

# SCIENCE SHORE

exploring the ocean of life

CONTRIBUTORS

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Miss. ALEENA R. BRIGHT is a Standard Eighth student of Chinnamma Memorial Girls High School in Trivandrum. She lives with her parents and grandmother in a farm where she helps her parents to tend to the animals and fowls. Her main hobbies are photography, painting and doodling.



ANANTHAKRISHNAN C.N is pursuing his bachelor's degree in Mechanical Engineering at Loyola ICAM College of Engineering and Technology, Chennai. He is a district level cricket player and has won many man of the match awards and best bowler awards. He is a Carnatic vocalist. He has taken part in many intercollegiate debate competitions and other cultural activities. He is an active member in his college Rotaract club. He has great leadership qualities and very optimistic in nature.



A ANNAPURNA SHARMA is a Deputy Chief Editor of Muse India, literary e-journal. Her works are forthcoming, or have appeared, in Westward Quarterly, Mad Swirl, International Writers journal, Spark, Destine Literare, Reader's Digest, Women's Era, Assam Tribune, Active Muse amongst others. She also contributes book reviews to Muse India and Triveni Journal. A nutritionist by profession, but a writer at heart, her maiden book of poems, Melodic Melange was appreciated for excellence, 2019(Pulitzer Books). Her poem was shortlisted for All India Poetry Competition, 2017 conducted by The Poetry Society of India.

Email: aannapurnasharma@gmail.com



CATHERINE CHRISTINAL E is a student of class twelve. She is passionate about writing, particularly mystical poems and journals. She has composed more than 30 poems on various topics such as self love, feminism, friendship, empathy and transitory nature of life. She has also explored others forms of poems such as villanelle.



G.GAUTAM is studying in eleventh class (Science group) in Navy School, Mumbai. His hobbies include playing guitar, photography and doing research work. He loves to learn new concepts in Math, how Math evolved through the years and also loves to know about how contradictions and paradoxes arise in Math. He recently completed his initial level guitar exams conducted by Trinity College of London in both acoustic and electric guitar with distinction and he is currently preparing for the next level exam. This year, he has also started learning Sanskrit out of interest and he is enjoying learning the language.



GITA BHARATH has enjoyed five years of teaching middle school before starting on a banking career lasting thirty four years. Now, happily retired, she focuses on reading, writing, crossword puzzles and kolam art. She has lived in Jamshedpur and Bombay before settling in Chennai. She has published four volumes of poetry. Her first book Svava comprises three hundred poems, including narrative, humorous and philosophical verses. Her work has featured in International anthologies and won prizes from Literoma, Asian Literary Society, Story Mirror, etc. She is currently working on a series of children's stories and poems about historical figures.





HEMA RAVI is a poet, reviewer, critic and editor of Efflorescence (published by the Chennai Poets' Circle). She writes metrical verses, haiku, haibun, tanka, and 'verslibre.' Her verses have been featured in several online and international print journals, noteworthy among them being the International Writers Journal and the Amaravati Poetic Prism. A few haiku and form poems have been prize winners. As Secretary of the Chennai Poets' Circle, she encourages novices and young writers to unleash their creativity. Her write-ups have been published in the Hindu, New Indian Express, Femina, Woman's Era, Chompak, Gokulam, International Indian and Khaleej Times, among others. Anecdotes featured in the Femina, International Indian and Khaleej Times fetched her gift-hampers as prizes. She is the author of 'Everyday English,' 'Write Right Handwriting Series 1, 2, 3' co-author of 'Sing Along Indian Rhymes' and 'Everyday Hindi.' She scripted, lent voice support for 'Everyday English with Hema', series of English lessons broadcast by the Kalpakkam Community Radio. After a stint in the Central Government, she has been in the field of education for over two decades. Currently, she is a freelance trainer for IELTS and Communicative English. She is known to motivate learners to their fullest potential, facilitates their all-round development, and urges them to be excellent all-rounders.  
Contact: hemaravi24@gmail.com



JAYALAKSHMI born into an ancient aristocratic agricultural family, Karindalam in Northern Kerala, graduated from St. Teresa's college, Cochin. An ardent seeker of indescribable lustre of spiritual ecology, her writings have been an adventurous foray into the unknown, yet seductive glimmer of its mystery. An online critic and poet, a soul tormented by the miseries of humans, animals and every ailing element in our Eco system, she has always been with her loved ones, house between the family plantations in the lap of Western Ghats greatly influenced by the traditional moorings, the kavus, theyyams, the rendition of scriptures, she was reading herself for a spiritual quest, a foray into the unknown terrain and writing came naturally, and these spiritual ecological passion and longings radiates in her poems. Married to Dr. C.K Narayanan, a pediatrician, they are blessed with 2 children.



