

CONTRIBUTOR PROFILES

SCIENCE SHORE

exploring the ocean of life

ONLINE QUARTERLY MAGAZINE

VOL 7 | ISSUE 1 | JANUARY 2026





AADHIRA PURUSOTHAMAN is a creative 6th grader who goes to Central middle school in Minnesota. She has always loved poetry and really loves writing poetry in her free time. Some other things she loves doing is: reading, crafting and eating. She does taekwondo and is currently a black belt. When she's not doing anything she just plops onto the couch and watches TV. Poetry is her favorite writing topic in school and will continue that passion even when she is older.



AARABHI RAMAKRISHNAN is a Grade 7 student in Vruksha Montessori School, who studies under Mrs. Vidya Shankar ma'am. She is an avid student who likes to read novels, play badminton and dance.



ADITI VARIER is a Grade 8 student studying in Vruksha Montessori School, Chennai. Her hobby is reading fantasy books.

ADITYA is a second-year BA student at St Pauls College, Bangalore, pursuing a triple major in Psychology, English, and Journalism. Originally from Bihar, he's drawn to writing in all its forms and keeps building his voice through poetry, content work, and the everyday moments that spark honest expression. One of his Hindi poems has already been published in an ISBN-certified book, and this marks his first English piece to appear in a magazine. He aims to

grow as a writer with each step and hopes to keep sharing stories and perspectives that resonate long after they're read.



Dr. ALOK KUMAR RAY is basically a college teacher whose passion rests on writing poetry both in English and Odia languages. So far he has published two poetry books i.e. one in Odia and the other one in English medium. He has edited two international level and both bilingual and multilingual poetry anthologies. Being a published poet, he has contributed poems to a great number of poetry anthologies, periodicals, magazines and newspapers.

His passion for poetry has helped him to attend many national and international level poetry festivals inside India. Adorned with many awards, medals and felicitated by many literary organisations, Dr. Ray carries out his soft corner for poetry in a sublime way.



Mrs. ANANDHI MANI, a postgraduate in Physics and Psychology, with an M.Phil in Education, is a passionate teacher with over 25 years of experience. She currently serves as the Principal of Shri Natesan Vidyasala, located in Mannivakkam, Chennai. She actively engages in several beyond-the-classroom projects and mentors teachers to make the teaching-learning process more engaging and innovative. She is also an author of NCF-based Science textbooks

for primary classes and enjoys writing on topics relevant to students' life skills. In addition, she serves on the International Teacher Advisory Committee of The Economist Educational Foundation, based in the United Kingdom.



ANJANA SREENIVAS is currently pursuing BS-MS in Chemistry at IISER Thiruvananthapuram. She is an aspiring organic chemist with a parallel passion for literature, where she loves expressing herself through poems and stories. She hails from Kannur, Kerala.



ANNA KRIVOSIK is a 6th grade student with a penchant for words. While she loves Math and STEM activities, she often thrills her friends and family with her poems. She enjoys writing haiku. Her work has been selected by the Golden Haiku Contest in 2023 and 2025 and has been published in the Anthology Summer Sashays 2025, and Science Shore July 2025.



Dr. H. BALAJI RAGHAVENDRAN is a Professor at the Biomaterial Laboratory, Faculty of Clinical Research, Sri Ramachandra Institute of Higher Education and Research, Chennai. He has wide-ranging research experience across India, Malaysia, and Korea. His work focuses on designing materials that can support healing and tissue repair, particularly for bone and orthopedic applications, with the aim of translating research findings into real-world medical solutions.



BRINDHA VINODH deals on a variety of themes in her writings. She is the recipient of Reuel International Prize for Poetry with an honourable mention and has been conferred upon with "Poesis Award for Excellence in poetry" by Xpress Publications.

Her debut poetry collection, "Autumn in America & other poems" was published by Setu in USA, available on Amazon.



DHANYA SANTHOSH, a Grade IX student at Vruksha Montessori School, is fun-loving and socially active. Passionate about classical music, dance, and writing poems in English and Hindi, she enjoys drawing, reading fantasy and adventure books, and listening to music. She declares her creation is entirely her original, with no social media content.



GAYATHRI R is a second-year BA student at ST PAULS COLLEGE, Bangalore, studying Journalism, English, and Psychology. Hailing from Kerala, her interests span across literature, movies, sports, and a variety of niche subjects. She is drawn to stories and ideas that challenge her thinking and demand reflection. This piece is another step in her attempt to observe, interpret, and articulate the world as she encounters it.



Dr. GAYATHRI RAMACHANDRAN, PhD in Education runs a large educational institution, Shri Natesan Vidyasala, a K-12 school at Mannivakkam, in suburban Chennai, India. She is a regular writer for Infiniti thoughts and Times of India Education Edition, New York based A Lotus in the Mud, on topics related to Education, Student-Teacher relationship, life skills and soft skills. She is also the author of a self-help book – NEVER ALONE.



GITA BHARATH has enjoyed five years of teaching middle school before starting on a banking career lasting thirty-four years. Now, happily retired, she focuses on reading, writing, crossword puzzles and kolam art. She has lived in Jamshedpur and Bombay before settling in Chennai. She has published four volumes of poetry. Her first book Svara comprises three hundred poems, including narrative, humorous and philosophical verses. Her work has featured in International anthologies and won prizes from Literoma, Asian Literary Society, Story Mirror, etc. She is currently working on a series of children's stories and poems about historical figures.



GLADSON MATHEW is a certified Consultant Counsellor, recognized by the Association of National Organisations for Supervision in Europe (ANSE). For over two decades, he has devoted his career to mental health therapy. Holding both an MSc and MPhil in Psychology,

Gladson combines his love for writing with his expertise. He finds solace in crafting heartfelt poems that intricately capture human emotions and relationships. His writings reflect a deep understanding of the human psyche, delivering poignant and relatable versions. Through his counselling psychology skills and writing talent his work resonates, offering profound insights into the human experience, aiming to touch lives and offer solace.

