

Level
1A



AbacusSeekho.com

Mental Maths Development Programme

Date : _____
 Time Limit : _____
 Timetaken : _____

0 1 2 3 4 5 6 7 8 9

Right hand (Both the Fingers Simultaneously)

1	2	3	4	5	6	7	8	9	10
3	4	8	7	5	6	2	4	9	3
5	5	-3	2	3	-5	2	-3	-8	6
-7	-6	4	-5	-6	3	5	5	2	-8

11	12	13	14	15	16	17	18	19	20
4	6	5	8	7	9	3	5	4	8
5	3	4	-3	1	-4	5	4	-3	1
-3	-5	-2	4	-2	-5	-7	-6	5	-6
2	5	1	-5	-6	4	3	-2	2	-2

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Date : _____
 Time Limit : _____
 Timetaken : _____

$9 + 1 = 10$

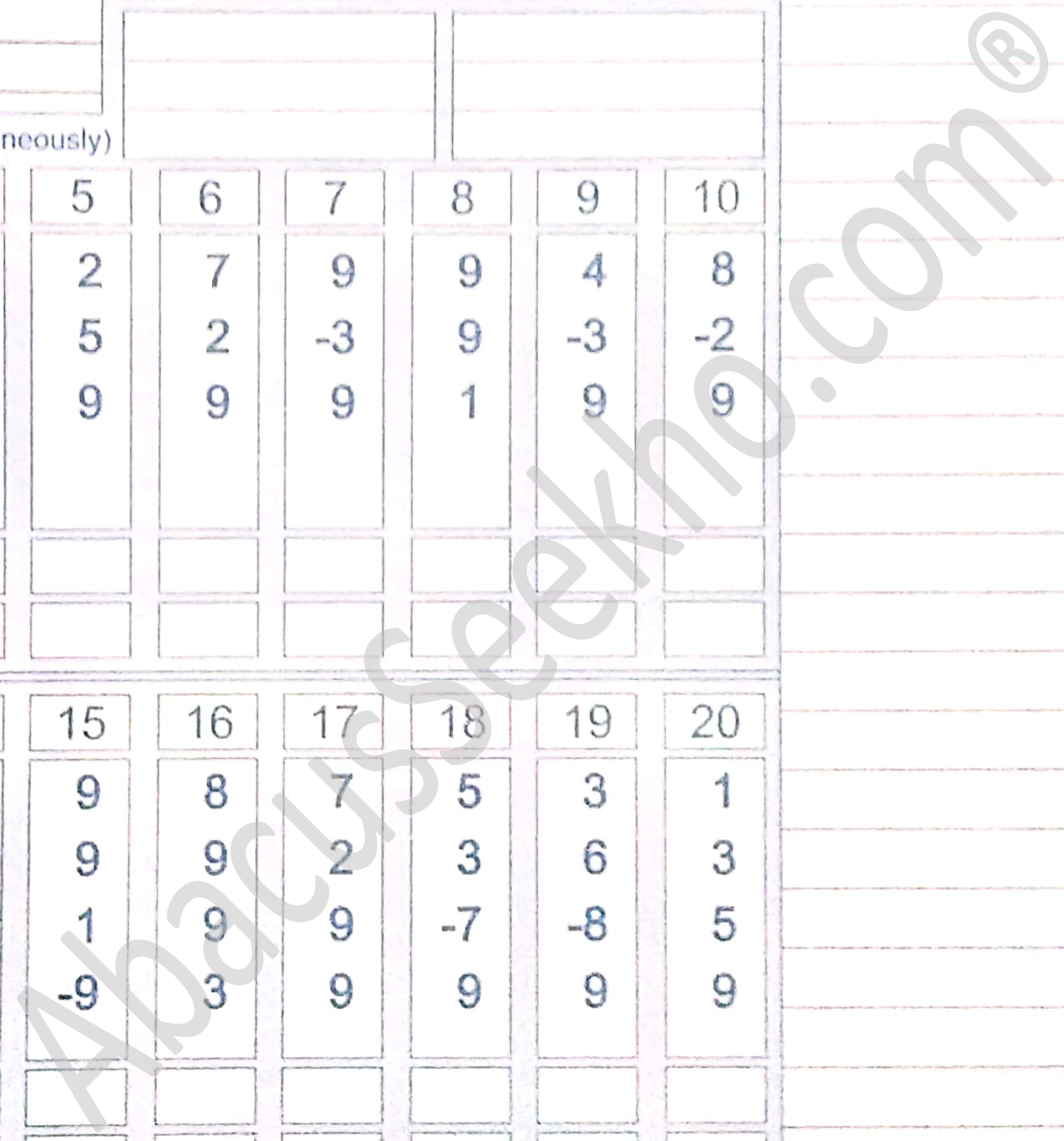
$+ 9 = + 10 - 1$

0 1 2 3 4 5 6 7 8 9

Right hand (Both the Fingers Simultaneously)

1	2	3	4	5	6	7	8	9	10
2	6	3	5	2	7	9	9	4	8
2	9	9	3	5	2	-3	9	-3	-2
9	4	5	9	9	9	9	1	9	9

11	12	13	14	15	16	17	18	19	20
3	4	3	6	9	8	7	5	3	1
9	5	1	3	9	9	2	3	6	3
5	9	9	9	1	9	9	-7	-8	5
-7	-6	1	-3	-9	3	9	9	9	9



Date : _____
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 Timetaken : _____

$7 + 3 = 10$

$+ 7 = + 10 - 3$

0 1 2 3 4 5 6 7 8 9

Right hand (Both the Fingers Simultaneously)

1	2	3	4	5	6	7	8	9	10
4	5	6	7	9	3	3	8	9	4
7	3	3	2	7	6	7	7	7	7
2	7	7	7	3	7	3	2	-6	8

11	12	13	14	15	16	17	18	19	20
7	3	7	7	9	6	8	2	2	4
9	6	2	8	-1	3	7	2	5	-1
2	7	7	4	7	7	4	7	-1	7
7	2	-5	7	-5	-1	-3	-1	2	5

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Date : _____
 Time Limit : _____
 Timetaken : _____

