LOVE LANGUAGES

Understanding the different methods of Love communication to strengthen relationships.

WORDS OF AFFIRMATION

VERBAL AND WRITTEN COMPLIMENTS,
UNEXPECTED PRAISE AND RECOGNITION.



2

ACTS OF SERVICE

DOING THINGS FOR OTHER PEOPLE THAT BRINGS THEM JOY.



3

PHYSICAL TOUCH

LOVE IS FELT THROUGH NON-SEXUAL TOUCH, HUGGING AND GENERAL PHYSICAL PRESENCE.



4

QUALITY TIME

GIVING YOUR ATTENTION TO ANOTHER PERSON, ACTIVE LISTENING AND MAKING TIME FOR LOVED ONES.



5

RECEIVING GIFTS

ENJOY SURPRISE GIFTS AND TANGIBLE SYMBOLS OF THOUGHTFULNESS AND EFFORT.



1. Words of Affirmation 4. Quality times
--

2. ACTS OF SERVICE

5. RECEIVING GIFTS

3.PHYSICAL TOUCH