



**Plumstead Library
Every Tuesday in May
10.30 am - 12.00 pm**

**Woolwich Library
4.00 pm - 5.30 pm
Every Thursday in May**

**Online via Zoom
Tuesday 17th and 31st
6.30 pm-.8.00pm**



SMALL STEPS, BIG CHANGES

**Come along to our FREE
Taster sessions of the
Triple P (Positive
Parenting Programme).
Learn the skills to support
your child or teenager.**

Topics Covered

- **Positive Parenting**
- **Goals for Change**
- **Encouraging Appropriate Behaviour**
- **Managing Problem Behaviour**
- **Dealing with Risky Behaviour**
- **Implementation of Routines**
- **Parenting Plans**

**For more information and to book a place,
contact us at: parenting@parentpower-ed.co.uk**