$2 + 8 = 10$

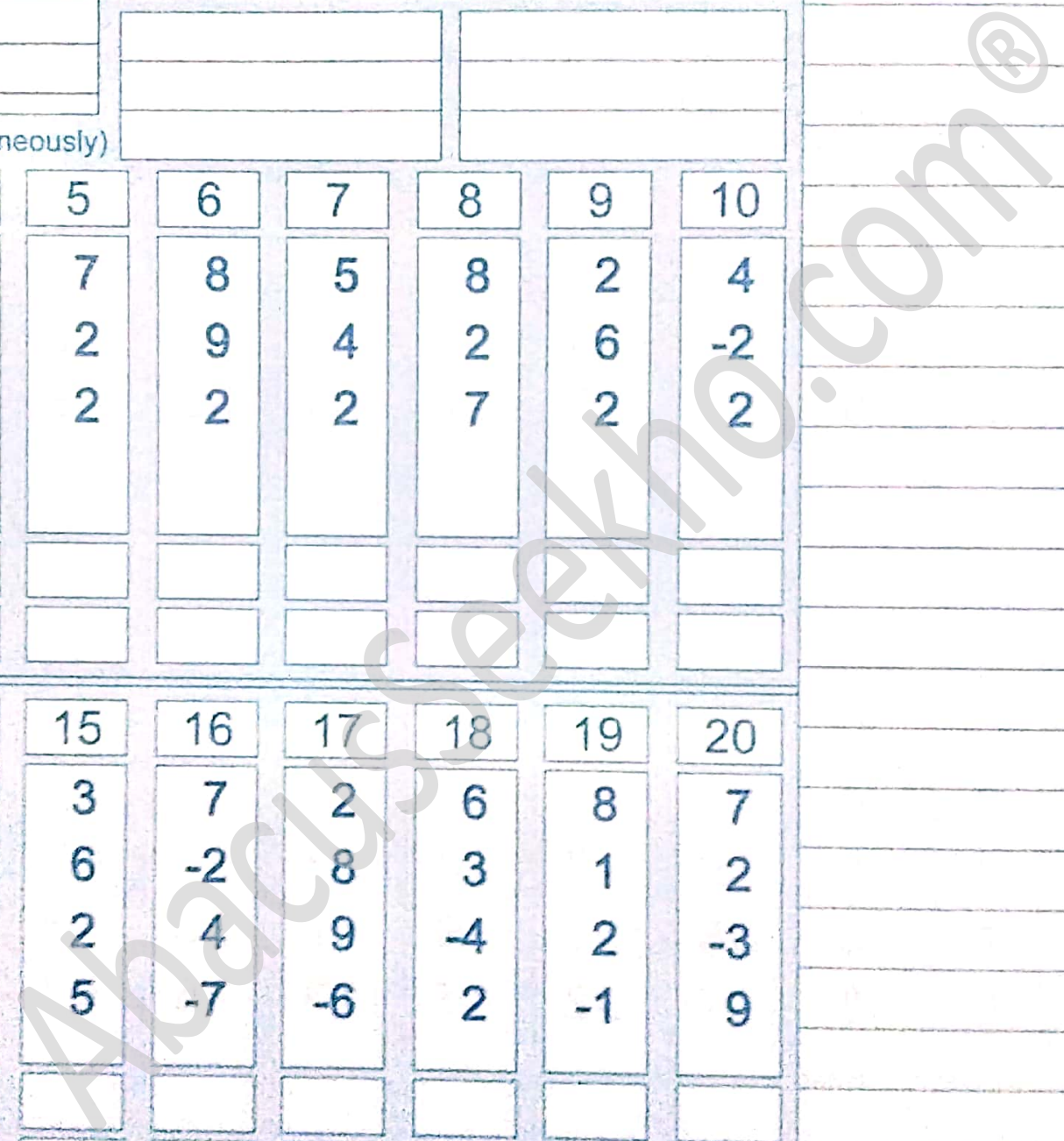
$+ 2 = + 10 - 8$

0 1 2 3 4 5 6 7 8 9

Right hand (Both the Fingers Simultaneously)

1	2	3	4	5	6	7	8	9	10
5	5	6	9	7	8	5	8	2	4
1	3	3	2	2	9	4	2	6	-2
2	2	2	6	2	2	2	7	2	2

11	12	13	14	15	16	17	18	19	20
4	5	8	7	3	7	2	6	8	7
6	4	-2	2	6	-2	8	3	1	2
7	2	5	2	2	4	9	-4	2	-3
2	6	7	9	5	-7	-6	2	-1	9



Date : _____ Time Limit : _____ Timetaken : _____

Revision

1	2	3	4	5	6	7	8	9	10
1	5	3	3	8	4	3	4	7	5
6	3	6	5	4	9	6	6	5	4
8	3	4	2	5	-3	1	8	6	5
4	5	5	6	2	2	2	5	-3	7

11	12	13	14	15	16	17	18	19	20
3	7	3	8	2	3	4	2	3	3
6	5	5	2	9	8	7	8	1	8
1	8	5	4	7	7	2	9	7	7
9	5	5	5	-7	4	5	-6	9	8

21	22	23	24	25	26	27	28	29	30
5	3	4	8	3	5	4	7	2	3
4	8	7	3	6	5	8	5	7	8
2	6	2	9	9	8	9	2	6	9
3	-5	8	7	-5	-2	5	6	4	5

0 1 2 3 4 5 6 7 8 9

Handwritten area with horizontal lines for calculations or answers. A large watermark 'www.ajkexams.com' is visible across the page.

