

## **9 Sources for Best Practices to Address Vital Conditions**

### ***Build Healthy Places Network Resource Library***

<https://buildhealthyplaces.org/tools-resources/network-resource-library/>

The Build Healthy Places Network fosters partnerships and leverages community-centered investments to reduce poverty, improve health, and advance racial equity. Their resource library provides access to research, best practices and models demonstrating what works, highlighting the health-related value and impact of community development work.

### ***Community Commons***

<https://www.communitycommons.org/>

Community Commons is an online platform supporting change-makers working to advance equitable community health and well-being, offering many tools, resources, data, and stories to support vital conditions related initiatives.

### ***Community Guide to Preventive Services***

<https://www.thecommunityguide.org/>

<https://www.thecommunityguide.org/topic/social-determinants-health>

The Guide to Community Preventive Services (The Community Guide) is a collection of evidence-based findings of the Community Preventive Services Task Force (CPSTF) established by the U.S. Department of Health and Human Services. The resource uses a science-based approach to determining effectiveness; helps users identify and select interventions across 22 health topics; and indicates when there is insufficient evidence or more research is needed. The Community Guide also just added new information about systematic reviews of interventions for social determinants of health.

### ***Healthy Communities Institute Promising Practices Database***

<https://cdc.thehcn.net/index.php?module=promisepractice&controller=index&action=index>

The Healthy Communities Institute, a Conduent Corporation, provides a national database of more than 2,200 promising practices designed to inform organizations and community members about documented approaches to improving community health and quality of life. Practices range from good ideas to evidence-based practices that you can search by keyword or filters like population, geographic type, level of evidence, and more.

### ***Health Impact in 5 Years***

<https://www.cdc.gov/policy/hst/hi5/>

<https://www.cdc.gov/policy/hst/hi5/interventions/index.html>

The Centers for Disease Control and Prevention's Health Impact in 5 Years (HI-5) initiative highlights non-clinical, community-wide approaches that have evidence reporting 1) positive health impacts, 2) results within five years, and 3) cost effectiveness and/or cost savings over the lifetime of the population or earlier.

### ***Healthy People 2030***

<https://health.gov/healthypeople/tools-action/browse-evidence-based-resources#social-determinants-of-health>

Healthy People is a federal resource that identifies public health priorities to help individuals, organizations, and communities across the United States improve health and well-being. It can be helpful to cite these goals and objectives in a project plan to consider how your work connects to federal, national, or local initiatives in your region or state. This link brings you to a page focused on social determinants of health, but you can also search by a topic you're interested in and explore relevant resources that can help you work to achieve Healthy People 2030 objectives.

### ***Healthy Places Index***

<https://policies.healthyplacesindex.org/>

The Healthy Places Index offers Policy Action Guides to identify leading-edge and evidence-based policy interventions to meet the needs of the community. Policy action areas - such as economic, education, and social - are ranked from highest to lowest in the order of their impact as social drivers of health. When using the policy action guides, you are encouraged to elevate residents' voices while crafting interventions to address the social drivers of health and create healthier community conditions.

### ***Social Programs that Work***

<https://evidencebasedprograms.org/>

This non-partisan, philanthropic organization features programs found in rigorous studies to produce sizable, sustained benefits to participants and society, with the purpose of helping policy makers and organizations more easily distinguish these programs from the many others that claim to be evidence-based. Programs are organized by policy areas where several relate to the vital conditions like education and housing.

### ***County Health Rankings & Roadmaps What Works for Health***

<https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health>

County Health Rankings & Roadmaps (CHR&R) is a program of the University of Wisconsin Population Health Institute and their robust *What Works for Health* tool helps organizations find policies and programs that 1) are a good fit for their community's priorities and 2) have evidence ratings based on research. Users will find information related to all of the vital conditions and more.

### Sources Indexed by the Vital Conditions

Use this column to scan for vital condition definitions and topics.	Search for Best Practices, Tools, Resources, Frameworks, and Case Studies ● = Contains Best Practices or Information Related to the Vital Condition								
<u>VITAL CONDITIONS</u>	<a href="#">Conduent Healthy Communities Institute Promising Practices</a>	<a href="#">Community Guide to Preventive Services</a>	<a href="#">County Health Rankings What Works for Health</a>	<a href="#">Health Impact in 5 Years</a>	<a href="#">Healthy Places Index</a>	<a href="#">Healthy People 2030</a>	<a href="#">Social Programs that Work</a>	<a href="#">Community Commons</a>	<a href="#">Build Healthy Places Network Resource Library</a>
<b>LIFELONG LEARNING</b>	●	●	●	●	●		●	●	●
<b>THRIVING NATURAL WORLD</b>			●	●	●			●	●
<b>MEANINGFUL WORK + WEALTH</b>	●		●		●	●	●	●	
<b>RELIABLE TRANSPORTATION</b>	●		●	●	●			●	●
<b>HUMANE HOUSING</b>	●	●	●	●	●	●	●	●	
<b>BELONGING AND CIVIC MUSCLE</b>	●		●		●			●	●
<b>BASIC NEEDS FOR HEALTH + SAFETY</b>	●	●	●		●		●	●	●