



2026 CYC AROUND MISERY'S RACE **NOR and SAILING INSTRUCTIONS**

1. **Rules:** Racing will be governed by The Racing Rules of Sailing (RRS), except as modified by these Sailing Instructions.
2. **Eligibility:** The CYC Around Misery Race is open to Rhodes 19 and Town Class boats that have registered with their fleets. Solo sailing is not allowed for Town Class boats.
3. **Notice to Competitors:** Notices to competitors will be posted in the CYC Race Committee booth window.
4. **Changes to these Instructions:** Changes to these instructions will be posted per #3 above before noon on the day they will take effect and shall be signaled by displaying an "L" flag from the CYC yardarm.
5. **Communications:** *All* race participants are *required* to monitor **Channel 78** for race course information, OCS (On Course Side; aka, over early) or to request assistance. **All boats must notify the race committee when they are withdrawing or retiring from the race, the race area or the starting area at the first reasonable opportunity by VHF or call 617-529-2262.**
6. **Schedule:** The race is scheduled for Sunday, September 6, rain date, Sunday, September 13. Three boats constitute a race for all classes.

7. **Start Time:**

1:00 PM	Warning (Yellow shape + audible)
1:02 PM	Yellow removed – no sound
1:03 PM	Prep (BLUE shape + audible)
1:05 PM	Blue removed – no sound
1:06 PM	Start Rhodes 19 Class (Red shape + audible)
1:08 PM	Red removed – no sound
1:09 PM	Start Town Class (Red shape + audible)

8. **Audible Signals:** All starting, general recall and first-place finishing signals will be by siren. OCS, changed and shortened course signals will be by air horn.
9. **PFD Requirement:** All participants must wear a PFD while racing if the race committee posts code flag "Y" or when sailing solo.
10. **Start/Finish Line:** The start and finish line will be formed by a line between a red and black tetrahedron (Racing Mark "O") and an orange plank on the CYC Race Committee Booth Railing. Mark "O" will *not* be displayed in the course description. **The time limit for the Around Misery's Race will be 4 hours following the start unless extended by the race committee which will be communicated by VHF.**
11. **Individual Recall:** When a boat is OCS (On Course Side; aka, over early), there will be a short blast of an air horn and code flag "X" will be posted. An attempt will be made to notify all OCS boats by VHF. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a request for redress. (Changes RRS 62.1(a)).
12. **General Recall:** Will be signaled by two sounds from the siren after the start, posting of the "**First Substitute**" flag and an announcement will be made by VHF. The next siren (3 minutes from the recalled start) will be the Preparatory signal for the recalled class with their start 3 minutes later and the starts for any succeeding classes shall follow the new start. (Changes RRS 29.2).
13. **Course Instructions:** The racing area is as shown on the attached chart. Applicable race marks will be posted at the Race Committee booth, as read from your **left** to your **right**. An attempt will be made to announce the race course over VHF. A mark shall be passed on the side farthest from the next mark, Misery Island or the finish line, whichever comes next.
 - 13.1 **Misery Islands** (both Great and Little Misery Islands) shall be rounded in a clockwise direction (passed on your starboard side) if mark #27 is displayed at the race booth. The Islands shall be passed in a counter clockwise direction (passed on your port side) if mark #34 is displayed.
 - 13.2 **Additional marks** may be added to the course. If additional marks are displayed before (to the left of) #27 or #34, the additional marks shall be rounded before rounding the Misery Islands. If additional marks are displayed after (to the right of) #27 or #34 the additional marks shall be rounded after rounding the Misery Islands.
 - 13.3 **Course Restrictions:** Racers shall **NOT** proceed between Cat Island and Cat Island Rock --- or between Eagle Island and Nun #6 to the northwest of Eagle Island.
14. **Penalty System:** For the Rhodes 19 fleet RRS Appendix V, Alternative Penalties, will apply. For all other classes RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.
15. **Protests:** Protests will be the responsibility of the individual classes and the outcome will be communicated to the CYC race committee.
16. **Scoring and Prizes:** The race finishing order will be posted for approximately seven days at the CYC Race Committee booth window. Scoring and prizes will be the responsibility of the individual classes.
17. **Safety Equipment:** See class specifications. In addition, each boat must carry a **working** VHF radio capable of channel 78.

(Note: See course chart attached)