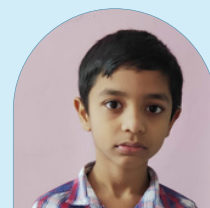
JAYASHREE MISHRA is a home-maker based out of Hartford, Connecticut. She is originally from Sunabeda, Odisha. She was an assistant professor at GIET, Bhubaneswar prior to moving to the United States. She has pursued her MBA in the stream of HR and Marketing. Her passions include teaching, public speaking, acting and cooking. She owns a YouTube channel - Cook Smile Share where she uploads her recipes. She has won the Vice Channelers Debate Cup conducted by the Berhampur University. She was a literary champion during her college career. She was an active member of the Youth Red Cross Society and National service scheme.



JELLIE N.WYCKELSMA, a retired teacher librarian, was born in The Netherlands in 1935 and came to Australia in 1958. She spent her professional life in Public, Commercial/Special, and School Libraries until her retirement in 1996. Her Published works: Co-author of three anthologies of poetry: *She's Apples* (1996) and *She ate a Bowl of Poetry* (1997), *Adrift ...* (2018). Poetry: *Life's a Bra Strap* (2014), and *Flowers of the Soul* (2016), *And the Poetess speaks...* (2019) Novels: *Crossing the Bridge at San Remo* (2011), *The Photograph and the Diary of the Daughter* (2012). Novellas: *Once upon ... a Night* (2013), *Veering off course* (2014), *Life's better with a Book* (2014), *Wild Waves* (2015), *The Dog Walker* (2017). Short Stories: *Diving in at the Deep End* (2016). Non-Fiction: *Probus Club of Anderson's Inlet Inc.: 1995-2015; twenty years in a nutshell* (2015). A novella *Wild Fire* (2020) is ready to go into print. Other works, poems and short stories, have been published in various periodicals and anthologies in Australia, India and in The Netherlands.



JULIAN LENJU is a student of Guardian Public School. He is studying in Grade 3. He loves to play with colours. An untutored painter, his paintings are on subjects he likes.



D. KADAMBARI is a creative, eight year old girl from Chennai. She is in the third grade in Academics Redefined Model Indian School (ARMI), Pammal, Chennai. She loves to draw pencil sketches of her favourite cartoon characters and does a lot of painting with water colours and acrylic paint on canvas. She is currently learning the basics of drawing through formal training. She also loves to do yoga and has been actively practicing from the age of four. She recently participated in a world record. She is so passionate about science and always curious about exploring scientific facts. She received the academic excellence award consecutively for the past three years and hopefully many more to come. She wants to be a science teacher when she grows up!!



Ms. KAMAR SULTANA SHEIK is a poet, writing mostly on themes of spirituality, mysticism and nature with a focus in Sufi Poetry. A post-graduate in Botany, she was educated at St. Aloysious Anglo-Indian School ( Presentation Convent, Vepery) and completed her degree from SIET Womens' college, Chennai. Her professional career spanning 18 years has been in various organizations and Institutions including the IT sector. She is a self-styled life coach and has currently taken a break to focus on her writing full-time. Sultana has contributed to various anthologies and won several prizes in poetry contests. A green enthusiast, blogger and content-writer, Sultana calls herself a wordsmith. Her debut work (a CovidTimes release), "The Golden Dawn" won the prestigious Poet of the Year Award from Galaxy Foundation. Sultana can be reached at: [sultana\\_sheik@yahoo.co.in](mailto:sultana_sheik@yahoo.co.in) or 9940198086.



## KEREN CELESTINA MENDONCE

Career objective: A motivated student with a dedication to efficiently fulfil her duties in a professional environment that will utilize the potential in her.

### Academics

2021-2023 M.Sc Biotechnology from SRM Arts and Science college, Kattankulathur, Chennai, Tamil Nadu, India.

