

THE MOVEMENT TO THRIVE TOGETHER

SOMAVA SAHA, MD MS

EXECUTIVE LEAD, WELL-BEING AND EQUITY (WE) IN THE WORLD AND WELL BEING IN THE NATION NETWORK





“Power without love is reckless and abusive, and love without power is sentimental and anemic. Power at its best is love implementing the demands of justice, and justice at its best is power correcting everything that stands against love.”

Rev. Martin Luther King Jr



**WIN
NETWORK**
WELL BEING IN THE NATION

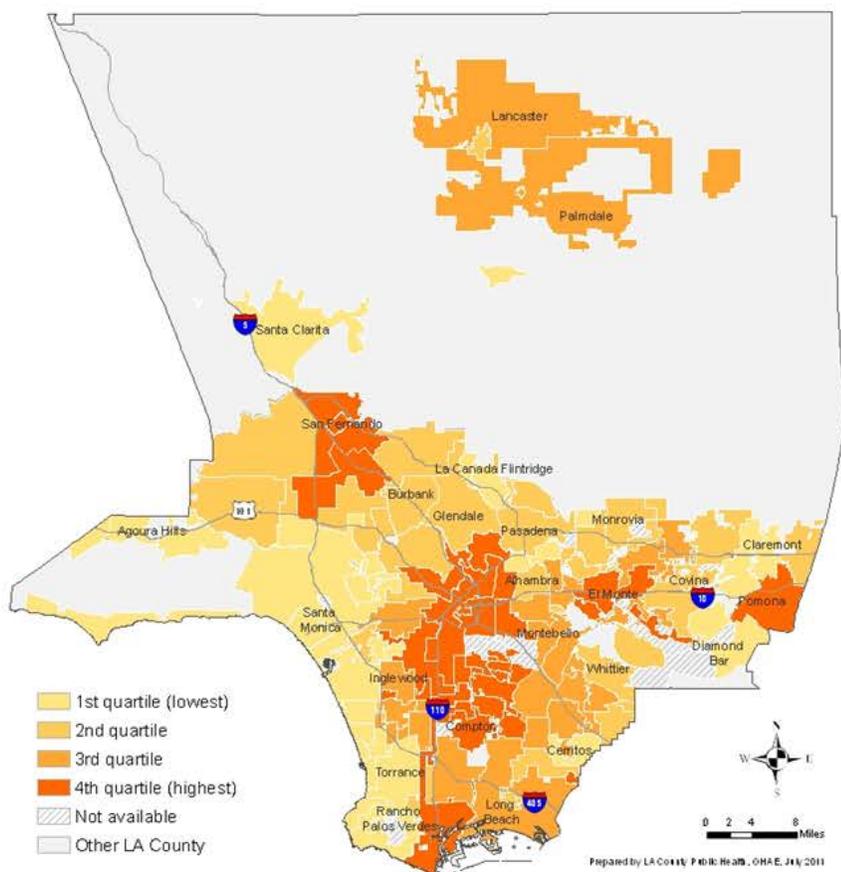
A TALE OF TWO BOYS



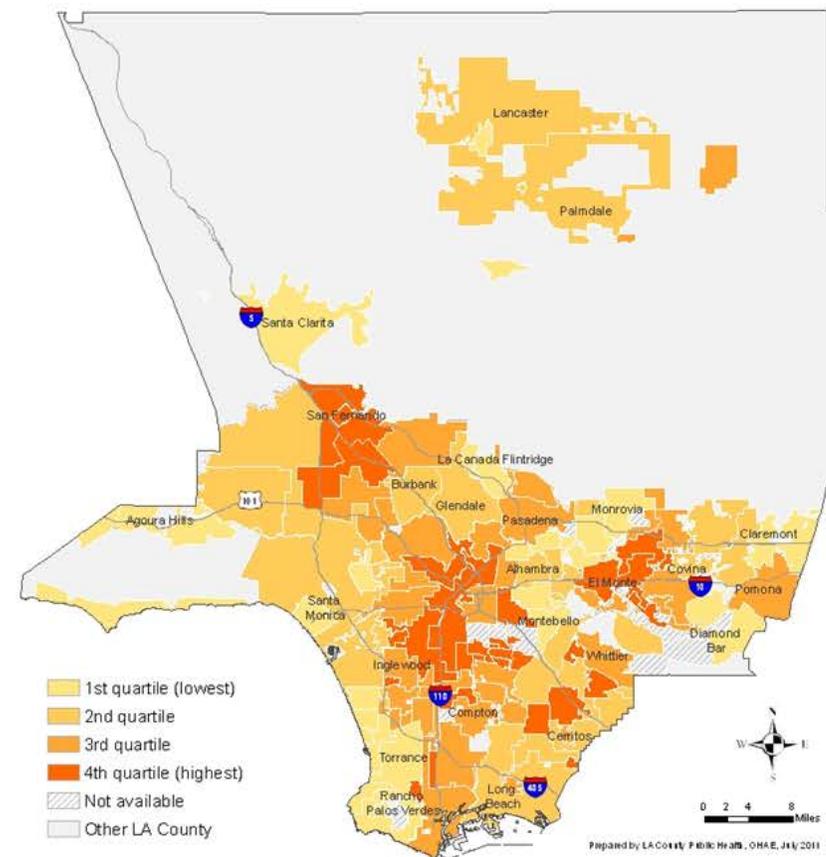
<https://wsvn.com/news/us-world/color-blind-boys-scheme-to-get-same-haircut-to-trick-teacher/>

