Meet Joanne Devota-Rando



With over 25 years' experience in community services - including education, disability services, and culturally responsive care - I provide compassionate, individualised support across home, school, community settings, and two welcoming counselling spaces.

My Approach:

- Solution-focused and strengthsbased
- Collaborative with families, carers, schools, and agencies
- Grounded in Mindfulness-Based Cognitive Behavioural Therapy (CBT) and Person-Centered approaches
- Incorporates psychoeducation to empower participants and families

Support for Families & Carers

I guide families and educators with:

- Co-regulation strategies
- Positive behaviour modelling
- Simple, validating communication
- Strengthening child-adult relationships

Connect With Me

- NDIS Registered Provider
- **** 0403 113 199
- ™ info@devotedcounselling.com.au
- www.devotedcounselling.com.au
- 🛍 Instagram: <u>@devotedcounselling</u>
- facebook.com/DevotedCounselling

Practice Hours

- Mornington Office
 - Mondays & Tuesdays
 - 9:00 am 5:00 pm
- St Macartan's Parish Office, Mornington
 - Fridays
 - 9:00 am 3:30 pm



Endorsed by St Macartan's Parish Rev Geoffrey (Geoff) McIlroy www.melbcatholic.org/s/mornington

Flexible Support Options

- **1** Home Visits
- School Visits
- **M** Community Settings
- Private Counselling Sessions



Feeling overwhelmed as a parent?
Worried about your child's emotions?
You are not alone.



Devoted Counselling

for children, young people, people living with disability and their families

Joanne Devota-Rando

0403 113 199







Our Services

Registered NDIS Provider



School Visits



Home Visits



Individualised Support



Why Counselling?

Social Skills Development



Emotional Regulation



Anxiety



Depression



Trauma-related distress



Behavioural Challenges



ADHD



Autism



School Can't/Refusal

