

Sandhills Children's Center-Southern Pines Campus May 2021 Menu

This Institution is an equal opportunity provider

DATE	BREAKFAST	LUNCH	SNACKS
Monday May 3,2021	WHOLE GRAIN CHEERIO CEREAL PEACHES WHOLE MILK/1%	TURKEY SANDWICHES ON WH – BREAD MACARONI SALAD W/MIXED FRESH VEGETABLES ORANGES WHOLE MILK/ 1%	WHOLE GRAIN CORN CHIPS ORANGES
Tuesday May 4,2021	HOMEMADE BANANA BREAD W/ BANANAS WHOLE MILK /1%	SALSURBY STEAK W/ GRAVY BROCOLI CHEESE SAUCE WH –WHEAT ROLLS BANANAS WHOLE MILK/ 1%	WHOLE GRAIN CHEESE FILLED CRACKERS W/YELLOW APPLES
Wednesday May 5,2021	WHOLE GRAIN SPECIAL K-CEREAL BANANAS WHOLE MILK/1%	BAKED MAC & CHEESE CASSEROLE W/DICED CHICKEN &GREEN BEANS WHEAT BREAD DICED PEARS WHOLE MILK/ 1%	RITZ BIT CHEESE SANDWICH CRACKERS BANANAS
Thursday May 6,2021	CHEESE TOAST ON WHOLE WHEAT BREAD FRESH PEARS WHOLE MILK/1%	HOMEMADE SLOPPY JOE SANDWICHES ON WH-WHEAT BUNS GREEN BEANS PEACHES WHOLE MILK/ 1%	WHOLE GRAIN BAKED SUN CHIPS KIWI FRUIT
Friday May 7,2021	WHOLE WHEAT CINNAMON RAISIN BAGELS PINEAPPLE TIDBITS WHOLE MILK/1%	TACOS W/LETTUCE, CHEESE TOMATOES W/ TACO SAUCE & GROUND CHICKEN WHOLE CORN TORTILLA SCOOPS APPLES WHOLE MILK/1%	CUBED CHEDDAR CHEESE PEACHES
Monday May 10,2021	WHOLE GRAIN CORN KIX CEREAL DICED PINEAPPLE WHOLE MILK/1%	FISH STICKS BAKED BEANS HUSH PUPPIES MANDARIN ORANGES WHOLE MILK/ 1%	CINNAMON MINI RICE CAKES RED DELICIOUS APPLES
Tuesday May 11,2021	WHOLE GRAIN BLUEBERRY WAFFLE STICKS STRAWBERRY PUREE ORANGES WHOLE MILK/1%	VEGGIE & MEAT TRAY W/ /TURKEY,SLICED CHICKEN CARROTS WHEAT CRACKERS HONEYDEW WHOLE MILK /1%	WHOLE GRAIN GOLDFISH CHEESE CRACKERS CUCUMBER SLICES
Wednesday May 12,2021	WH-WHEAT BISCUITS W/ BLUEBERRY CREAM CHEESE SPREAD PEACHES WHOLE MILK/ 1%	GRILLED CHEESE ON WH-WH-BREAD CREAM OF CHICKEN SOUP GREEN PEAS BANANAS WHOLE MILK/ 1%	WHOLE GRAIN CORN TORTILLA CHIPS W/ GARDEN SALSA ORANGES
Thursday May 13,2021	WH-WHEAT SWEET POTATO PANCAKES W/ APPLE BUTTER BANANAS WHOLE MILK/ 1%	CHICKEN SALAD RITZ CRACKERS CUCUMBERS, CARROTS RANCH DRESSING KIWI & PINEAPPLE WHOLE MILK/1%	WHOLE GRAIN GRAHAM CRACKERS BANANAS
Friday May 14,2021	WH-WHEAT CINNAMON RAISIN BREAD W/ H.M. STRAWBERRY SPREAD BANANAS WHOLE MILK/1%	CHEESE PIZZA W/EXTRA CHEESE WHOLE - WHEAT CRUST GREEN BEANS ORANGES WHOLE MILK/ 1%	WHOLE GRAIN CHEEZIT CRACKERS HONEYDEW