RELATIONSHIP BETWEEN THE HEALTH AND WELL-BEING OF PEOPLE, PLACES AND EQUITY

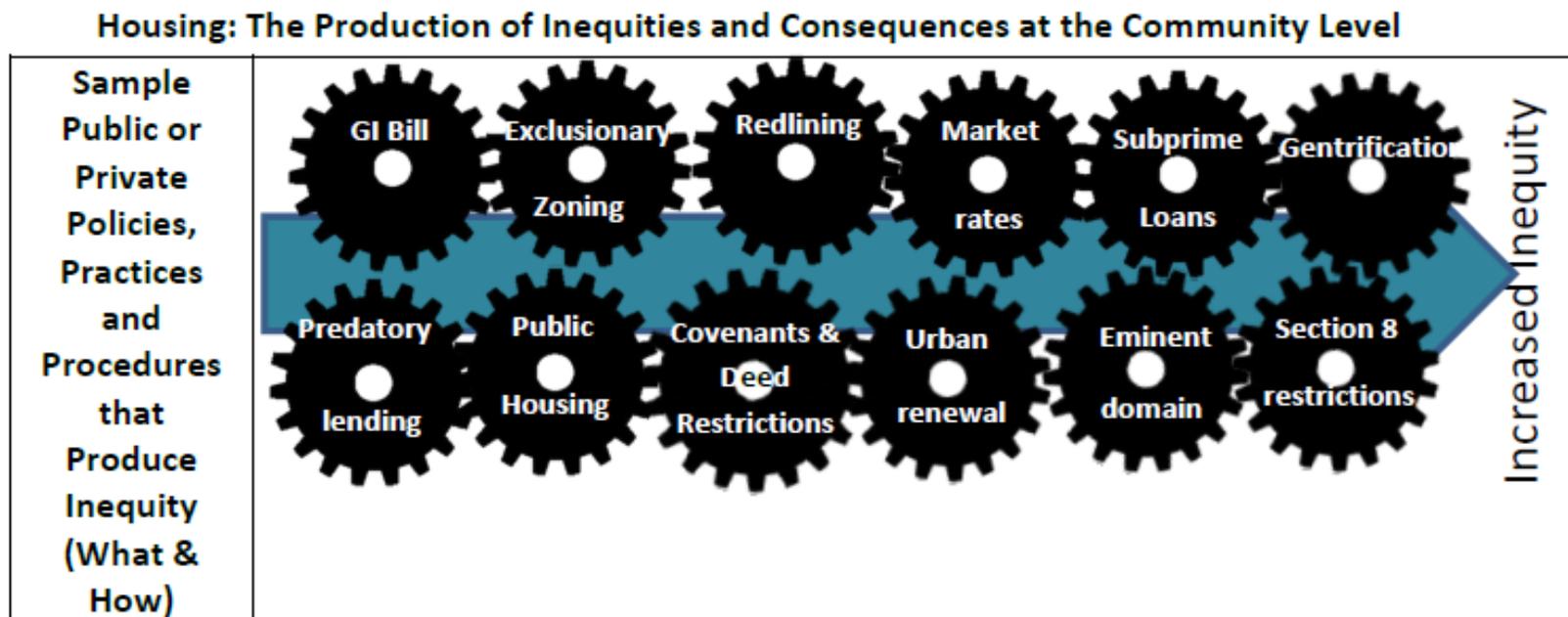
Economic Hardship Index by City/Community, Los Angeles County, 2000



