

# JOHN BELLANY DAY CENTRE NEWSLETTER

## January/ February/March

**Hello 2023 .....** I wish you all good health, wealth and happiness and hope that 2023 brings you all wonderful things and everything you hope for.

**What's the Latest.....** We are busy planning the year ahead with thanks to your input at your Service User Meetings. Each month will see various activities/celebrations which will incorporate your suggestions from Service User Meetings. We will of course have our usual celebratory events like Burns Day, Valentines Day, Chinese New Year, St David's Day, St Patrick's Day, Pancake Day, Easter, St George's Day as well as an extra Celebration this year for the Kings Coronation. Who knew we like a celebration

### Fundraiser

**Sunday 19<sup>th</sup> February we shall be holding a fundraising Cabaret at Prestonpans British Legion 2pm -6pm. This will be a fun filled afternoon with some First Class cabaret acts from across Scotland (Robbie Carran, Trina Milne and John Davidson) Tickets priced at £5 and available from the Day Centre or Prestonpans Legion, I would urge all to attend as this promises to be a fantastic afternoons entertainment**

### Quote of the Day...

**"Don't let yesterday take up too much of today."**

### OUTREACH SERVICE

**We have been successful in the process of varying our conditions with the Care Inspectorate to support people in their own homes. This now allows us to offer an outreach service, which could come as a sitter service, social visit or take service users out for appointments, shopping or social outings. This service is now ongoing and if you are interested please do not hesitate to contact us and we can discuss if this is something which could be of benefit to you.**

### CHRISTMAS PARTY

**The feedback received after our Xmas Party in the Bowling Club, has been extremely positive. A great day was had by all and I can say the staff had a ball as well. This is something that we had not done for years but I can assure you it will be a firm fixture in our diary from now. The Bowling Club have been contacted for a date in December and I will keep you up to date when next years Party is confirmed.**

## Come on Board, Get involved

### VOLUNTEER



Got some free time? We could sure use your skills and commitment at JBDC.

We are always looking for Volunteers, either helping in the Centre with service users' activities or as a Volunteer Board Member on our Board of Trustees. So, if this is something you might be interested in please get in touch to find out more.

Contact: Keith McCombs ( Manager)

Tel: 01875 815886 Email: [bellanydaycentre@btconnect.com](mailto:bellanydaycentre@btconnect.com)

### THORNTREE

We have had a few requests to visit a pub , something that some of our service users may have done on a regular basis but are now not able to do .

So on Friday 10<sup>th</sup> Feb for those that wish to on that day we will be heading to the Thorntree in the High St to sample the atmosphere that has been missed by many.

### FACEBOOK/ WEBSITE

Please visit our Facebook page and give us a **LIKE**

<https://www.facebook.com/johnbellanydaycentre>

Photos and videos of what we are up to are available to view.

We also have a website which has a feast of information all about the centre.

<https://johnbellanydaycentre.org.uk>

### ENTERTAINERS

We have a few entertainers scheduled to appear in January, February & March

Sarah Laing, Glenkinchie, Margo Falconer, Robbie Carran, Tony Smith, Jimmy Dodds & Ronnie MacPherson, Alan Weatherhead, Alex Hodgson, Raymond Williams, John Edmond, Elvis, David Vernon, Jim McCran, Eddie Raven, Anita, Gary MacFarlane & Stevie Quinn

### THANK YOU

Thank you to all who have supported the Day Centre in 2022, there are no words that I could write would do you all any justice . Trustee , volunteers , fundraisers , families , carers and service users thank you for all your effort over the year and coming year.

Without your time and efforts and donations we would not be here,

PLEASE KEEP DOING WHAT YOU DO !

**AND FINALLY ..... a huge thank you to my Staff Team , the magic would just not happen without them .**