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HAYDEN MARIO, a Grade 7 student at St. Michael's School, Adyar, Chennai, has recently been introduced to Science Shore by Brindha Mam. His hobbies include playing cricket, solving puzzles, and playing the keyboard.

HEMA KRISHNAMURTHY is studying grade 7 at Vruksha Montessori school, Chennai. She is a student of Mrs. Vidya Shankar.



HEMA RAVI is a poet, reviewer, critic and editor of *Efflorescence* (published by the Chennai Poets' Circle). She writes metrical verses, haiku, haibun, tanka, and 'verslibre.' Her verses have been featured in several online and international print journals, noteworthy among them being the International Writers Journal and the Amaravati Poetic Prism. A few haiku and form poems have been prize winners. As Secretary of the Chennai Poets' Circle, she encourages novices and young writers to unleash their creativity. Her write-ups have been published in the Hindu, New Indian Express, Femina, Woman's Era, Champak, Gokulam, International Indian and Khaleej Times, among others. Anecdotes featured in the Femina, International Indian and Khaleej Times fetched her gift-hampers as prizes. She is the author of 'Everyday English, 'Write Right Handwriting Series 1, 2, 3' co-author of *Sing Along Indian Rhymes*' and 'Everyday

Hindi.' She scripted, lent voice support for 'Everyday English with Hema', series of English lessons broadcast by the Kalpakkam Community Radio. After a stint in the Central Government, she has been in the field of education for over two decades. Currently, she is a freelance trainer for IELTS and Communicative English. She is known to motivate learners to their fullest potential, facilitates their all-round development, and urges them to be excellent all-rounders.

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HIMANSHU BHUSHAN JENA (b.20.04.1980) is a published bilingual poet, author, researcher, reviewer and teacher of outstanding grace. His five anthologies of poems namely, *Tranquil Rapture*, *Spring of Serenity*, *Ripples of Reflection*, *Heart of Humanity* and *Spectrum of Life*, have got global acknowledgement. He is a consistent contributor of poems to *Science Shore Magazine*. He hails from Raipur under Jajpur district in Odisha, India.



JAYALAKSHMI KARINDALAM, born into an ancient aristocratic agricultural family, Karindalam in Northern Kerala, graduated from St. Teresa's college, Cochin. An ardent seeker of indescribable lustre of spiritual ecology, her writings have been an adventurous foray into the unknown, yet seductive glimmer of its

mystery. An online critic and poet, a soul tormented by the miseries of humans, animals and every ailing element in our Eco system, she has always been with her loved ones, house between the family plantations in the lap of Western Ghats greatly influenced by the traditional moorings, the kavus, theyyams, the rendition of scriptures, she was reading herself for a spiritual quest , a foray into the unknown terrain and writing came naturally, and these spiritual ecological passion and longings radiates in her poems. Married to Dr. C.K Narayanan, a pediatrician, they are blessed with 2 children.



JELLIE N. WYCKELSMA, a teacher librarian, was born in The Netherlands in 1935 and came to Australia in 1958. She spent her professional life in Public, Commercial/Special, and School Libraries until her retirement in 1996.

Her Published works: Co-author of three anthologies of poetry: She's Apples (1996), She ate a Bowl of Poetry (1997), Adrift ... (2018).

Poetry: Life's a Bra Strap (2014), Flowers of the Soul (2016), And the Poetess speaks... (2019), Just a Bunch ... (2020), On Butterflies' Wings ... (2021), A Sprinkling of poems and other Revelations (2022)

Novels: Crossing the Bridge at San Remo (2011), The Photograph and the Diary of the Daughter (2012), Life after Power Outrage (2023)

Novellas: Once upon ... a Night (2013), Veering off course (2014), Life's better with a Book (2014), Wild Waves (2015), The Dog Walker (2017), Wild fire (2020), The Man in the Flamboyant Hat (2020), Elisa's Paradise (2020), The Man behind the Sunglasses (2021), Ambling along (2022), Eye Contact (2022), Dinner Time (2023), A Melange of Mini Stories (2024), Serena's secret Notebook (2024)

Short Stories: Diving in at the Deep End (2016), A Melange of mini-stories (2024)

Non-Fiction: Probus Club of Anderson's Inlet Inc.: 1995-2015; twenty years in a nutshell (2015).

Other works, poems and short stories, have been published in various periodicals and anthologies in Australia, India and in The Netherlands.



JUAN LENJU is a 5th standard student of Dawn International School, Kochi.



JULIAN LENJU is a 7th standard student of Dawn International School, Kochi.



JULIE MILES is a multifaceted creative luminary, whose artistic talents are deeply rooted in the heart of the United States. With a profound admiration for the poetic traditions of East Asia and the timeless verses of India's literary greats, her work exemplifies a remarkable fusion of cultures. Her artistry is a masterclass in elegant simplicity, drawing inspiration from the canvas of her own life experiences. A compassionate soul, Julie dedicated extensive years of her life to tending to the elderly, including her beloved parents and cherished relatives. Her devotion extends beyond her role as a caregiver, having also contributed her wisdom and passion to the world of education as a homeschool teacher. Furthermore, her benevolent spirit shines through as she volunteers with special needs students, leaving an indelible mark on the lives she touches.



Ms. KAMAR SULTANA SHEIK is a poet, writing mostly on themes of spirituality, mysticism and nature with a focus in Sufi Poetry. A post-graduate in Botany, she was educated at St. Aloysius Anglo-Indian School (Presentation Convent, Vepery) and completed her degree from SIET Womens' college, Chennai. Her professional career spanning 18 years has been in various organizations and Institutions including the IT sector. She is a self-styled life coach and has currently taken a break to focus on her writing full-time.



