JOHN BELLANY DAY CENTRE SEPTEMBER/OCTOBER 2021 NEWSLETTER



As the saying goes folks 'the nights are fair drawing in'. The colours of the falling leaves are spectacular, and a true indication of cooler temperatures and winter will soon be upon us, so look out your warm winter woollies.

I hope that you are all keeping cosy despite all the dreadful news about increasing fuel prices for this winter. The good news is that we have a fabulous new energy efficient boiler in the Centre so we

will all be nice and toastie!

The Centre has been aptly decorated for Harvest with lots of Autumnal wreaths and the twig tree decorated with all the lovely leaves you previously painted.....it looks amazing! Onwards and upwards for Halloween.....best costume wins a prize!

So, what's the Latest.....

Well, I'm delighted to say that things went as planned with regards to our re-opening for 'full days' with larger groups at JBDC. Monday 16th August 2021 saw us for the first time since March 2020 have what can best be described as a 'normal day' in the Centre. Although numbers remain restricted, with our maximum number of 12 service users each day, it felt good to be in for a full day with a larger group. It was good to see friends back together and the usual hustle and bustle of bodies again. You have all been amazing at continuing with the 1m social distancing that we must abide by, and we are ever grateful of your patience and understanding.

We are returning to usual routines with planned activities for all of you, and your Service User Meetings back up and running for your suggestions for upcoming events....if you have anything special you would like just ask. So, hope you are enjoying your full days....it's a joy to have you all back xxx

Fundraising

On 6th September 2021, Ian Duncan undertook a Bungee Jump off the River Garry Bridge at Killiecrankie. Ian's mother-in-law Enid attended our Centre and he, wife Jeanette and indeed the whole of the Barthram family have always been very supportive of the work we do. Ian obviously has a 'no-holds-barred' attitude as his previous Fundraising stint for us was a Parachute jump! I have to say Ian I don't know how you do it....but we are so very grateful that you do xxx

Ian raised a formidable £1,520.00 for our Centre - an amazing amount of money. A massive thank you to you and all the family for your continued support and to everyone who sponsored Ian.



Ian jumping of Garry Bridge





Ken Bradbury, Anne Mercer & Ian

A huge Thank-you from us all

September & October Birthday Celebrations



As you know we love a wee celebration at the Centre, it's an extra excuse to eat CAKE! Happy Birthday to you all.....

September Birthday Wishes went out to: Frances Robertson, Cathy Rintoul, John Thomson, Keith McCombs & Lynn Stewart October Birthday Wishes for: Mary Frame, Brenda Doran & Annie Lumsden

Shhhh.....it's a Secret, well not anymore!

We are delighted to announce that JBDC will be working in conjunction with Longniddry Church volunteers with their Wednesday Club, which commences again on 13th October 2021 @1430 in Longniddry Church Hall. We are looking so forward to joining forces with Longniddry and forging new working partnerships.

So, what's been happening in the Centre?

September saw us re-introducing Live Entertainment into the DC again. We have had a varied array of crooners with very different music tastes and styles – hopefully there was something to please everyone? It was lovely to welcome back *John Torley *Tom Spence *George Machray *Keith Young *Jimmy Dodds

We also had a lovely uplifting Harvest Thanksgiving Service with Chalmers and Auld Kirk Churches. A huge thanks to Robin and Marilyn for a lovely service. It truly felt like a regular tradition at JBDC had been restored. Also a huge thank you to Sandy Thomson who donated 'his muckle onions' for our Harvest Table - they were a braw addition to our pots of soup!





And Upcoming.....

Our usual Halloween Celebrations will be held on Monday 1st November. So, get dressing up in your scariest outfits as there will be a prize for best costume! We are also planning to hold a Halloween Tombola commencing 25th October 2021 – all donations gratefully received.

QUOTE OF THE DAY.....

'Don't judge each day by the harvest you reap but by the seeds that you plant'

And Finally..... As always just to say a massive thank you to:

JBDC staff team (Keith, Margaret, Lynn, Sharon, Linda & Eric) for your continued dedication and hard work. Well, we did it – back full days just as it should be. Thanks for being in the lifeboat with me....we didn't capsize either!

Our Volunteers: Sandra Anderson, Helen Johnstone, Nan Marshall & Jim Anderson – you are definitely worth your weight in gold and are true assets in the Centre. Your time and dedication are much appreciated. I couldn't do it without you - Thank you all. Lots of Love, *Anne x*