



*M.F.K. Fisher showed us that food is never merely nourishment. The way we gather around the table—and what we share there—reflects something deeper about who we are.*

*The M.F.K. Fisher Foundation was created to encourage and expand those conversations about what happens around the table.*

*M.F.K. Fisher Month is an invitation to expand the table itself and welcome more voices into the conversation.*

### **About M.F.K. Fisher**

With warmth, wit, and deep curiosity about human nature, M.F.K. Fisher showed that food was never merely about nourishment. For Fisher, eating was tied to memory, love, longing, and the small rituals that give life its meaning.

Born in 1908 in Albion, Michigan, Fisher's childhood was filled with books, conversation, and storytelling, and she developed a lifelong devotion to language. In the late 1920's she moved to Dijon, France with her first husband. There she encountered a culture that celebrated food as both pleasure and art—an experience that shaped both the voice and sensibility of her writing.

Widely regarded as one of the founders of modern food writing, M.F.K. Fisher transformed the way the world thinks about food. Through seminal works such as *The Art of Eating*, *Consider the Oyster*, *The Gastronomical Me*, and *How to Cook a Wolf*, she elevated the genre, blending memoir, philosophy, humor, and sensual observation in a way that established food as central to the human condition. Living much of her life in California's wine country, she became a literary icon whose legacy included helping to found the Napa Valley Wine Library. Friends and visitors to her "Last House" in Glen Ellen included Julia Child, James Beard, John Ash, Jacques Pépin, Alice Waters, and Maya Angelou.

M.F.K. Fisher passed away at Last House in June 1992, having lived happily there for two decades.

Often grouped with culinary contemporaries such as Child and Beard, Fisher occupied a different place in the food world. Where others taught Americans *how* to cook, Fisher explored *why* we eat—and what our appetites reveal about who we are.

In a career that spanned five decades, M.F.K. Fisher published nearly three dozen books, as well as countless articles and stories for *The New Yorker*, *Gourmet*, *Bon Appétit*, *Atlantic Monthly*, *The New York Times*, and *Harper's Bazaar* among others. Her work has been in continuous publication for the past 72 years, and her extraordinary life has been the subject of numerous books and documentaries, with more currently in development.



### **About the M.F.K. Fisher Foundation**

The M.F.K. Fisher Foundation was formed in 2025 by family, friends, and devoted enthusiasts, to preserve and promote the enduring legacy of author M.F.K. Fisher, exploring the deep connections between hunger - both physical and intellectual - and the human experience. We celebrate and honor her belief that food is far more than sustenance by seeking to support those who embrace her sensuous, thoughtful approach to life. We carry forward her legacy, inspiring a world where the hunger for meaning, beauty, nourishment, and love is met with wisdom, passion, and a reverence for living life to its fullest.

In its first year, the Foundation is honored to have been asked to assume stewardship of the M.F.K. Fisher Emerging Writers Contest. The contest encourages writers of all ages to explore their creative voice and, during its first six years, attracted participants of all ages from around the world. Winners of the 2026 M.F.K. Fisher Emerging Writers Contest will be announced July 3, 2026, on what would have been Fisher's 118<sup>th</sup> birthday.

The M.F.K. Fisher Foundation will lay the groundwork for a lasting literary and cultural legacy—championing emerging writers, expanding access to M.F.K. Fisher's work through libraries and community spaces, and launching education and outreach initiatives that bring her ideas to life. Central to this effort is the development of an M.F.K. Fisher Oral History Project, preserving the voices and stories that carry her influence forward.

We look forward to inspiring future generations to live thoughtfully, eat well, and embrace the beauty and meaning in everyday life.

[www.mfkfisher.org](http://www.mfkfisher.org)



### **About the 2026 M.F.K. Fisher Month**

In 2026, the M.F.K. Fisher Foundation is launching the inaugural M.F.K. Fisher Month, a celebration honoring her life and legacy. Communities across the country are invited to come together around the tables of participating restaurants, to share the company of others and the spirit of Fisher's enduring work. For those unable to attend in-person at one of the participating restaurants, the Foundation will share select recipes from Fisher's books, inviting readers everywhere to gather, set their own table, prepare a meal, and join in the celebration from home.

M.F.K. Fisher Month will begin on June 3, 2026, with an intimate gathering at Fisher's Last House in Glen Ellen, California, after which the celebration will continue with events at:

- **Foreign Cinema** — San Francisco, CA — [website](#)
- **How to Cook a Wolf** — Madison Park, Seattle, WA — [website](#)
- **How to Cook a Wolf** — Queen Anne, Seattle, WA — [website](#)
- **mfk.** — Chicago, IL — [website](#)
- **Milestone** — El Dorado Hills, CA — [website](#)
- **Songbird Parlour** — Glen Ellen, CA — [website](#)

M.F.K. Fisher Month will conclude on July 3, what would have been Fisher's 118<sup>th</sup> birthday, with the announcement of the winners of the seventh annual M.F.K. Fisher Emerging Writers Contest on the Foundation's website, newsletter and social media.