Sultana has contributed to various anthologies and won several prizes in poetry contests. A green enthusiast, blogger and content-writer, Sultana calls herself a wordsmith. Her debut work (a CovidTimes release), "The Golden Dawn" won the prestigious Poet of the Year Award from Galaxy Foundation.

Sultana can be reached at:
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KOWSALYA RAGHU is an optometry professional with a long-standing interest in teaching and writing. Trained as a clinical optometrist at Sankara Nethralaya, she had been involved with teaching and training students and postgraduate doctors and fellows across several institutions.

Over the years, she has developed a parallel interest in scientific writing, contributing book chapters and articles. She has now been working in the field of ESG, Environment, social and Governance, evaluating companies' practices in these areas for the past three years.

She loves and appreciates music in all languages in her free time. She also likes to travel and spend time with nature. With a thoughtful approach she continues engage with writing, learning and growing along the way.





Rtd. Prof. LATHA PREM SAKHYA was born in 1959 to Tamil parents. After 30 years of teaching, she retired as Head of the Department of English from Marthoma College for Women, Perumbavoor. While in service, she entered the world of writing by publishing her poems – “Memory Rain” in 2008, “Nature at the Doorstep” (2011) a blend of her musings, paintings and poems and a collection of poems titled “Vernal Strokes” (2015). Her poems are published now in reputed journals and anthologies. Her stories for children and her reflections are published in e- magazines and anthologies. She contributes stories and poems regularly for “Little Hands” a children's monthly print magazine and to “Literary Vibes”, a prominent weekly e journal. She has co-edited several poetry print Magazines, poetry anthologies and e- magazines. She is a member of three prominent writers' groups - Poetry Chain based in Thiruvananthapuram, Kerala; Aksharasthree - the Literary Woman, based in Kottayam, Kerala; and India Poetic Circle, based in Chennai, Tamilnadu, besides many other online poetry and painting groups. She has a passion for painting. Though untutored, she works with oil, acrylic and watercolor and has done more than 50 paintings and has participated in three exhibitions.



Mrs. LATHA SHANKARI. K pursued her graduation in Chemistry from Quadi-E-Milleth College, Chennai and completed her B.Ed. Degree from Madras University. She is presently working as a teacher in Prince Matriculation Higher Secondary School, Chennai. She believes in William.G. Spady's saying, "All Students can learn and succeed, but not in the same way and not in the same day". Besides teaching the art of drawing bring joy and immense peace of mind to her. According to her, Mandala art requires lot of concentration and patience and thus diverts the mind from all types of stress and is certainly a stress buster apart from being a hobby.



LEENA THAMPI is a celebrated author and entrepreneur renowned for her captivating writing style that transcends the ordinary. With five published books and numerous internationally featured articles, her work has garnered widespread recognition and accolades. Recent accolades include Author Literary Awards from The Book Channel for her four books across different categories, the 'Women Face of the Year 2024' award by Fox Story India, and the City Excellence Awards by Bharat Times. Her literary prowess has also been recognized with Rabindranath Tagore Memorial literary honors and Gujarat Sahitya Academy honors. Leena's unique narrative voice blends luminous prose, magical realism, myths, and raw life realities, inviting

readers into a world of wonder and introspection. A multifaceted talent, she is a certified child psychologist, relationship coach, and TEFL trainer, and serves as Co-founder and COO of HAVL Hi-Tech Pvt Ltd.

Published Works:

- "Rhythms of a Heart"
- "Autumn Blaze"
- "An Allusion To Time"
- "Embers to Flames"
- "Celestial Melodies"

With over a hundred accolades from literary platforms worldwide, Leena continues to inspire with her writing. She is currently working on her sixth book, a collection of short stories. Her articles, poems, anthologies, interviews, and features have been published in national and international magazines and newspapers.



MADHUMATHI. H, a bilingual poet-writer (Tamil, English), is an ardent lover of Nature, Poetry, Photography, Music.

Her poems are published in Anthologies of The Poetry Society (India), CPC- Chennai Poetry Circle's EFFLORESCENCE, IPC's (India Poetry Circle) Madras Hues Myriad Views, Confluence, Spring Showers, Amaravati Poetic Prism, and in e-zines UGC approved Muse India, Storizen, OPA – Our Poetry



Archives, IWJ - International Writers Journal, Positive Vibes, Science Shore. e-Anthologies Monsoon moods - Muse India, Green Awakenings - On Environment, by Kavya-Adisakrit.

Madhumathi's poems are part of YPF's(Yercaud Poetry Festival) Ignite Poetry, Breathe Poetry, Dream Poetry, Winterful Whispers, Auburn Ambrosia, Of Soul Scribes' Soul shores that have 10 of her poems published, Soul Serenade, Soul songs, Soul Dance, Shades of Love-AIFEST - Special Jury Mention, and secured 'A Grade' in the International Poetry Writing Competition(published Anthology) conducted by All India Forum for English Students, Scholars, and Trainers (AIFEST) in March-2023 in connection with International Women's Day celebrations, Arising from the dust, Painting Dreams, Shards of unsung Poesies, are some of the Anthologies her poems, and write ups are part of.

Madhumathi is invited as the chief guest at her Alma Mater for Women's Day in March 2023, and addressed thousands of students, addressing on the importance of following one's passion, role of art in life, believing in self, and on mental health. In August 2024, on Independence Day, awarded for her contributions in Arts & culture. A proud, humbling moment being recognized by her school, her second home.



Madhumathi has been the Emcee for art events. Has taken part in television talk shows, and explored her other passion, being part of an advertisement, and as a voice artist too.

Besides Poetry, Madhumathi writes on Mental health, takes part in related activities to create awareness, break the stigma, believing in the therapeutic, transformational power of words.