Monday May 17,2021	WHOLE GRAIN RICE CHEX CEREAL APPLES WHOLE MILK/1%	ALL WHITE MEAT CHICKEN NUGGETS CHEESE POTATOES WHOLE WHEAT BREAD APPLES WHOLE MILK/ 1%	MOZZERALLA CHEESE STICKS ORANGE SLICES
Tuesday May 18,2021	HOMEMADE WHOLE WHEAT MINI BLUEBERRY MUFFINS-MANDARIN ORANGES WHOLE MILK/1%	HOMEMADE TURKEY SALAD CUCUMBER & CELERY STICKS RANCH DRESSING WH-WHEAT CRACKERS CANTALOUPE WHOLE MILK/ 1%	WHOLE GRAIN CHEX CHEDDAR SNACK MIX FRESH PEARS
Wednesday May 19,2021	WHEAT PANCAKES W/APPLE BUTTER PEACHES WHOLE MILK/1%	WHOLE WHEAT SPAGHETTI NOODLES GROUND TURKEY GREEN PEAS GARLIC BREAD PEARS WHOLE MILK/ 1%	WHOLE GRAIN WHEAT VEGETABLE CRACKERS SPINACH DIP BANANAS
Thursday May 20,2021	SAUSAGE FILLED WHOLE GRAIN CORN MUFFINS BANANAS WHOLE MILK/1%	WH-WHEAT -CHICKEN PIZZA W/ CHEESE SAUCE DICED CHICKEN W MIXED VEGETABLES— BANANAS WHOLE MILK/ 1%	FRITOS CORN CHIPS PINEAPPLE SLICES
Friday May 21,2021	WHOLE WHEAT BLUEBERRY BAGELS W/ BLUEBERRY SPREAD ORANGES WHOLE MILK/1%	HAMBURGERS PATTIES ON A WH-WHEAT BUN FRENCH FRIES PICKLES ORANGE SLICES WHOLE MILK/ 1%	GOLDFISH PRETZELS CRACKERS MANDARIN ORANGES
Monday May 24,2021	WHOLE GRAIN CORN CHEX CEREAL PEACHES WHOLE MILK/1%	BAR-B QUE- CHICKEN SANDWICHES ON A WH- WHEAT BUNS TATER TOTS SWEET PICKLES - PINEAPPLE WHOLE MILK/ 1%	WHOLE WHEAT BAKED CORN VEGGIE STICKS PEARS
Tuesday May 25,2021	WHOLE WHEAT ROLLS W/BACON SLICES BANANAS WHOLE MILK/1%	HAM & CHEESE SANDWICHES ON WH-BREAD GREEN PEAS PEACHES WHOLE MILK/ 1%	GOLDFISH PRETZELS CRACKERS MANDARIN ORANGES
Wednesday May 26,2021	WHOLE WHEAT FRENCH TOAST W/APPLE BUTTER PEARS WHOLE MILK/1%	CHICKEN FRIED BROWN RICE W/CARROTS, PEAS. BELL PEPPERS RED & GREEN HONEYDEW WHEAT BREAD WHOLE MILK /1%	TOWN HOUSE CRACKERS W/ SLICED CHEESE
Thursday May 27,2021	PEACH BREAD PUDDING BANANAS WHOLE MILK/1%	HOMEMADE TUNA SALAD WHEAT CRACKERS TOSS SALAD W/ RANCH DRESSING PINEAPPLE WHOLE MILK/1%	WHOLE GRAIN OYSTER CRACKERS BANANAS
Friday May 28,2021	WHOLE GRAIN WAFFLE STICKS STRAWBERRY PUREE GOLDEN DELICIOUS APPLES WHOLE MILK/1%	TURKEY HOT DOGS ON A WHOLE WHEAT BUNS TATER TOTS PICKLES APPLES WHOLE MILK/ 1%	WHOLE GRAIN RICH BREAD STICKS W/PIZZA DIP APPLES
Monday May 31,2021	CLOSED	CLOSED	CLOSED

Water is given throughout the day. Snacks are provided in the afternoon. Menus may vary depending on availability of food and are subject to change. Menus are modified to accommodate children with special diets. All milk provided from our center is unflavored milk