

JULY 2026

MON	TUE	WED	THU	FRI	SAT	SUN
		1	2	3	4	5
6	7	8	9 Grit & Glow Sunset Hike 6-730pm	10	11	12
13	14	15	16	17	18 Grit & Glow Aptos Hike 11-2pm	19
20	21	22 Grit & Glow Sunset Hike 6-730pm	23	24	25	26
27	28	29	30	31		



For the most up-to-date details and to RSVP for any event, please contact Lisa Nichols directly.