



### OUR VISION

### HOW WE HELP PARENTS AND YOUNG PEOPLE

### WHAT DO WE OFFER?

#### OUR VISION

We want to support parents to help young people

- To have the character, behaviour and skills necessary to lead healthy, happy and productive lives.
- To tend to and forge their relationships, so that they can give back and feel a sense of belonging.
- To care for their world so that they can confidently take on their responsibility to their community, make contributions, and create a prosperous, socially just society for all.

We believe parents play a big part in this.





## HOW WE HELP PARENTS AND YOUNG PEOPLE

**Mental Health and well-being:** we support young people's emotional well-being, helping them to develop resilience to cope with whatever life throws at them, and to grow into well-rounded healthy adults.

**Promoting positive relationships between parents and children:** nurturing the physical, emotional and social development of the child. We support strong parent-child relationships, which lead to better outcomes for young people.

**Promoting positive behaviour in children:** we encourage positive communication and warm relationships to lay a foundation for guiding a child's behaviour in a positive way.

**Supporting learning at home:** we provide parents with the skills to support learning at home for their child's educational attainment.



## WHAT DO WE OFFER?

We work with parents in a range of ways. We

- support their mental health and well-being
- build their confidence
- promoting employability skills
- help them
- equip their child with skills to have great relationships with themselves and others

We also work with young people to:

- equip them with employability and life skills
- ensure more young people are able to access meaningful experiences
- help young people participate in civic society

We do this through

- workshops
- ITOL coaching
- our Youth Forum
- our newsletter
- our online platform
- parent volunteering
- resources

**To register your interest or for more information, please email: [parent@parentpower-ed.co.uk](mailto:parent@parentpower-ed.co.uk).**

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