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T.S. MANOHAR is a small time freelance writer contributing to The Hindu, Bhavan's journal and a few online magazines. He firmly believes in highlighting social issues for the well-being of the society and humanity. Precisely why, he keeps his narration simple and direct to rub positivism on the readers. He has graduation in Economics and Law from Madras University. Playing cricket and other team games empowered him to be part of a group for a common cause. Growing up in a joint family taught him the values of caring and sharing. Employed with airline for

over three decades and more has taken him across the country and beyond. This enabled him to interact with a cross section of society and a great learning experience. Volunteering as an administrator for an NGO gave him an opportunity to serve and realize the purpose of life. He makes constant affirmations to better himself and make this world a better place to live in.

MOHAN SANJEEVAN as known by his pen name with K. Mohan as original worked in Central Govt as officer. Taking voluntary retirement very early he has been attending science communication, science fiction, climate change, nano tech, space conferences and presenting papers. He is also science, space astronomy popularizer, a science and general poet has published one science fiction collection, two science, tech, space astronomy outreach poems collections, two general poems collections. Future plans are conduction of science yatras, running no profit science library free of charge, science tours taking students interested in science.



MONIKA K is a passionate poet, author, and speaker whose writings beautifully blend emotion, reflection, and hope. She is the author of four poetry collections — “Thoughts That Rhyme”,

"Thoughts That Provoke", and "Thoughts That Whisper", "Thoughts that found her voice" is published on Amazon. Her poetic excellence earned her a feature in the 43rd World Congress Anthology, marking a proud milestone in her literary journey. Nominated for Best Poet of the Year 2020 on Story Mirror, Monika continues to inspire through her heartfelt verses, blogs, and reflections. In addition to her creative pursuits, she has delivered guest lectures on communication, motivating young minds to express themselves with clarity, confidence, and authenticity.



Dr. (MAJOR) NALINI JANARDHANAN is a Family Medicine Specialist who served in Indian Army Medical Corps as an Army Medical Officer in the rank of Major. She is a popular writer of Kerala who got Katha Award and a writer of many medical books for which she got IMA Sahithya Award. She is an Akashvani (All India Radio) and Doordarshan approved artist of Ghazals and Bhajans [Light Music]. She is felicitated with many Awards for her contributions towards society as a Doctor, Singer, Writer, Army Officer and for her Social service.



NANDANA MURALI (12 years old) is a class 8 student in Padma Seshadri Bala Bhavana Senior Secondary High School, Chennai. Nandana has a natural flair and talent for sketching, writing stories

and poems with illustrations. Very unusual of her age, she likes keeping most of her drawings black and white. Eventually, she started writing fictional stories, chapter-wise, with catchy and self-expressive illustrations depicting scenes from them. While some of her stories bring out the child in her and her dreams, others convey impressions which beyond any doubt, carry thoughts and qualities quite unexpected of her age. The themes, thoughts, words and artwork she picks are her own, not improvised or altered by any adult. This is evident from the innocent and yet indulging ideas and illustrations that she brings out.

Nandana's poems on Science and Maths are published by her school magazine. Many online platforms have also published her drawings and poems. She has bagged prizes for drawing in several competitions including an international drawing competition conducted by INDIA ART. In addition to her passion in poems and stories, Nandana learns classical music, learns to play the Guitar and Violin and plays Hockey for her school team.



NEHA S CHAKRAVARTHI, taking inspiration from everyday events, Neha S Chakravarthi developed an interest in writing during her early teens. From penning poems during her leisure time to becoming a recognized author on Amazon India, she walked up the ladder of exploring words in a way of her own!

She'd like to thank Science Shore sincerely for consistently being a motivation.

Her first poetry book, 'When I breathe words...' is available for sale in India on online shopping platforms like Amazon and Flipkart and on the website of BookLeaf Publishing.

When I breathe words...

https://www.amazon.in/dp/1005158878/ref=cm_sw_r_apangltiZNT3YJAWY2C3D183Y9QE is a Collection of poems of varied themes.

There couldn't be a more powerful tool than words to enclose the world within. Words woven into poetry have interested readers for a long time. The aesthetics of life are best expressed through poems. Poetry adds detail to little things that might go unnoticed. Of breathtaking play of words, metaphors and hyperbole, memories of living and dead, definiteness in truth are what poems are about. Neha S Chakravarthi believes that poems are the visage of her heart, adds dimension to unrealistic visions, and emotions unstated. Poems strike the right chords of her heart and she likes to celebrate big-little things with poems and lavishly feast on words.

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NIKITHA DHARMARAJ is a Grade 9 student at Vruksha Montessori School who enjoys drawing and art. She has written two poems published in anthologies, showing her passion for creative work and interest in learning both art and literature.



NIVEDITHA K. A. is a Std 10 student of CMS High School Punnaveli, Pathanamthitta, Kerala state.



OMKAR GR is an author, junior engineer, NLP expert, a student of ST. PAULS College, and psychology enthusiast. He loves blending science with storytelling to make the human mind easier and more honest to understand, his work explores identity, personality, behavior, and the quiet patterns that we end up taking in everyday choices.



ORBINDU GANGA is an author, editor, poet, publisher, researcher, content writer, and spiritual healer. He holds a post-graduate degree in science from India and is the inaugural recipient of the Dr. Mitra Augustine Gold Medal for academic excellence. He is the owner of CynFynEnliven (publishers, consultants, content & service-providing solutions). Additionally, he is the creator of the Subconscious Observation Belief System (SOBS), a certified life coach, spiritual coach, and mindset coach under

SOBS. His oeuvre includes an array of literary and visual creations, featuring poetry, articles, short stories, research papers, science articles, photography, and paintings.



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Children's literature in Malayalam.

Running a library with 2700 books at Trichambaram,
Kerala for past 11 years.

