



Nelson Junior Cheer

2025 - 2026 Registration Packet

In this packet you will find the guidelines and expectations for the Nelson Junior Cheer Program. We ask that you read this entire packet carefully with your future cheerleader and ask any questions that may arise. This will ensure a clear and complete understanding of the commitment required for participation – for both cheerleaders and parents.

We have tried to outline the program in the most direct terms possible. We realize that it may seem overwhelming at first, however if we work together, we can accomplish all of the goals set for the coming year and minimize the burden on each family.

Please be sure to sign each section that requires a signature. Your signature indicates that you have read, understood, and agree to abide by the rules and expectations for the Nelson Junior Cheer Program.

Thank you,
Nelson Junior Cheer Coaching Staff

Mission and Vision Statement

Mission

Our mission is to help athletes learn valuable skills that they can use down the line. Our cheerleaders will promote good school spirit, be a positive role model and have good sportsmanship in our community and school. As a staff we commit to build strong minded and spirited athletes.

Vision

Our primary aim is to create a positive environment where students become and benefit from young mentors. We look forward to seeing athletes grow with skills that will show not only greatness on the mat but excellence off the mat. We will challenge ourselves every year to grow and be a better program to help more young lives.

General Information

Estimated time commitment

The following is an **estimate** of the practice schedule and expected time commitment for Nelson Junior Cheer. Please make note of the commitment level when choosing to try out for Nelson Junior Cheer. As a member of Nelson Junior Cheer, we expect full participation in all activities from the beginning to the end of the season. Absences can pose a problem for team productivity and development. Cheerleaders are allowed to miss one week of practices for family vacations in the Summer. Absences beyond one week must be discussed with coaches prior to tryouts. Excessive absences may affect a cheerleader's team placement and/or participation level within the team.

Important Dates:

- First practice / Uniform fitting / First payment June 17th
- UCA Home Camp July 21st - 22nd
- Moratorium week July 27th - Aug 2nd
- Weekly Practices August 11th - 14th
- OCCA Championships February 21st

	Junior / Youth Sideline	Junior / Youth Full Season
Summer (June - August)	Practice 2 times a week Tumbling 1 time a week Camp July 21st - 22nd Moratorium Week July 28th- Aug 3rd Daily Practice August 11th - 14th	Practice 2 times a week Tumbling 1 time a week Camp July 21st - 22nd Moratorium Week July 28th- Aug 3rd Daily Practice August 11th - 14th Junior Choreography Sept. 27 th - 28 th
Fall (September - October)	Practice 2 times a week Tumbling 1 time a week Football Games once a week Saturday's End of the year celebration TBD	Practice 2 times a week Tumbling 1 time a week Football Games once a week Saturday's
Winter (November - February)		Practice 2 times a week Tumbling 1 time a week Competitions once a week Saturday's

Disclaimer

Cheerleading is a very active sport and as with any sport, there is a potential risk of injury. Jumping, tumbling, and stunting are regular parts of practices, competitions and games. Nelson Junior Cheer emphasizes safety at all times, but injuries may occur. It is imperative that parents and cheerleaders understand and are aware of this potential risk.

Attendance

Cheerleaders are expected to attend all practices, games, fundraisers, competitions etc. All practices after August 1st are required. Any missed practices after the required start date will result in athletes missing $\frac{1}{4}$ of football games. If an athlete misses/does not attend practice on Thursday once school starts they will not be able to participate in football games. Athletes are still expected to dress down and be on the sideline of the game even if not cheering due to missed practices. If there is a 2 weeks notice in written form prior to missed practice, the athlete will be excused.

Fundraising

Multiple fundraisers will occur throughout the Nelson Junior Cheer season. These fundraisers support the teams and all cheerleaders will benefit from these efforts. Examples of this are: competition fees, choreography, supplies, etc. Some opportunities will be provided for cheerleaders to earn money that will be applied as a credit to their individual cheer account. Fundraising is crucial to the success of our program. Fundraising funds are not refundable if account is overpaid by them, excess fundraising money goes towards the program.

Parent Involvement / Booster club

Nelson Junior Cheer will be involved in several events throughout the year. The support of family and friends is imperative to the success of our program. We rely on our parents to assist in various ways. Without the support of each family it is difficult to accomplish all we set out to do. Due to the amount of travel, parents helping with carpools to various events (games, competitions, etc) will be crucial.

We will be asking parent volunteers to help on a parent booster club. The help and contribution of parents is crucial for the success of the program. We will offer different positions on the booster club. If you are unsure or unable to be part of the booster club but have ideas we ask you share with coaches. We will need a president, fundraiser coordinators, bookkeeper and recognition coordinator.