Prevalence of Childhood Obesity by City/Community, Los Angeles County, 2005

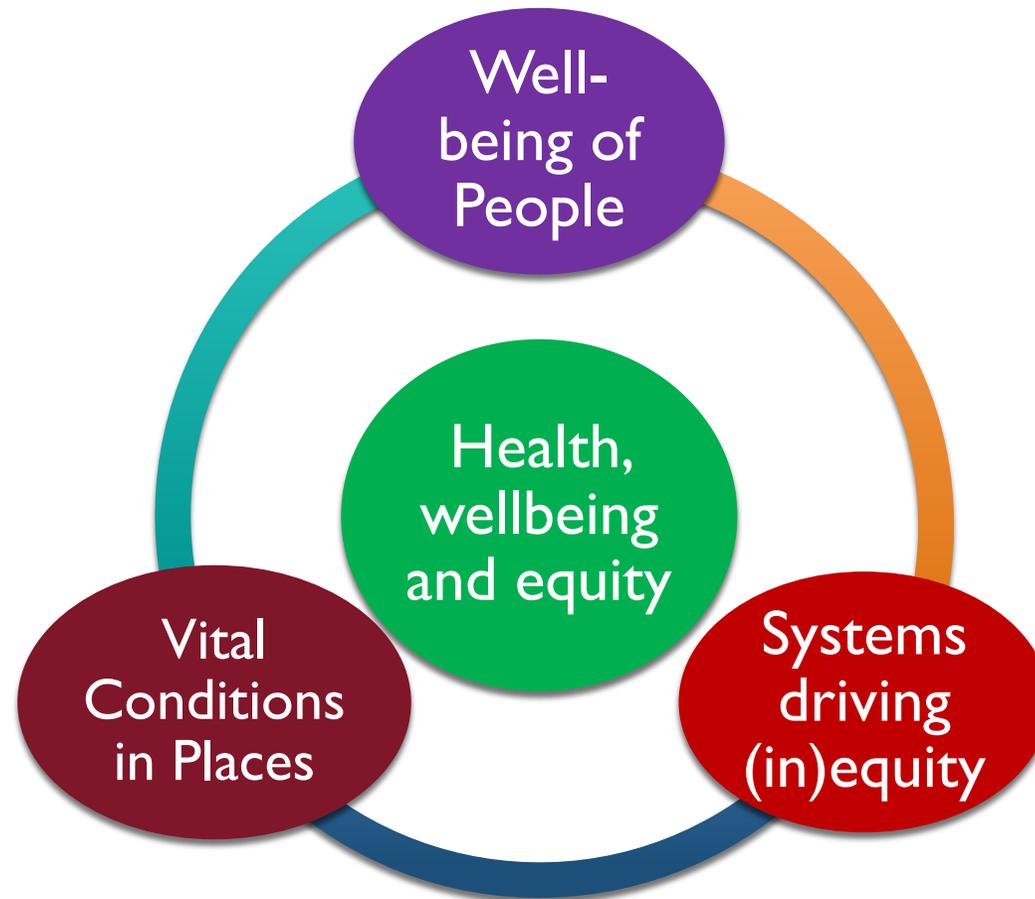


CHRONIC PLACE-BASED INEQUITIES ARE NOT ACCIDENTAL – THERE IS A SYSTEM IN PLACE THAT PROPAGATES THEM



“Countering the Production of Health Inequities” Report from the Prevention Institute

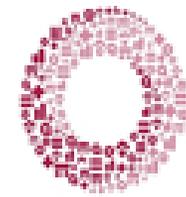
INTERRELATIONSHIP BETWEEN THE HEALTH, WELLBEING AND EQUITY OF PEOPLE, PLACES AND THE SYSTEMS OF SOCIETY



Well Being In the Nation (WIN) Network



Well Being In the Nation Network (WIN)



WELL BEING
IN THE NATION
NETWORK

What is WIN?

A strategic network coming together to advance intergenerational well-being and equity.

