

## Meet Joanne Devota-Rando



With over 25 years' experience in community services - including education, disability services, and culturally responsive care - I provide compassionate, individualised support across home, school, community settings, and two welcoming counselling spaces.

### My Approach:

- ✓ Solution-focused and strengths-based
- ✓ Trauma-informed and culturally sensitive
- ✓ Collaborative with families, carers, schools, and agencies
- ✓ Grounded in Mindfulness-Based Cognitive Behavioural Therapy (CBT) and Person-Centered approaches
- ✓ Incorporates psychoeducation to empower participants and families

### Support for Families & Carers

I guide families and educators with:

- Co-regulation strategies
- Positive behaviour modelling
- Simple, validating communication
- Strengthening child-adult relationships

## Connect With Me

📍 NDIS Registered Provider

☎ 0403 113 199

✉ [info@devotedcounselling.com.au](mailto:info@devotedcounselling.com.au)

🌐 [www.devotedcounselling.com.au](http://www.devotedcounselling.com.au)

📷 Instagram: [@devotedcounselling](https://www.instagram.com/devotedcounselling)

👍 [facebook.com/DevotedCounselling](https://facebook.com/DevotedCounselling)

### Practice Hours

(By appointment only)

- Mornington Office
  - Mondays & Tuesdays
  - 9:00 am – 5:00 pm
- St Macartan's Parish Office, Mornington
  - Fridays
  - 9:00 am – 3:30 pm

### Flexible Support Options

🏠 Home Visits

🏫 School Visits

🏡 Community Settings

🌱 Private Counselling Sessions



## Devoted Counselling

for children, young people, people living with disability and their families

Joanne Devota-Rando

**0403 113 199**



Registered NDIS Provider



## Welcome to Devoted Counselling & Support Services

I provide counselling and support for:

Individuals from a range of social, cultural, and lived experiences, including:

- People living with disability
- Individuals facing social disadvantage or navigating the impacts of family breakdown, trauma, or instability

🌱 Support is compassionate, personalised, and culturally safe - honouring identity, connection to Country, and community while fostering emotional well-being, resilience, and belonging.

## Working Together

I collaborate with:

- Families & carers
- Schools & educators
- DFFH (Department of Families, Fairness and Housing)
- Out-of-Home Care (OoHC)
- VACCA (Victorian Aboriginal Child Care Agency)
- Disability service providers and coordinators
- Allied health professionals
- And more

## Therapeutic & Counselling Services

- Express emotions and develop healthy coping strategies
- Navigate behavioural and social challenges
- Address emotional distress, depression, anxiety, or suicidal ideation with care and sensitivity
- Strengthen communication, resilience, and emotional well-being
- Support emotional, behavioural, and social development
- Support children and young people experiencing school can't/refusal or school-related anxiety
- Provide support for individuals diagnosed with Autism or ADHD, or those showing behaviours or characteristics commonly associated with these neurodivergent profiles

I create safe spaces for children and young people to feel seen, heard, and supported.

## NDIS Services

- 🧠 Capacity Building
  - Improved Daily Living
    - 0128: **Therapeutic Supports – Counselling**
    - 0118: **Early Childhood Supports – Counselling**

## Screening, Assessments, & Reports

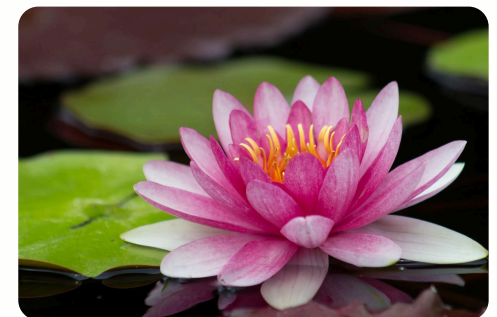
I offer assessment services to support planning, reporting, and goal setting.

- Vineland Adaptive Behavior Scales, Third Edition (Vineland-3) - By Sara S. Sparrow, PhD | Domenic V. Cicchetti, PhD | Celine A. Saulnier, PhD
- Clear, participant-focused documentation to assist with NDIS and school-related support planning.
- 1. 📝 NDIS: Reporting & Participant Plan Reviews
- 2. 📁 Schools: Specialist Reports with a comprehensive understanding of the Disability Inclusion Profile

**Book your free 30-minute consultation today!**

✨ Early intervention empowers young people to thrive.

✉️ Reach out today to take the first step



A lotus flower symbolises resilience and beauty - growing and thriving through adversity.