Husband:
Mr. M. S. Sasikumar
Son:
Dr. Swaroop Chandra.



PARVATHI DAS studying 8th in St. Paul's English Medium school lives near the famous Trichambaram Sri Krishna temple in Kannur district. Her hobbies are drawing, reading, cycling, poem writing etc. Her father is Sivadasan (Govt.Service), her mother is

Kanchana (LIC agent) and she has one sister studying plus two in Sir Syed Higher secondary school, her name is Niranjana.



PARVINDER NAGI is born and brought up in the coastal city of Mombasa, Kenya, East Africa. Having dedicated her career to shaping the minds of future generations as a principal from the distinguished senior secondary schools in India and also served as charity in the British schools in UK.

Parvinder is a national award winner from NCERT, New Delhi, for making teaching and learning process easier through the classroom aids for both the teachers and pupils.

One of the defining moments of her poetic journey occurred during a visit to Dove Cottage and the museum dedicated to the venerable poet, William Wordsworth, nestled in the enchanting landscape of Grasmere, Lake District, UK.

In the hallowed halls of this literary sanctuary, standing amidst the profound legacy of Wordsworth, Parvinder found herself immersed in the timeless essence of poetry, a force capable of transcending the boundaries of time and place.

Her passion for poetry found recognition when she was bestowed with the prestigious accolades in a



national poetry contest in the year 2022 orchestrated among a gathering of over 2000 poets from across India on the national level.

Parvinder is a recipient of many literary awards in poetry....

- An Ambassador for peace in the world poetic fraternity,
- The Global Peace Ambassador Awards,
- Literary Ambassador Awards,
- Honorary Doctorate Awards,
- Membership card from ICAL and felicitations of appreciation and excellence, joining the bridges across the world through her literary work!

Parvinder's poems are translated in various languages across the globe. She is honoured to be one of the 58 selected poets, whose poems are translated in Turkish and published in Turkey, the anthology book, "Poets from The World"

Her poems are also published among 231 great noble world poets, in the book "WORLD CONTEMPORARY POETS VOLUME 2"

A book, "The Women - Global Poetic Gems" is the Collection of Lyrical Poems By 35 International Poets, Parvinder is proud to be featured among one of these world renowned poets.



Her poems are reviewed by eminent writers, authors and also reviewers from Harvard University USA. From time to time her poems are featured in the various journals, newspapers and magazines across the globe.

She has collaborated her duet poems with poets across the globe.

She has also participated in the live poetry recitation among the global poets on google meet online and won the accolades!

Parvinder has translated a Historical chronological book, from Kosovo, written by Dibran Fylli "Prekazi Brezni Trimash-HE IS ALIVE" into her mother language Punjabi.

Parvinder's poems are music to the heart that express different aspects of life, conjuring up emotions from happiness to sadness using different styles and themes giving pleasure to the readers.



PORKODI M is currently pursuing B.Sc. OTAT at Saveetha College of Allied Health Sciences. Alongside her academic path in the healthcare field, she carries a deep passion for writing-a passion that allows her to explore emotions, experiences, and the quiet thoughts that often go unspoken.

Writing has always been her way of understanding the world and expressing the feelings that words often struggle to hold. To share this love for creativity, she runs her Instagram page @igniteechoesofsoul, where she posts quotes, reflections, and pieces inspired by everyday life, hope and human emotions.

Through poetry and short writings, she tries to touch hearts, inspire minds, and remind readers that even the smallest spark of positivity can create change. Her work often revolves around resilience, optimism and the inner strength we discover during difficult moments.

This poem reflects her belief that positive thinking is not just a habit, but a light that guides us through challenges, encourages growth, and shapes a better version of ourselves. She hopes her words continue to echo meaningfully in the souls of those who read them.



Ms. PRABHA KHADKA, a teacher by profession, hails from Kathmandu, Nepal. She draws her inspirations from nature to create poems and other genres of literature. Furthermore, she is passionate about photography. She considers that literature has power to create a bond among the hearts to save this world.



PREMA MURUGAN, an Indian resident of Mumbai City, is a graduate in Arts from the University of Mumbai, with a focus on Sociology and Psychology. A teacher by profession, poetess, and authoress, she is a writer by passion. A strong believer in positive attitude and spirituality, these values are often reflected in her poems. As a nature lover, she draws inspiration from the world around her to write and spread goodwill through beautiful words. Her writings are featured in various magazines, and she is a co-author of nine anthologies.

She is also the author of three books:

1. CELESTIAL HUES
2. Spilled Pearls
3. Shadows En'light

All her books are available on Kindle and Amazon.com!



PRIYALAKSHMI GOGOI is a poet from Guwahati, Assam. A teacher by profession with a love for reading, listening to music and cooking, she is a poet by passion. She writes poems based on various themes and loves to believe that Life's beauty unfolds with simplicity. Her motto: Be Simple, Live Simple. Her vivid poetry has seen the light in blogs, Instagram, editorial, e-magazines and popular newspapers in her locality. She is a co-author of a few

national and international Anthologies. She is also a World English Saino Writer and a Gogyohka USA writer. Her poetry has been globally appreciated and awarded in various literary contests and platforms. She believes her emotions through her poetry, can inspire people to see the wonder and beauty around them and can plant the seeds of change.



N. RAMAMANI SAMPATH is a poet, writer, educator, and Veena player with a passion for exploring the human experience through words and music. With a background in teaching and a love for literature, she weaves together personal insights, literary references, and natural imagery to create poems that reflect on hope and transformation. Her writing invites readers to contemplate their own journeys and the cycles of life, much like the rhythms and melodies that inspire her music.



RAM KRISHNA AGRAWAL, is a Resident of Noida, Uttar Pradesh. Holder of INDIA BOOK OF RECORDS 2024 for receiving maximum certificates and awards in art activities.