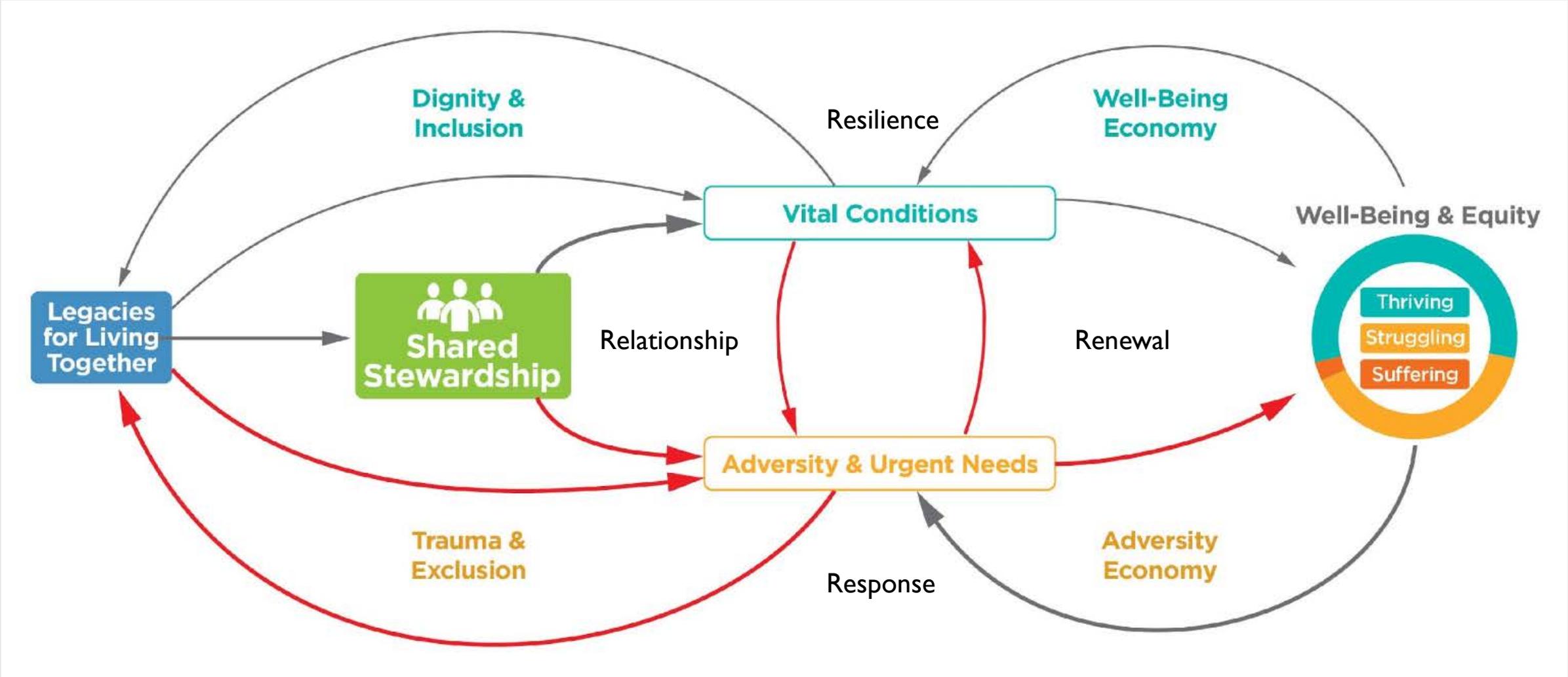
Who is in WIN?

A diverse and growing number of people, organizations and communities across ages and places (including those who confront challenges every day).

What do we work on?

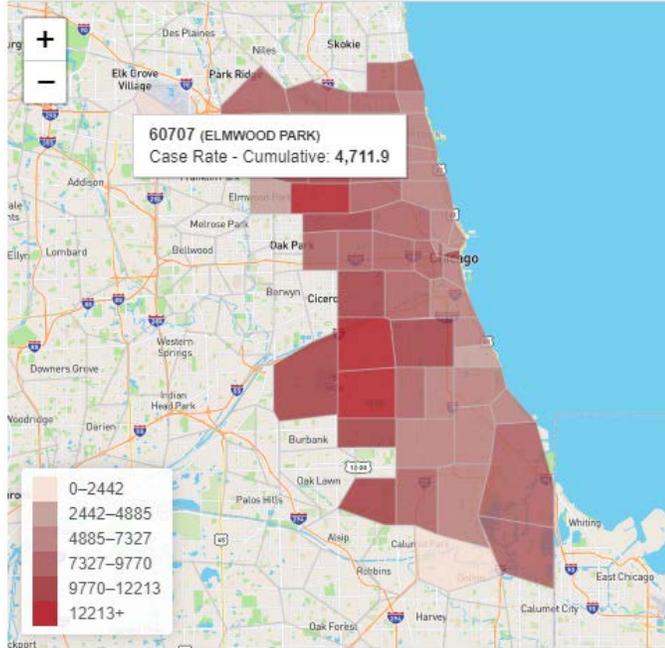
- Changing the culture and systems that perpetuate legacies of trauma and exclusion to ones which create dignity and inclusion
- Advancing the vital conditions that everyone needs to thrive