Code of Conduct

1. Tobacco, Vaping, Alcohol, and Drug use will NOT be tolerated and may be grounds for immediate dismissal from the program.
2. All cheerleaders will abide by the rules set forth in this handbook.
3. Jewelry (such as necklaces, earrings, bracelets, rings, watches, hair ties, and ANY PIERCINGS) will not be worn while cheering or practicing. **This includes new piercings.**
4. Cheerleaders are expected to maintain good attendance at school, keep up with classwork, and refrain from behaviors that may result in disciplinary action by school personnel (i.e. detention, suspension, etc.).
5. **BE ON TIME FOR GAMES, PRACTICES, AND COMPETITIONS!!**
6. Coaches, parents, teammates, and school staff are to be treated with respect at ALL TIMES.
7. All social media accounts must be APPROPRIATE and coaches will periodically monitor social media accounts. If you have questions, ask your coaching staff. If a post is determined by coaches or school staff to be inappropriate, you will be asked to remove it. Inappropriate postings may be cause for dismissal from the program. **THINK BEFORE YOU POST!**

Financial Obligation

All prices listed are our best and current estimate and may change when actual items are ordered. Please understand our program has a payment obligation as soon as we place an order. To prevent the club from incurring large deficits we will avoid ordering items that are not paid for in advance. There are only a few exceptions to this so we ask that you speak with a coach if finances would prohibit your student from participating. Generally, the cost of participation is paid over a 4–5-month period, with the first payment due on June 17th. If a cheerleader quits or is dismissed from the team before the year is complete, they are responsible for all expenses incurred up to that point.

Payment Schedule

- June 17th \$250
- July 15th \$250
- August 12th \$250
- September 16th \$250
- October 14th Remaining Balance

Cost

Junior / Youth Sideline		Junior / Youth Full Season	
Camp \$ 150 Participation Total \$150		Competition Fee \$150 Camp \$150 Participation Total \$300	
Uniform	\$175	Uniform	\$175
Briefs	\$25	Briefs	\$25
Bodysuit	\$25	Bodysuit	\$25
Shoes	\$75	Shoes	\$75
Shorts	\$25	Shorts	\$25
T-Shirts	\$25	T-Shirts	\$25
Warm-up Jacket	\$105	Warm-up Jacket	\$105
Poms (set)	\$25	Poms (set)	\$25
Gear Bag total*	\$70 <i>OPTIONAL</i> *Not included in total	Gear Bag	\$70
Bow	\$10	Bow	\$10
Uniform Total	\$490	Uniform Total	\$560
Tumbling \$260		Tumbling \$260	
Total \$900		Total \$1,120	

All costs are estimated and can change.*

Nelson Junior Cheer Agreement and Contract

We have read and understand the information contained in this handbook and agree to follow the Nelson Junior Cheer guidelines and expectations for cheerleaders and parents. We understand the commitment required to participate especially in regards to attendance and financial requirements. We also agree to abide by student and parent guidelines for conduct which are established by Nelson Junior Cheer. Please make checks payable to Nelson Junior Cheer.

Student Agreement for Cheerleading:

- I am interested in being a cheerleader for Nelson Junior Cheer. I understand the expectations as discussed by the coaches.
- I have spoken to a coach about any potential schedule conflicts.
- I understand that I am expected to attend all practices and events as scheduled by the coaches.

Student Name: _____ Date: _____

Parent Agreement for Cheerleading:

_____ has my permission to try out for the 2025-2026 Nelson Junior Cheer program. I support the program and rules as set forth in the handbook.

___ I understand there will be an expense involved (i.e. uniform, camp, clothing, etc.) and agree to pay all expenses incurred, even if my student quits or is dismissed from the team.

___ I am also aware that this program requires commitment and a team first attitude and I, as a parent, support this philosophy. I understand that this commitment not only requires travel to away games and competitions, but in limited cases out of the region.

___ I understand that attendance by all team members is crucial to the team's success.

___ I understand that practices are mandatory and require dedication on the part of the cheerleader and parent.

___ I also understand that for my student to have a successful experience in this program, I must show respect for coaches, cheerleaders, and parents at all times.

___ I acknowledge that there are no refunds for

- Partial month's tuition
- Missed classes/practice / tumbling
- Ordered uniform pieces
- Extra fundraising money

___ I acknowledge that this is a commitment to a team. If my cheerleader leaves the program before the end of the season there will be no refunds, and balance will be paid in full upon leaving

Parent Name: _____

Parent Signature: _____ Date: _____