A science graduate by education but time has brought him in Fashion trade.

By Profession, he is in Fashion Industry, started his career as a Fashion designer, and later on gradually promoted to different levels. BUT by Passion, he is an Artist, a self-taught Painter.

Painting is one of his biggest hobby, which has turned up as his second profession. It is his medication to heal himself from the frustrations of world. Creativity has no limit and he wants to be limitless. He started doing abstract forms in the beginning, as he was highly impressed with the works of Picasso, did landscapes but now from last many years he is working on Indian folk and tribal arts like MADHUBANI and GOND. He is working on these arts in a modified way using watercolors/ acrylic colors and different pens, mixing new ideas and concepts with these traditional/tribal arts forming FUSION ART of his own signature style using updated tools to promote it and to glorify INDIA.

He has participated in numerous online and offline art exhibitions in India and across the globe and has been honored with many awards and accolades.



Prof. RANDY BROOKS is Professor of English Emeritus at Millikin University in Decatur, Illinois, where he teaches courses on haiku and Japanese poetics. He and his wife, Shirley Brooks, are publishers of Brooks Books and co-editors of Mayfly haiku magazine. His most recent books include Walking the Fence: Selected Tanka and The Art of Reading and Writing Haiku: A Reader Response Approach.



REEMY SARA MATHAI is a science educator and researcher who approaches teaching and academic work with clarity, curiosity, and a steady focus on learning. Her interests lie in helping students engage with scientific ideas in practical, understandable ways while contributing to research that supports her field. Outside her academic responsibilities, she maintains an active creative side. A lover of music, Reemy often turns to melodies, poems, and songs as a way to organise her thoughts and reflect on daily experiences. Writing serves as her quiet outlet, allowing her to ink down ideas that don't always fit into the structure of science. Balancing research, teaching, and creative expression, she continues to explore both scientific and artistic spaces with a thoughtful, grounded approach.



RIYA HAITH is a government employee from West Bengal. She completed her master's degree in English literature. She lost her parents at a very young age. She loves to paint her imagination with words. Riya is a bilingual writer. Her poems and short stories have been published in various magazines and anthologies in both Bengali and English languages and she has also written a novella.



ROOPA SUBRAMANI, the author of this work is a work in progress. She is a homemaker and an ordinary mom to two extraordinary kids whose lives she feels specially blessed to be a part of. She writes to express her heart's joy and feels utterly grateful to be a simple conduit for conscious awareness. She essentially believes that everyone has a unique passion within them that yearns to find an expression and when it finds the appropriate channel, it comes out as artistic endeavors and scientific discoveries that benefits humanity as a whole. And she truly feels that a simple and curious mind to know things is the basis for all understanding. Although spirituality is her primary intended goal towards living her everyday life, she can't help but see that it is in the small everyday things that she is best able to actually live the goal to its ultimate fruition.



RUPPESHWARI D is studying in class 11, Velammal Vidyashram, Surapet, Chennai. Her areas of interest include Mandala Art, drawing Anime (Japanese art), Nature painting, dancing, singing, home decor, yoga, and compeering. She is an outstanding student as far as academics is concerned and also excelled in co-curricular activities. In various art and craft forms, her curiosity has no bounds. She has won prizes in Poster making on various themes, Diya decoration,

clay modeling, and 'Best out of Waste' handicraft competitions. She has won prizes in Spell Bee competitions, and Olympiad National and International exams. She has won an award from the prestigious Pondicherry Art Academy. She makes intelligent moves in chess too. She has exhibited her passion for baking cakes, bread, and Japanese cuisine. She is a nature lover, interested in gardening, and has a very pleasant behavior.



SAHAANA SRINIDHI is a Grade 10 student of Maharishi Vidya Mandir. She is a curious and ambitious student who loves diving into creative projects. Whether it's sketching, dancing to the beat, belting out a song, treating the taste buds or penning down verses, she is always experimenting and trying something new. Her goal is to blend art and academics to make every day an adventure.



SAIPRAKASH KUNTAMUKKALA is an advocate by profession and a poet with passion. He has nearly 3000 poems to his credit, winning many accolades including Gujarat Sahitya academy certificates. His poems are translated into 30 National and international languages. His poems are featured in more than 15 international Anthologies.



SAMIHA MAHNOOR is a postgraduate biotechnology student with a strong foundation in microbiology, cell biology, and bioinformatics. She explores the intersections of science and creativity, expressing her ideas through poetry, photography, and calligraphy. Alongside her research interests, she pursues these creative fields as personal passions, with her work shaped by curiosity and a commitment to thoughtful expression.



SARANYA FRANCIS is a multilingual poet, English lecturer, life skills trainer, faculty facilitator, women empowerment activist and educationalist. She has to her credit three published anthologies of poetry titled Being Purple, Ambedo and Sonder.

As a teacher facilitator, Saranya has trained several batches of teachers at CHORD Schools, Hyderabad under the banner of ReGuru - a teacher training initiative by ZAV Foundation, She has also trained Principals and staff of Karnataka Residential Educational Institutions Society in language teaching techniques and classroom management, her training skills have also benefited women self-help groups across the country in setting up SHGs. She has been a trainer with Ignitors, a training initiative of the Bangalore Jesuit Educational Society, since 2010.



She Edited *Antargata* (2020), Co-edited *Confluence I* and *II* (anthology of collaborative poetry). Saranya is the curator of the monthly poetry open mic of Bangalore Poetry Circle. Her poems are published in several esteemed anthologies across the globe such as *Destine Literare*, Canada; *Limca Book of Records Entrant - Amaravati Poetic Prism*, India; and *Pan Indian Poetry in English Spanning First Two Decades of 21st Century*. Apart from poetry she has assisted the establishment of POSH cells in organisations, women self-help groups, entrepreneurial ventures for women in need and driven campaigns for child rights while representing the nation as a youth activist in conferences in Rome, Bangladesh and Canada. Saranya Francis is currently an Assistant Professor of English at ST PAULS COLLEGE, Bangalore and the Secretary of ZAV Foundation.

