

# John Bellamy Day Centre NEWSLETTER APRIL/MAY/JUNE 2024

## Well, What's the Latest.....



*'Spring, Spring is coming soon  
Grass is green and flowers bloom  
Birds returning from the South  
Bees are buzzing all about  
Leaves are budding everywhere  
Spring, Spring is finally here'*

### YAY! It's officially Spring.

I have to say that of all the seasons I think Spring is my favourite.

For me it signifies the end of long cold winter weather where it feels like you don't see friends and neighbours as it is dark when you get home and all you want to do is close the curtains and 'coorie in'. Going out for walks in dreich winter weather is no fun either – it feels like my floors are always dirty!

It is fabulous to have lighter mornings, longer evenings and (hopefully) brighter, warmer weather on the way weather to cheer us all. It is lovely to see all the spring bulbs bursting into life with gorgeous colours to cheer us all. My favourite are the happy hyacinths with all their beautiful colours.....amazing from one bulb what beauties grow!



We will soon be able to get out onto our patio, where we have, pots and hanging baskets, if you are green fingered please come and help us make our garden beautiful.



## Talking of Changes

After 23 years our very own Margaret is hanging up her gloves and apron, she has made the decision to retire as of the 1<sup>st</sup> of April 2024.

For me personally this is a difficult one as I have worked with Margaret for 23 years through some good and bad times but I dare say none of the two of us would change a thing.

Although Margaret wanted to sneak out the back door, we were never going to let that happen. David & Mary Ferrier presented Margaret with a bouquet of flowers and a gift from the Trustees and the Day Centre for all the dedication that she has given.

Margaret has assured us she will not be a stranger and will come visit us often.



## Fundraiser



**Sunday 21<sup>st</sup> April 2024 we shall be holding a fundraising Cabaret at Prestonpans Royal British Legion 2pm -6pm. This will be a fun filled afternoon with some First-Class cabaret acts from across Scotland (Robbie Carran, Trina Milne and Jackie Clarke and Dino Cassar Jnr) This will also be hosted by Saltire Radios Davie Martin. Tickets are priced at a bargain £5 and are available from the Day Centre or Prestonpans Legion. I would urge all to attend as this promises to be a fantastic afternoon's entertainment.**

## New Staff Member

On Monday 22<sup>nd</sup> April a new member of staff will be joining us. Erin Fraser has been working in the care sector with Crossreach for the past 8 years and will bring a wealth of experience. She will be working Mon – Friday in the centre. I am sure that you will all give her a warm welcome.

With one change brings another. Lynn will be altering the hours she works at the centre. She will work Wed – Friday instead of Monday to Friday.

## Quote of the Day...

*'Spring: a lovely reminder of how beautiful change can truly be'*

## Coming Months

As the weather hopefully improves it will give us a chance to take a number of you on some local trips. If there is anywhere that you would like to go please let us know.

## Come on Board, Get involved

### VOLUNTEER



Know anyone who has some free time? We could sure use your skills and commitment at JBDC.

We are always looking for Volunteers, either helping in the Centre with service users' activities or as a Volunteer Trustee Board Member. So, if there is somebody out there you know would be perfect for this role then

please get in touch to find out more.

Contact: Keith McCombs (Manager)

Tel: 01875 815886 Email: [bellanydaycentre@btconnect.com](mailto:bellanydaycentre@btconnect.com)

## FINAL WORDS FOR WEE MAGGIE

“As you retire, remember that you leave behind a legacy of achievement, a team of loyal colleagues, and countless lives touched by your kindness. May your years of retirement be as rewarding and fulfilling as your time with us” You were my favourite person to annoy.”

Keith McCombs, Manager

