

## SUMMER SCHOOL PROGRAMME

Parent Power Ed presents the Thrive Summer School, tailored for Year 6 children transitioning to secondary school.

The summer school will provide your your child with the skills that will boost their **confidence** and **creativity**. They will feel **proud** and **ready** for the new journey ahead.

Your child will discover more about themselves and, in doing so, will feel able to take on new challenges.

We will engage the young people in personal development activities and life skills, which will link to emotional and mental well-being.

### TOPICS INCLUDE

- Self-advocacy skills
- Digital safety
- Friendships
- Travel
- Mental health and well-being
- Managing money
- Skills for learning
- Nutrition

The school will deliver a mix of mini-workshops, discussions, debates and goal setting activities. There will also be a time for fun and games.

### **Dates, time and locations**

Week One: 1st - 4th August 10am till 1pm

Week Two: 15th - 18th August 10am till 1pm

### **Location**

Titmus Avenue, London, SE28 8BH

### **Further details**

- The programme will be delivered for two weeks
- Each child will receive a transitions learning pack
- A diary for their first week at school
- A transition book for parents available to purchase
- Cost: FREE if your child meets the eligibility requirements

**To book: email: [parenting@parentpower-ed.co.uk](mailto:parenting@parentpower-ed.co.uk). Tel. 07939449692**