(EXPECTED)

2018-2021 B.Sc Plant Biology and Plant Biotechnology from Madras Christian College, Chennai, Tamil Nadu, India.

FINISHING YEAR-2018

12th CBSE in Indian School Bahrain, IsaTown, Bahrain.

FINISHING YEAR-2016

10th CBSE in Indian School Bahrain, IsaTown, Bahrain.

Skills: Communication and Hosting Laboratory Instrumentation, Problem solving, Teamwork and organization, Critical thinking and decision making, Leadership, Time management and Innovation

Interests: Photography, Acting, Script writing, Event Management, Travelling

Languages: English , Tamil, French , Malayalam.

Address : G1, Cedar Homes, Royal court, Rajakaniammalstreet,Nemilicherry, Chrompet,Chennai 600044. She can be reached at kerencelestina452000@gmail.com



## G. KISHORE KUMAR

Career Objective: A motivated student with a dedication to effectively fulfill my duties in a professional environment that will utilize the potential in me.

Academic: 2019 – 2022: B.Sc Biotechnology SRM Arts and Science College, Kattankulathur, Chennai, Tamil Nadu Finishing.

2018: 12th Matriculation in Vellammal Matriculation higher Secondary School, Chennai, Tamil Nadu

2017: 10th Matriculation in GRT matriculation Higher Secondary School, Chennai, Tamil Nadu

Skills: Communication and Hosting, Laboratory Instrumentation, Problem Solving, Team work and organization, Leadership.

Interests: Writing Books, Travelling, Researching, technical skills.

Languages: English, Tamil, French, Telugu



Rtd. Prof. LATHA PREM SAKHYA was born in 1959 to Tamil parents. After 30 years of teaching, she retired as Head of the Dept of English from Marthoma College for Women, Perumbavoor. While in service, she entered the world of writing by publishing her poems –“Memory Rain” in 2008, “Nature at the Doorstep”(2011) a blend of her musings, paintings and poems and a collection of poems titled “Vernal Strokes”(2015). Her poems are published now in reputed journals and anthologies. Her stories for children and her reflections are published in e- magazines and anthologies. She contributes stories and poems regularly for “Little Hands” a children's monthly print magazine and to “Literary Vibes”, a prominent weekly e journal. She has co-edited several poetry print Magazines, poetry anthologies and e- magazines. She is a member of three prominent writers' groups - Poetry Chain based in Thiruvananthapuram, Kerala; Aksharasthree - the Literary Woman, based in Kottayam, Kerala; and India Poetic Circle, based in Chennai, Tamilnadu , besides many other online poetry and painting groups. She has a passion for painting. Though untutored, she works with oil, acrylic and watercolor and has done more than 50 paintings and has participated in three exhibitions.



MADHUMATHI. H, A bilingual poet-writer (Tamil, English), is an ardent lover of Nature, Poetry, Photography and Music. Her poems are published in Anthologies of The Poetry Society(India), AIFEST 2020 Poetry contest Anthology, CPC- Chennai Poetry Circle, IPC – India Poetry Circle, Amaravati Poetic Prism, and in e -zines UGC approved Muse India, Storizen, OPA – Our Poetry Archives, IWJ - International Writers Journal, Inner Child Press International, Positive Vibes-Literary Vibes, and Science Shore.



“Ignite Poetry”, “Arising from the dust”, “Painting Dreams”, “Shards of unsung Poesies”, “Breathe Poetry” are some of the \*recent Anthologies her poems, and write ups are part of.  
(\*2020 - 2021).

Madhumathi has participated in CAB (Connecting Across Borders) International Poetry Webinar - Women, 2020, and in the International poetry Conference 2021 on the theme Constructive and Respectful Debate, that connected poets, writers, scholarly souls across the globe, exchanging profound empowering ideas through art, and healthy debate. Besides Poetry, Madhumathi writes on Mental health, to create awareness and break the stigma, strongly believing in the therapeutic and transformational power of words.