WIN THEORY OF CHANGE IN THE CONTEXT OF COVID-19



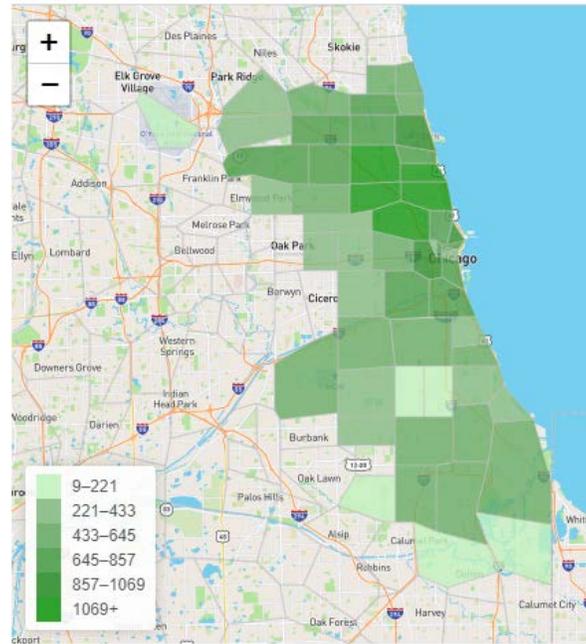
Case Rate per 100k Population

Source: Chicago zipcode correlations



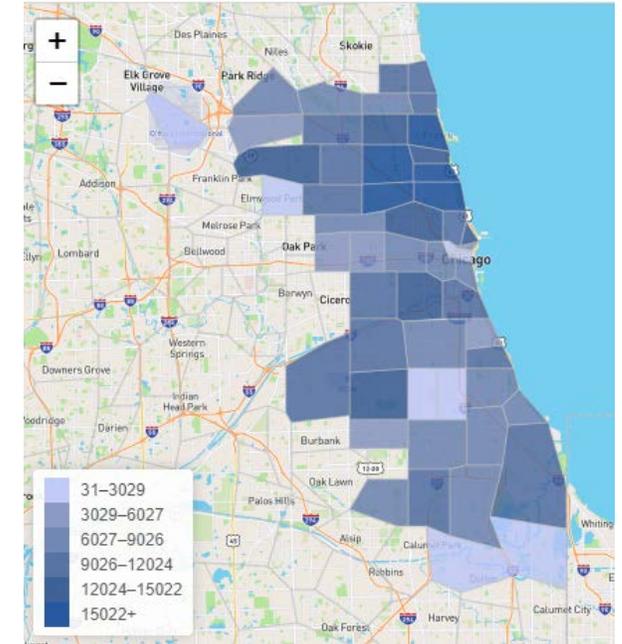
Number of Loans

Source: Chicago zipcode correlations



Total Doses

Source: Chicago zipcode correlations

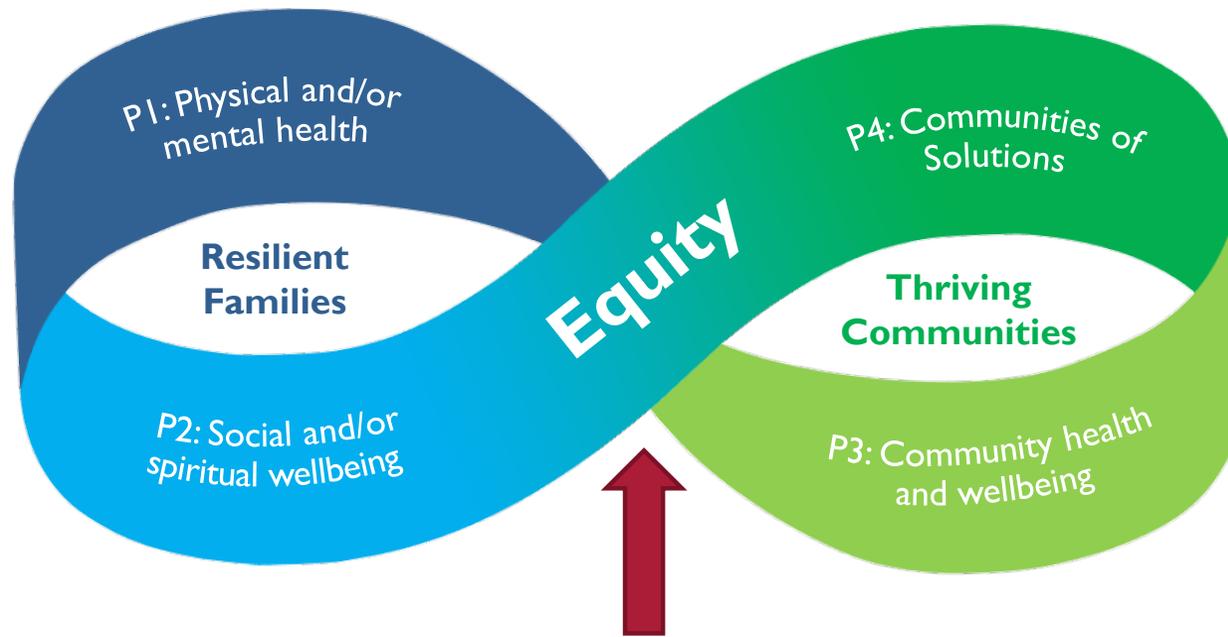


THE NEW REDLINING – COVID CASES, PAYCHECK PROTECTION PROGRAM LOANS, AND VACCINATIONS

A BALANCED STRATEGY FOR INVESTMENT

Health, well-being and equity

Improving the health and well-being of people