An accomplished poet, Saranya is the recipient of Star Ambassador of World Poetry (2019), Bharat Award for Literature (2018) and Rabindranath Tagore Award for Poetry (2017). Her most recent poem is published in the Sahitya Akademi New Delhi anthology titled *Vibrant Voices*.



B.S. SAROJA is a bilingual poetess from Karnataka. She is a graduate in Science, post graduate in Kannada, her mother tongue and a diploma holder in commerce. She has worked as Personal Secretary to the Managing Director of a business organization for



ten years. She loves reading novels. Her Kannada articles, short stories and poems have been published in periodicals and other magazines. She is very passionate about English poetic forms. She has around two thousand poems to her credit. Many of her poems have been published in national and international poetry anthologies both on line and paperback. She has co-authored many poetry books. She has received many accolades, Rabindranath Tagore literary award from India Universe poetry group and Gujarat Sahitya Academy award from Motivational Strips poetry community apart from other few. She loves writing poetry in different forms.



SARRAH M.K. is 14 years old studying in Vruksha Montessori School. She is passionate about sports, especially football, and she loves staying active and challenging herself. She also enjoys writing poems, which helps her express her thoughts and feelings in a creative and personal way. Overall, she is someone who loves both movement and creativity, and she is always excited to keep growing and discovering more about herself.



Mrs. SETALURI PADMAVATHI, a postgraduate in English Literature with a B.Ed., has over three decades of experience in the field of education. She held various positions like the Head of the



Department of English, Academic Coordinator, Principal and Teacher during her professional career. Writing has always been her passion that translates itself into poems of different genres, short stories and articles on a variety of themes and topics. She is a bilingual poet and writes poems in Telugu and English. Her poems were published in many international anthologies and can be read on her blog setaluripadma.wordpress.com. Padmavathi's poems and other writings regularly appear on Muse India.com, Boloji.com, Science Shore, Setu, Inner Child Press Anthologies and Poemhunter.com.



SHAAVON RAFAEL R, a 7th-grade student at St. Michael's Academy in Chennai has recently been introduced to Science Shore by Brindha Mam. He is a keen learner with a growing interest in both academics and extracurricular pursuits. In his leisure time, Shaavon enjoys sketching, which allows him to express his creativity and imagination through art. He also plays the keyboard, reflecting his enthusiasm for music and artistic development. With a balanced dedication to studies and personal interests, Shaavon continues to explore new skills and opportunities that enrich his learning journey.



SHALINI NANDKEOLYAR is multitalented! She is a gifted writer, singer and painter. She has a diploma in acting from the New York Academy of Theatrical Arts. She has degree in English Literature, Philosophy and Business Management. She enjoys writing poetry both in English and Hindi. Her poems are deeply philosophical and full of beautiful imagery. Her poems have been published in a number of literary journals, Anthologies and magazines.



SHALINI SAMUEL hails from Kanyakumari, where she forged a career as a poet, published author, and Senior Content Writer at KAI Marketing. Her verses resonate with emotion. Her written works, spanning poetry and business content, captivate readers. Shalini's roots in the vibrant and culturally rich region of Kanyakumari have undoubtedly influenced her creative spirit, infusing her work with a touch of the region's unique charm. With a keen understanding of the power of words, she loves to write and inspire people to think beyond.



SHANMATHY S is a PhD scholar at the Biomaterial Laboratory, Sri Ramachandra Institute of Higher Education and Research, Chennai, where she works under the guidance of Dr. Balaji Raghavendran. With a background in Biotechnology at both undergraduate and postgraduate levels, she enjoys working at the



intersection of biology and material science. Her research focuses on developing biomaterials for tissue engineering and regenerative medicine. She enjoys exploring unanswered questions and sharing science beyond the lab.



SHARADA ARUN is a eleven year old young girl studying in Vruksha Montessori school, under Mrs. Vidya Shankar mam. She has written a few articles for her elder sister's magazine, having a little experience in writing for magazines. In her spare time, she enjoys drawing, singing and playing soccer with her twin.



SHINY VIKAS is a poet, blogger, and free thinker. She lives in Cochin, India. A graduate of the Bachelor of Arts, she holds her certification in media and journalism from Ashutosh College, Kolkata. She is working as a customer relationship manager with Trail hunters Tour Planners Pvt. Ltd, India. She has recently been part of a beautiful anthology, "The Land of Unfree laborer's", by Dr. Ujjwala Kakarla, depicting the struggle and challenges of the farmers and street vendors. She has contributed to "SOUVENIRS OF INDIAN POETRY IN ENGLISH 2024, Mother- An Eternal Soul, a beautiful heart-touching poetry anthology by Orbindu Ganga.





SINCHANA PALLAVI is a second-year BA student. She loves learning about people, she loves all things that reflect beauty and wants to pursue LLB after her dabble with Journalism Literature and Psychology.



SREE JANANI. M, 6 E student of RMK Patashaala, Kavaraipet. She is a passionate in drawing, painting and crafts. She also has a good academic record with a keen interest in mathematics and EVS. She is good classical dancer and devotional singer. Her aim is to pursue a career as a Chartered Accountant.



SRISHTI SARPAMALE is an 11 year old 6th grader, who loves science, math, and writing. She is in her school's Student Council and is a Black Stripe in taekwondo.