Date : _____

Time Limit : _____

Time taken : _____

$10 - 9 = 1$

$-9 = -10 + 1$

0 1 2 3 4 5 6 7 8 9

Right hand (Both the Fingers Simultaneously)

1	2	3	4	5	6	7	8	9	10
1	8	6	7	9	5	2	3	5	7
9	2	4	3	-9	4	8	9	5	8
-9	-9	-9	-9	9	-9	-9	-9	-9	-9

11	12	13	14	15	16	17	18	19	20
5	7	7	8	3	6	7	6	8	8
4	3	8	9	6	5	3	3	7	5
-9	5	5	-9	-9	-9	6	9	-9	-9
9	-9	-9	1	8	8	-9	-9	4	5

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Date : _____
 Time Limit : _____
 Timetaken : _____

$10 - 8 = 2$

$-8 = -10 + 2$

0 1 2 3 4 5 6 7 8 9

Right hand (Both the Fingers Simultaneously)

1	2	3	4	5	6	7	8	9	10
7	2	8	5	9	7	6	7	9	4
5	7	8	3	-8	4	4	3	9	7
-8	-8	-8	8	2	-8	-8	-8	-8	-8

11	12	13	14	15	16	17	18	19	20
3	6	7	9	5	6	7	9	2	4
5	5	8	5	5	5	8	-8	7	5
7	-8	4	-2	2	-8	-8	7	8	-8
-8	7	-8	-8	-8	6	5	7	-8	9

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Date : _____
 Time Limit : _____
 Timetaken : _____

$10 - 7 = 3$

$-7 = -10 + 3$

0 1 2 3 4 5 6 7 8 9

Right hand (Both the Fingers Simultaneously)

1	2	3	4	5	6	7	8	9	10
9	3	8	9	6	7	5	3	6	4
7	6	2	1	4	8	5	8	5	6
-7	-7	-7	-7	-7	-7	-7	-7	-7	-7

11	12	13	14	15	16	17	18	19	20
3	9	4	2	2	9	8	9	3	1
8	-7	8	8	7	8	7	6	8	9
-7	8	6	-7	6	-2	-7	-7	-7	-2
6	6	-7	5	-7	-7	8	2	6	-7

Blank grid for calculations, with columns labeled 0 through 9 at the top.

