#### Meet Joanne Devota-Rando



With over 25 years' experience in community services - including education, disability services, and culturally responsive care - I provide compassionate, individualised support across home, school, community settings, and two welcoming counselling spaces.

#### My Approach:

- Solution-focused and strengthsbased
- V Trauma-informed and culturally sensitive
- Collaborative with families, carers, schools, and agencies
- Grounded in Mindfulness-Based Cognitive Behavioural Therapy (CBT) and Person-Centered approaches
- Incorporates psychoeducation to empower participants and families

### **Support for Families & Carers**

I guide families and educators with:

- Co-regulation strategies
- Positive behaviour modelling
- Simple, validating communication
- Strengthening child-adult relationships

#### **Connect With Me**

- 📍 NDIS Registered Provider
- **\$** 0403 113 199
- 🐸 info@devotedcounselling.com.au
- www.devotedcounselling.com.au
- lnstagram: <u>@devotedcounselling</u>
- 🔓 facebook.com/DevotedCounselling

#### Practice Hours (By appointment only)

- Mornington Office
  Mondays & Tuesdays
  9:00 am 5:00 pm
- St Macartan's Parish Office, Mornington

   Fridays
  - 9:00 am 3:30 pm

### Flexible Support Options

- 🏠 Home Visits
- School Visits
- M Community Settings
- **Private Counselling Sessions**



# A lotus flower symbolises resilience and beauty—growing and thriving through adversity.

# **Devoted Counselling**

for children, young people, people living with disability and their families

# Joanne Devota-Rando **0403 113 199**







# Trauma-related distress



# Behavioural Challenges







Autism



# School Can't/Refusal