Contact: madhumathi.poetry@gmail.com

Blogs:

<https://madhumathipoetry.wordpress.com>

<http://madhumathikavidhaigal.blogspot.com/?m=1>

T.S MANOHAR is a small time freelance writer contributing to The Hindu, Bhavans journal and a few online magazines. He firmly believes in highlighting social issues for the well being of the society and humanity. Precisely why, he keeps his narration simple and direct to rub positivism on the readers. He has graduation in Economics and Law from Madras University. Playing cricket and other team games empowered him to be part of a group for a common cause. Growing up in a joint family taught him the values of caring and sharing. Employed with airline for over three decades and more has taken him across the country and beyond. This enabled him to interact with a cross section of society and a great learning experience. Volunteering as an administrator for an NGO gave him an opportunity to serve and realize the purpose of life. He makes constant affirmations to better himself and make this world a better place to live in.



K. MONIKA is a 12th grade student passionate about writing, poetry in particular. She is also a good English orator. She has penned more than 60 poems on various topics. Two of her poems were also published in Efflorescence 2020(anthology of poems).A top contestant of Kings of comedy juniors, she has participated in various shows in Vijay TV.



D.M. MUKUNDHAN is a student of class IV at Velammal Vidyalaya, Poonamallee. He is interested in all cultural activities and talented in oration which makes him as the inevitable person in almost all of his school activities and school prayer sessions. He won considerable number of prizes in story narration and sports activities. He is very much interested in playing outdoor games and play in picture puzzle and hidden pictures. He loves to watch stories, cartoon, animation and comedy movies. Likes to draw vehicles in Microsoft paint, loves music and learning keyboard and silambam. He is very eager to know new things by asking many repeated questions till he understands. He shows more interest in Tamil and doing Mathematics. He has a YouTube channel to display his interest and activities which contains more than 140 videos in different aspects including music, speech, drawing and solving puzzles. Link to his YouTube channel – [bit.ly/DMMuTube](https://bit.ly/DMMuTube)



Dr. (MAJOR) NALINI JANARDHANAN, is a Family Medicine Specialist who served in Indian Army Medical Corps as an Army Medical Officer in the rank of Major. She is a popular writer of Kerala who got Katha Award and a writer of many medical books for which she got IMA Sahithya Award. She is an Akashvani (All India Radio) and Doordarshan approved artist of Ghazals and Bhajans [Light Music]. She is felicitated with many Awards for her contributions towards society as a Doctor, Singer, Writer, Army Officer and for her Social service.



NEHA S CHAKRAVARTHI is a student of Class 11. Her passion has been to pen down her feelings and observations around her about her loved ones. A few of her poems have been published in her school journal. She is grateful to her parents, teachers and friends for being her greatest support and all-time inspiration in this journey. When I breathe words...

[https://www.amazon.in/dp/1005158878/ref=cm\\_sw\\_r\\_apan\\_glt\\_i\\_ZNT3YJAWY2C3D183Y9QE](https://www.amazon.in/dp/1005158878/ref=cm_sw_r_apan_glt_i_ZNT3YJAWY2C3D183Y9QE) is her first venture as a writer. 'When I breathe words...' is a collection of poems of varied themes. The book is available for sale on Amazon, Flipkart, on the website of BookLeaf Publishing and in all leading stores.



Contact: [nehasbmhss@gmail.com](mailto:nehasbmhss@gmail.com)

ORBINDU GANGA is the co-founder and literary research editorial director of INNSÆI: International Journal of Creative Literature, Art, Research, and Translation for Peace and Humanity. He is a post-graduate in science and the first recipient of Dr Mitra Augustine gold medal for academic excellence. He worked in financial, banking, and publishing domains. He proved his finesse as a soft skills trainer and client relationship manager. He is an author, editor, publisher, consultant, certified life coach, creator of Subconscious Observation Belief System (SOBS), mindset coach (SOBS), spiritual mentor, content writer, poet, sketch artist, and researcher. He has published articles, short stories, research papers, and science articles.





RAJA MARTIN. B is currently a Government servant. Agriculture is his first passion. Others are reading, painting, craft work with cement, for creating objects for decking homes, gardens, etc. He believes people have enough time to pursue their passion and it is only a matter of time management. His magic mantra for everyone is, "Make your passion for creativity a routine". Mob. No with Whatsapp - +917907608015.



S.V RISHITA is a student of class 5 and has a great interest in art and sports. She is passionate about all that she takes up. The nationwide lockdown was a boon to her as she was able to explore her interests. She now has a YouTube channel of her own. Rishita also holds a yellow belt in Karate.