Date : _____
 Time Limit : _____
 Timetaken : _____

$10 - 5 = 5$

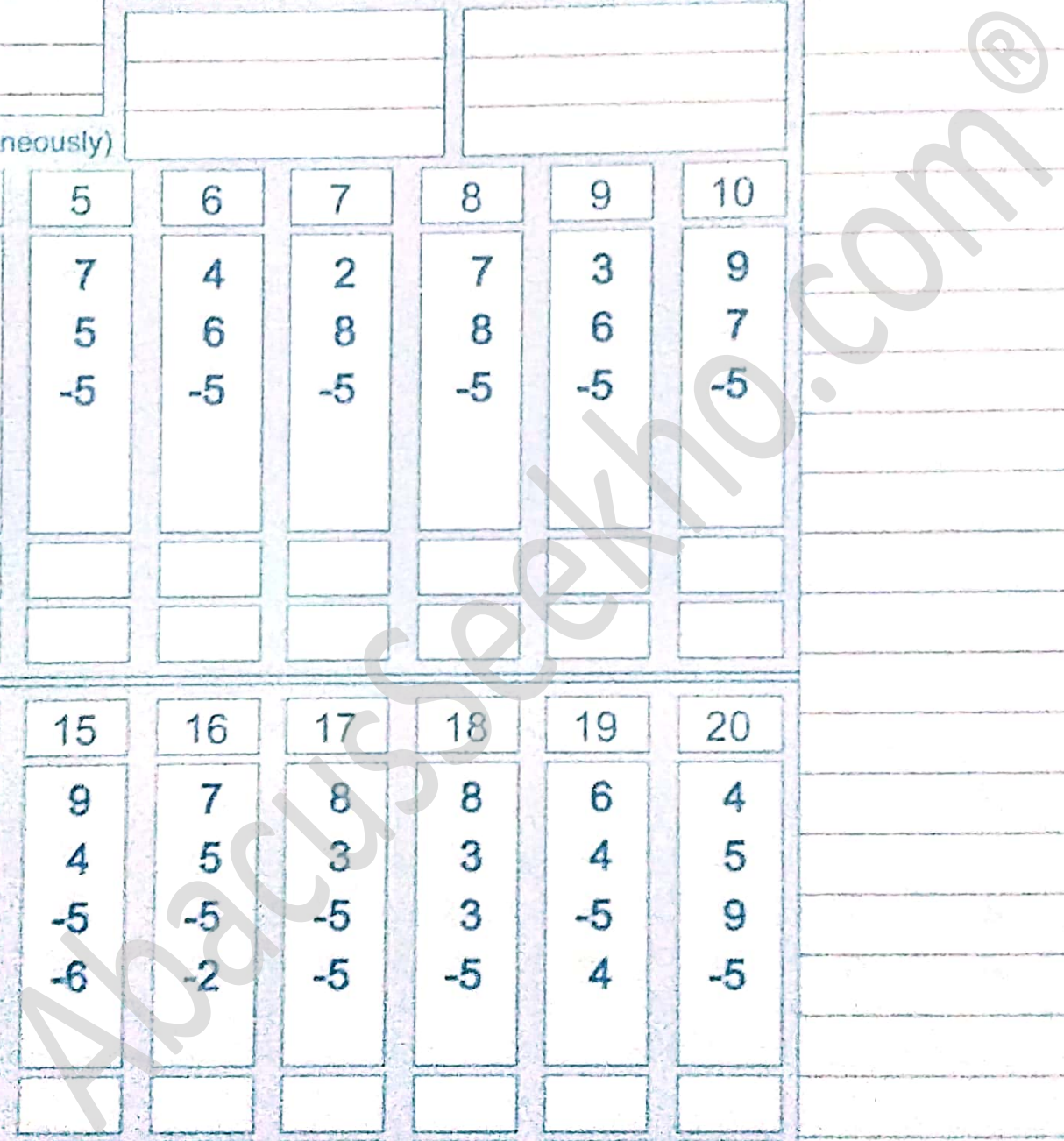
$-5 = -10 + 5$

0 1 2 3 4 5 6 7 8 9

Right hand (Both the Fingers Simultaneously)

1	2	3	4	5	6	7	8	9	10
6	9	9	3	7	4	2	7	3	9
9	4	-5	8	5	6	8	8	6	7
-5	-5	5	-5	-5	-5	-5	-5	-5	-5

11	12	13	14	15	16	17	18	19	20
9	4	6	8	9	7	8	8	6	4
5	9	2	-1	4	5	3	3	4	5
6	-5	-5	9	-5	-5	-5	3	-5	9
-5	7	8	5	-6	-2	-5	-5	4	-5



Date : _____
 Time Limit : _____
 Timetaken : _____

$10 - 3 = 7$

$-3 = -10 + 7$

0 1 2 3 4 5 6 7 8 9

Right hand (Both the Fingers Simultaneously)

1	2	3	4	5	6	7	8	9	10
3	9	4	9	6	7	2	3	8	3
7	1	6	2	5	3	7	9	3	8
-3	-3	-3	-3	-3	-3	-3	-3	-3	-3

11	12	13	14	15	16	17	18	19	20
9	2	9	4	6	4	8	3	2	6
4	9	5	6	5	-3	7	7	8	4
7	-3	6	-3	-3	9	5	2	-3	-3
3	4	-3	9	1	-3	-3	-3	5	-7

