ON WH-BREAD GREEN PEAS PEACHES WHOLE MILK/ 1%	TOWN HOUSE CRACKERS W/ SLICED CHEESE
Friday August 27,2021	WHOLE GRAIN WAFFLE STICKS STRAWBERRY PUREE HONEYDEW WHOLE MILK/1%	HAMBURGERS PATTIES ON A WH-WHEAT BUN FRENCH FRIES PICKLES FRESH PEARS WHOLE MILK/ 1%	WHOLE GRAIN OYSTER CRACKERS BANANAS
Monday August 30,2021	WHOLE WHEAT CINNAMON TOAST CEREAL APPLES WHOLE MILK 1%	SALIBURY STEAK BURGERS SLICED CARROTS WH-WHEAT ROLLS BANANAS WHOLE MILK/ 1%	WHOLE GRAIN BAKED SUN CHIPS KIWI FRUIT
Tuesday August 31,2021	HOMEMADE WHOLE WHEAT MINI BLUEBERRYMUFFINS- MANDARIN ORANGES WHOLE MILK/1%	GRILLED CHEESE ON WH-WH-BREAD CREAM OF CHICKEN OR TOMATO SOUP GREEN PEAS PEARS WHOLE MILK/ 1%	WHOLE GRAIN STRAWBERRY YOGURT FILLED CHEX SNACK MIX PEARS

Water is given throughout the day. Snacks are provided in the afternoon. Menus may vary depending on availability of food and are subject to change. Menus are modified to accommodate children with special diets. All milk provided from our center is unflavored milk