STELIANA CRISTINA VOICU is a Romanian poet and writer in a variety of genres. She started to write poetry and began studying Japanese when she was twelve, and turned to haiku at twenty years old. She has published haiku, haiga, tanka, poetry, and short prose in Romanian, English, French, and Japanese in more than 40 periodicals and anthologies. A Touchstone Award-nominated poet, she has been listed on the European Top 100 most creative haiku authors every year from 2012 through 2023. She won



First Prize in the Wild Plum International HaikuContest (Poland, 2015), First Prize in the Fleeting Words Tanka Contest (United Haiku and Tanka Society, 2015), Third Prize in the Prix Jocelyne-Villeneuve competition (Canada, 2017), Third Prize in the Kusamakura Haiku Competition (Japan, 2023) and an Honorable Mention in the Fujisan Tanka Awards (Japan, 2023), among others. She is the editor of the online Enchanted Garden Haiku Journal, which she founded in 2023, and resides in Ploiești, Romania.



SUJATA PATNAIK likes scribbling diagonally on half torn papers and moth eaten , jaundiced dairies . She says," I am a thinker who loves humanity deeply". She was a lecturer in Economics in Vikram Dev College, Jeypore, Orissa. Economics never was her favorite subject, Physics and English Literature being her favorite ones. She loves watching the sky which keeps her grounded. According to her sky is the greatest Epic ever written. She can be reached at minustuti@gmail.com



SULAGNA KAR is a lecturer in Sociology since 20 years. She is a writer in poetry platforms like Global writers academy, Motivational Strips, Oxygen pen, Chaucer's square International online poetry



platforms. She is a bilingual poet, she writes in English and in Odia native language. Her hobbies are travelling and writing poems.



TANISHA A.V.RATHOD is a Class 9 student at Vruksha Montessori School. She has a deep interest in the performing arts, especially dancing, which has always been a meaningful part of her life. She recently wrote her first poem, and although she initially struggled to find inspiration, she chose to write about Vidya Shankar ma'am—an educator whose guidance and presence have had a strong influence on her. This experience encouraged her to express her thoughts more confidently and explore her creative side



A THAVEEDU is a student of class 7 from PUMS (Panchayat Union Middle School), Neduvarambakkam. He is very talented and smart in studies. He is always willing to do something challenging and very interested in drawings and paintings. His aim is to become a soldier to protect the country.



Dr. THIRUPURASUNDARI C J (DAZZLE), a cheerful Biochemist and Molecular Biologist, owns a University rank and Gold medal in her Bachelors and Masters respectively. She fetched her state and



national level fellowships for Doctoral studies. She started her research and teaching experience at a Diabetes Research Hospital. She is recognised as someone who teaches with passion. She took this ethos to a school, also excelled as Assistant Professor in a reputed University, Chennai and then as a Senior researcher at the Vector Control Research Centre and Indian Institute of Horticultural Research. She has PG diplomas in Bioinformatics, Clinical Research and Patent Rights. She has participated in national and international scientific conferences and has published her research findings in peer-reviewed journals. Cancer, Diabetes and Horticulture are the fields, she has traversed. Her passion for writing has opened an avenue to be a freelancer for a UK based company. Her other passions include yoga, sudoku, poetry, sketching, gardening and experimenting new cuisines. Besides a Science content writer, an Editor for "Science Shore" e-zine, she has published her oeuvres in Bangalore Poetry Circle (Antargata), Adisakrit (Green Awakenings), Positive vibes, Chennai Poets' Circle (Efflorescence), Indian Periodicals, International Writers Journal, Inner Child Press International, INNSAEI and other anthology groups. Her oeuvres are also available on literary platforms like Muse India-Your Space, Story mirror, Pratilipi and others. She draws inspiration from others!



URJA MEHTA is a 14-year-old student at Vruksha Montessori School with a strong interest in Science. Outside of academics, she enjoys writing poetry and short stories, and spends her free time sketching or reading. She likes learning about unusual or new topics and turning them into creative pieces.



VAISHNAVI SAMANTARAY born in Odisha, on 10th August 2012, is an eighth standard student, studying in Notre Dame Academy, Patna. She is presently staying with her parents. Her father is a Banker by profession and mother is a self-made artist. Vaishnavi likes dancing, writing poems, listening to music and sketching. She also plays the keyboard. She is also a Bharatanatyam dancer. She helps her mother in the kitchen. She aspires to become a space scientist.



VAISHNAVI VINOD KUMAR, a student of ST PAULS COLLEGE pursuing a triple major in BA Psychology, Journalism, and Literature, hailing from the culturally rich state of Kerala. With a passion for content creation, she thrives on weaving compelling stories and that inspire and comfort readers. Beyond her academic pursuits, Vaishnavi is an enthusiastic performer, indulging in dance, singing, and various cultural activities. With this limerick being her first published work, Vaishnavi aims to make sure her creative voice is heard.



Dr. VAITHIANATHAN KANNAN PhD is a Wildlife Biologist & Ecologist. Works on policy, ecology & environment, environmental impact assessment, and conservation issues relating to Wildlife & Biodiversity.
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VARSHA SARAN is an entrepreneur, cofounder of Naturebasics, bilingual poetess, story writer living in Meerut, Uttar Pradesh, India. She did her post-graduation from Charan Singh University, Meerut. Many of her poems and stories have been published in different international anthologies, e-zines, magazines and newspapers. Her poems have been published in Setu, Diff truth, Glomag, Amravati poetic prism, Atunispoetry, Raven cage e-zine, Bharath Vision, ALS international, Kubuli poems and Sarita Magazine. She has won many awards in writing.



VIBHISHRI VINODH is currently enrolled in Class 6 in Canada.
Her hobbies include drawing, playing badminton, and learning Bharatanatyam. Math(s) is her favourite subject.



K YABESH, is a student of class 7 from PUMS (Panchayat Union Middle School), Neduvarambakkam. He is an excellent and intelligent student with a gift of drawing and painting. He is excellent in academics also.