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Date : _____
 Time Limit : _____
 Timetaken : _____

$10 - 2 = 8$

$-2 = -10 + 8$

0 1 2 3 4 5 6 7 8 9

Right hand (Both the Fingers Simultaneously)

1	2	3	4	5	6	7	8	9	10
8	6	1	2	3	4	9	6	3	9
2	5	9	8	7	6	8	4	8	1
-2	-2	-2	-2	-2	-2	-2	-2	-2	-2

11	12	13	14	15	16	17	18	19	20
2	6	8	2	2	3	2	6	3	7
9	4	4	8	9	7	9	5	6	5
-2	-2	-1	-2	-2	-2	-2	9	1	9
4	3	-2	-3	1	3	-7	-2	-2	-2

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Date : _____
 Time Limit : _____
 Timetaken : _____

$4 + 1 = 5$

$+4 = +5 - 1$

0 1 2 3 4 5 6 7 8 9

Right hand (Both the Fingers Simultaneously)

1	2	3	4	5	6	7	8	9	10
1	2	3	4	2	4	8	1	9	2
4	4	4	-3	-1	4	-5	1	-6	2
3	1	2	4	4	1	4	4	4	4

11	12	13	14	15	16	17	18	19	20
1	4	5	3	2	9	4	5	9	9
4	4	5	4	4	-5	4	4	-5	-7
3	3	3	2	5	-2	5	5	4	4
-2	1	4	-6	4	4	5	4	1	3

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Date : _____
 Time Limit : _____
 Time taken : _____