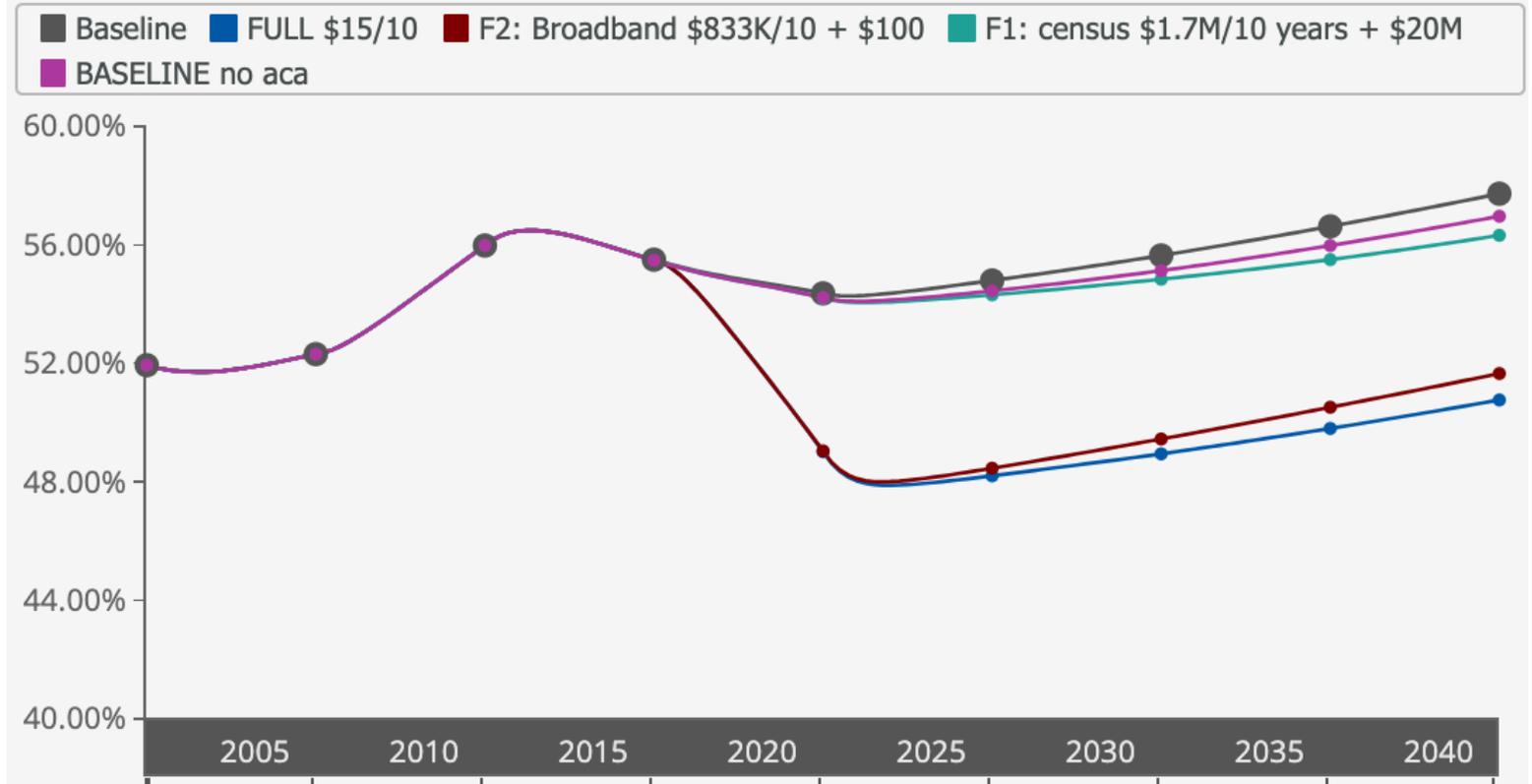
Addressing root causes

Improving community vital conditions

Improving the systems of society to “reverse the down escalator”

Severe Chronic Physical Illness (Disadvantaged)

Disadvantaged percent of population with severe chronic physical illness

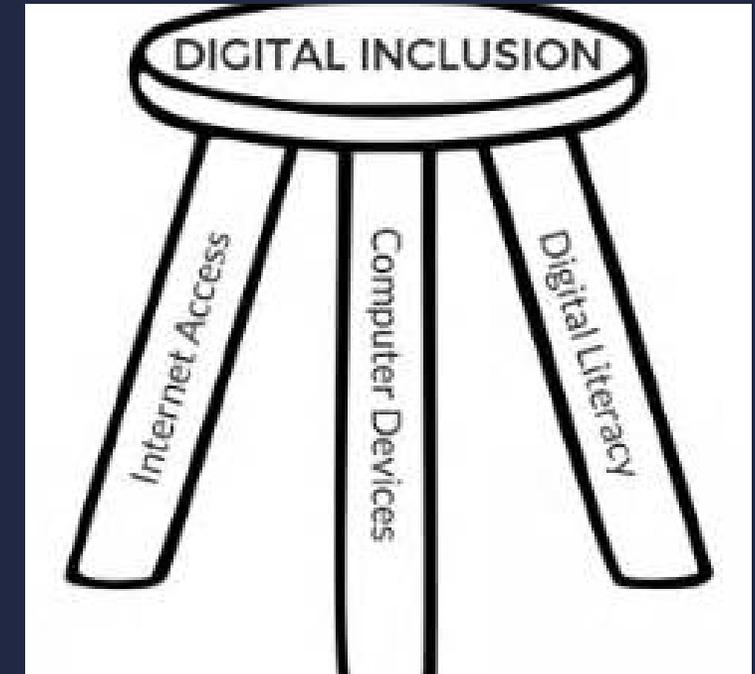


2. INVEST IN EMERGENCY AND RECOVERY SUPPORTS IN A WAY THAT ADVANCES LONG-TERM EQUITABLE RECOVERY AND RESILIENCE

- Giving people food →
- Building the capacity of community assets (food banks, faith communities etc) to distribute healthy food →
- Making fresh healthy food affordable where people shop in local markets



4. INVEST IN CROSS-CUTTING SYSTEMIC EFFORTS TO ADDRESS ROOT CAUSES OF HEALTH INEQUITY, INCLUDING STRUCTURAL RACISM AND ECONOMIC INEQUALITY



RISE (REACH, IMMUNIZATIONS,
SYSTEM CHANGE FOR EQUITY)

An equitable recovery is built on trust

**Together we are transforming our
relationships and systems to create
the conditions for everyone to thrive.**



RISE (REACH, IMMUNIZATIONS, SYSTEM CHANGE FOR EQUITY)

10

partners with deep roots working with communities experiencing inequities.

