

PAWTECTLY

WARM WEATHER CHECKLIST

Before you go

-  **CHECK TEMPERATURE & HUMIDITY**
-  **CONSIDER CUMMULATIVE HEAT** Hot days + earlier activity = higher risk
-  **PLAN SHADED, COOLER ROUTES** Grass over pavements
-  **PRE-HYDRATE** Offer water before leaving
-  **AVOID PEAK HEAT** 10am–6pm

During the walk

-  **KEEP WALKS SHORT & LOW INTENSITY**
-  **CARRY WATER & PORTABLE BOWL**
-  **AVOID HOT SURFACES** 5-second hand test
-  **TAKE FREQUENT SHADE BREAKS**
-  **WATCH FOR FATIGUE** Panting, slowing, seeking shade

After the walk

-  **REHYDRATE PROPERLY**
-  **COOL DOWN GRADUALLY** Cool water on paws and belly
-  **WATCH FOR DELAYED HEAT STRESS**
-  **CHECK PAWS** Check for heat damage
-  **ALLOW REST & RECOVERY**

Quick Rule: If it feels too hot for you, **it's too hot for them.**