$3 + 2 = 5$

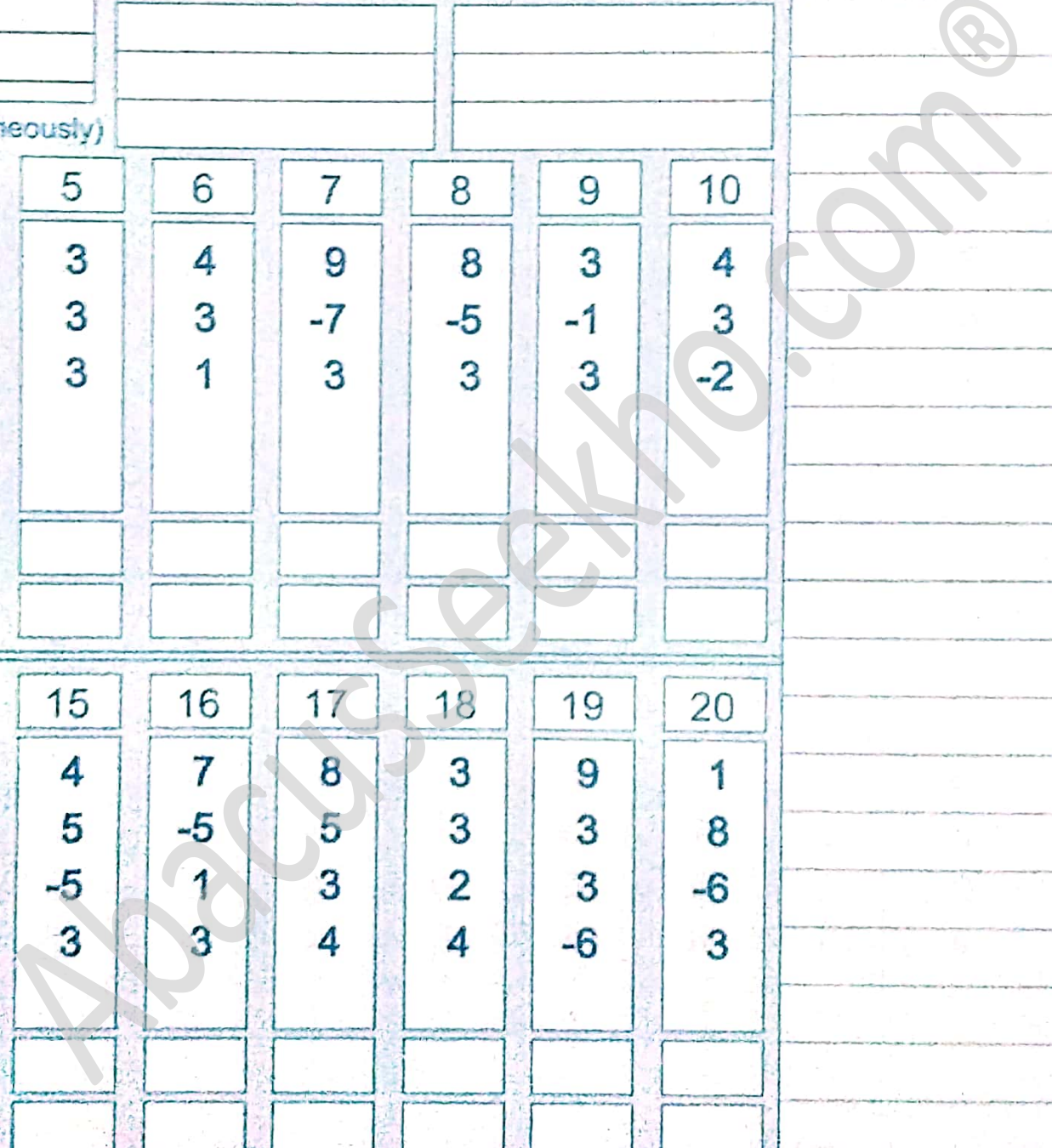
$+3 = +5 - 2$

0 1 2 3 4 5 6 7 8 9

Right hand (Both the Fingers Simultaneously)

1	2	3	4	5	6	7	8	9	10
2	1	4	2	3	4	9	8	3	4
3	1	-1	2	3	3	-7	-5	-1	3
1	3	3	3	3	1	3	3	3	-2

11	12	13	14	15	16	17	18	19	20
6	1	2	8	4	7	8	3	9	1
3	3	3	-5	5	-5	5	3	3	8
-7	3	4	3	-5	1	3	2	3	-6
3	3	-5	-1	3	3	4	4	-6	3



Date : _____
 Time Limit : _____
 Timetaken : _____

$2 + 3 = 5$

$+ 2 = + 5 - 3$

0 1 2 3 4 5 6 7 8 9

Right hand (Both the Fingers Simultaneously)

1	2	3	4	5	6	7	8	9	10
2	1	4	3	8	3	9	9	9	8
2	3	2	2	-5	2	5	-6	4	5
2	2	3	-5	2	4	2	2	-2	2

11	12	13	14	15	16	17	18	19	20
1	8	9	5	6	8	5	7	8	3
9	-5	-6	4	3	2	2	4	3	1
4	2	2	5	-6	4	5	3	2	2
2	4	3	2	2	-3	6	2	5	-5

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Date : _____

Time Limit : _____

Time taken : _____

$5 - 3 = 2$

$-3 = -5 + 2$

0 1 2 3 4 5 6 7 8 9

Right hand (Both the Fingers Simultaneously)

1	2	3	4	5	6	7	8	9	10
6	5	9	1	6	1	5	2	9	3
-3	-3	-3	4	-3	4	-3	3	-6	3
1	2	-3	-3	4	-3	5	3	4	-3

11	12	13	14	15	16	17	18	19	20
5	6	1	7	4	8	9	3	5	9
2	-1	4	-5	1	-6	-4	3	-3	-7
-3	-2	-3	4	2	5	-3	-3	5	5
-1	3	5	-3	3	-3	6	2	-3	-3

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Date : _____
 Time Limit : _____
 Timetaken : _____

$$5 - 1 = 4$$

$$-1 = -5 + 4$$

0 1 2 3 4 5 6 7 8 9

Right hand (Both the Fingers Simultaneously)