25+

states engaging in equitable vaccinations, civic capacity building and system change

200+

communities working together to create the conditions for everyone to thrive

18.5M
reached

26,662
people
vaccinated

46,786 people
connected to their
social and well-
being needs

REACHING PEOPLE WHERE THEY ARE AT IN A WAY THAT WORKS FOR THEM AND BUILDS ON THEIR STRENGTH, PRIORITIES AND RESILIENCE

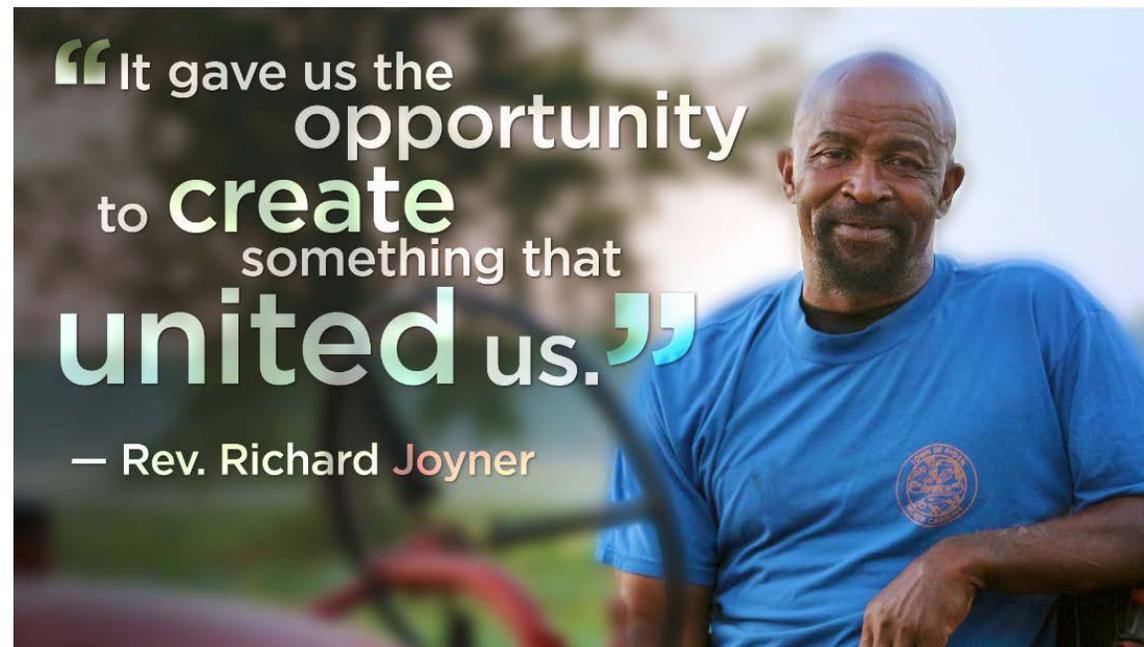


Photo by Sai De Silva on Unsplash

#KeepBlackLoveAlive

SPRINGBOARD

THRIVING TOGETHER

[Why Thriving Together?](#) [Explore the Springboard](#) [Building Blocks](#) [About Us](#) [Q](#)



America's movement for well-being and justice can spring forward with great force and direction.

FEDERAL PLAN

DRAFT Pre-decisional – For Internal Discussion Only 10/8/2021

Recommendations Toward Equitable Long-term Recovery and Resilience for Social, Behavioral, and Community Health

FEDERAL PLAN DEVELOPMENT—PARTNER UPDATE

07.8.21

ALL PEOPLE AND PLACES THRIVING, NO EXCEPTIONS

“Abundance does not happen automatically. It is created when we have the sense to choose community, to come together to celebrate and share our common store. Whether the scarce resource is money or love or power or words, the true law of life is that we generate more of whatever seems scarce by trusting its supply and passing it around. Authentic abundance does not lie in secured stockpiles of food or cash or influence or affection but in belonging to a community where we can give those goods to others who need them—and receive them from others when we are in need.”

-Parker Palmer, “Let Your Life Speak”



FOR MORE INFORMATION

WE WIN Together Racial Justice Community:

<https://winnetwork.org/communities-1>

Springboard for Equitable Recovery and Resilience: <https://thriving.us/>

Health Equity and COVID-19: <https://conta.cc/34WoYav>

WIN Network: www.winnetwork.org

Well-being and Equity (WE) in the World - www.weintheworld.org

Somava Saha – somava.saha@weintheworld.org

WHAT LEGACY WILL YOU RISK YOUR SIGNIFICANCE FOR?

I will not die an unlived life
I will not live in fear
of falling or catching fire.

I choose to inhabit my days,
to allow my living to open me,
to make me less afraid,
more accessible,
to loosen my heart
until it becomes a wing,
a torch, a promise.

I choose to risk my significance;
to live so that which came to me
as seed
goes to the next as blossom
and that which came to me as
blossom,
goes on as fruit.

--Dawna Markova