1	2	3	4	5	6	7	8	9	10
5	6	4	7	5	8	1	5	7	8
-1	-1	1	-2	-1	-3	4	-1	-6	-3
5	-1	-1	-1	-4	-1	-1	1	-1	-1

11	12	13	14	15	16	17	18	19	20
3	5	9	9	1	5	7	3	6	8
2	-1	1	-4	4	-1	-2	3	-1	-3
-1	3	-1	-1	-1	1	-1	-1	-1	-1
5	-1	3	5	-1	1	4	-1	2	3

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$5 + 8 = 13$

$+ 8 = +10 - 5 + 3$

$+ 8 = +13 - 5$

0 1 2 3 4 5 6 7 8 9

1	2	3	4	5	6	7	8	9	10
1	6	6	5	4	7	4	6	8	1
5	8	8	8	1	8	2	9	8	4
8	5	4	8	8	8	8	8	8	8

11	12	13	14	15	16	17	18	19	20
5	5	9	3	5	3	8	6	6	6
3	8	-2	4	8	8	8	8	9	3
-2	1	-1	9	8	8	-1	2	2	2
8	6	8	8	2	8	2	5	8	8

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$5 + 7 = 12$

$+ 7 = +10 - 5 + 2$

$+ 7 = +12 - 5$

0 1 2 3 4 5 6 7 8 9

1	2	3	4	5	6	7	8	9	10
4	6	2	1	9	3	2	5	7	6
1	7	3	6	8	7	4	7	7	7
7	5	7	7	7	5	7	7	7	1

11	12	13	14	15	16	17	18	19	20
5	6	1	4	9	2	9	9	2	8
2	-3	6	7	6	3	-4	7	4	7
7	2	7	5	1	1	7	7	7	4
5	7	7	7	7	7	5	1	3	6

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$5 + 6 = 11$

$+ 6 = +10 - 5 + 1$

$+ 6 = +11 - 5$

0 1 2 3 4 5 6 7 8 9

1	2	3	4	5	6	7	8	9	10
3	5	7	4	7	8	2	4	2	7
5	1	6	2	8	6	3	6	5	6
6	6	5	6	6	1	6	6	6	5

11	12	13	14	15	16	17	18	19	20
3	5	3	9	8	3	1	7	6	6
5	4	-2	-6	-4	6	6	6	6	9
6	6	5	4	6	-4	6	2	6	6
1	6	6	6	6	6	5	-3	6	9

Blank lined area for calculations or notes.

Date : _____ Time Limit : _____ Timetaken : _____

Revision

0 1 2 3 4 5 6 7 8 9

1	2	3	4	5	6	7	8	9	10
5	6	5	1	7	2	7	3	7	7
6	9	8	5	9	5	2	6	2	8
8	7	2	7	7	6	4	9	4	9
2	-3	4	-4	-9	-5	2	-9	2	-3
4	1	1	3	6	7	9	7	9	5

11	12	13	14	15	16	17	18	19	20
1	2	9	8	6	3	4	5	1	9
4	6	6	9	7	8	2	6	5	-2
9	-2	8	6	-4	9	7	7	6	7
-5	7	-4	3	-6	2	-9	9	8	5
8	-3	1	5	3	7	8	-8	3	6

21	22	23	24	25	26	27	28	29	30
2	9	7	5	4	5	6	3	9	6
7	4	2	7	1	6	-3	2	8	7
8	5	4	8	9	4	7	6	7	-9
6	6	2	-6	8	6	5	4	5	6
-9	-4	8	3	-9	-9	-1	-8	-8	5





This Program gives...

- Greater concentration
- Keener Listening skill
- Improved analytical skills
- Better creative and imaginative skills
- Improved Reading and Learning skills
- Better Memory
- Sharper Observation
- More Self-Confidence
- Better ways of expression



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A unit of Shri Ganesh Children Welfare Society (Regd.)

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