ROOPA SUBRAMANI, the author of this work is a work in progress. She is a homemaker and an ordinary mom to two extraordinary kids whose lives she feels specially blessed to be a part of. She writes to express her heart's joy and feels utterly grateful to be a simple conduit for conscious awareness. She essentially believes that everyone has a unique passion within them that yearns to find an expression and when it finds the appropriate channel, it comes out as artistic endeavors and scientific discoveries that benefits humanity as a whole. And she truly feels that a simple and curious mind to know things is the basis for all understanding. Although spirituality is her primary intended goal towards living her everyday life, she can't help but see that it is in the small everyday things that she is best able to actually live the goal to its ultimate fruition.



RUPPESHWARI. D is a class 7 student of Velammal Vidyashram, Surapet, Chennai. Her areas of interest include drawing, craft, dancing, singing, home decors and compeering. She is an outstanding student as far as academics is concerned and also excelled in co-curricular activities. In various art and craft forms, her curiosity has no bounds. She has won prize in fancy dress, poetry recitation, storytelling, Diya decoration, clay modeling and 'best out of waste' competitions. Has won prizes in Spell Bee competitions, Olympiad national and international exams. She has won award from the prestigious Pondicherry Art Academy. She is learning to draw Anime, a Japanese art. She has been pursuing Carnatic music from the age of 5years and has performed on stage on various occasions under the guidance of her music teacher. She makes intelligent moves in chess too. She has exhibited her passion for baking cakes and breads. She has also tried her hands-on Japanese cuisine recently. She is a nature lover, interested in gardening. She mingles with people of all age groups with no inhibitions and has a very pleasant behavior.



SAMANVITHA SADEESH is a young art virtuoso from Mississauga, Canada. Her main art interests include canvas painting with acrylic paint, painting with watercolour, and sketching with a pencil. She has diverse interests outside of art ranging from nature, to music, as she is an excellent Carnatic singer and budding Carnatic violinist as well. This art piece is inspired by some beautiful flowers she saw in the spring blooming season. Happy viewing!



Dr. SANGITA KALARICKAL lives at the corner of Science and Literature. An exhilarating encounter with a fast soliton on a beach in Mumbai, inspired her to change her life path from that of a successful college Mathematics lecturer to a Physicist. She went on to pursue a second Master's in Physics and continue to a PhD and other academic endeavors.

Sangita's creative side always simmered along, however. Her poems and stories have been published in various poetry, haiku and fiction magazines and anthologies based in the US and India. Currently she is working on her chapbook of poems. In her day job, she is now at Seagate Technology working at the cutting edge of technology. Dr. Kalarickal lives in Minnesota, USA, with her husband, kid, and the several fantasy characters she writes about.



Mrs. SETALURI PADMAVATHI, a postgraduate in English Literature with a B.Ed., has over three decades of experience in the field of education. She held various positions like the Head of the Department of English, Academic Coordinator, Principal and Teacher during her professional career. Writing has always been her passion that translates itself into poems of different genres, short stories and articles on a variety of themes and topics. She is a bilingual poet and writes poems in Telugu and English. Her poems were published in many international anthologies and can be read on her blog [setaluripadma.wordpress.com](http://setaluripadma.wordpress.com). Padmavathi's poems and other writings regularly appear on [Muse India.com](http://Muse India.com), [Boloji.com](http://Boloji.com), [Science Shore](http://Science Shore), [Setu](http://Setu), [Inner Child Press Anthologies](http://Inner Child Press Anthologies) and [Poemhunter.com](http://Poemhunter.com).



SHINY VIKAS is a poet, blogger, and a free thinker. She has been recently part of a beautiful anthology, 'The Land of Unfree Labourers', by Dr. Ujjwala Kakarla, depicting the struggle and challenges of the farmers and street vendors. She considers it as a broad experience to write the real-life stories personally narrated and shared with the street vendors. A graduate in the Bachelor of Arts, she holds her certification in Media, Journalism, from the Ashutosh College, Kolkata. She worked as the Passenger Service Executive in the Sharjah International Airport with Sharjah Aviation Service. She has taken a short break from work and shifted to her hometown Kerala. She loves to explore varied movements of life and feels our true nature is to be connected to the earth. We are at peace when we realize that nature and the laws of nature play a major role in world peace. A strong believer in the Law of karma. She loves to explore life as a beautiful and learning experience. She believes in the therapy of writing that creates a perfect balance with the universal law of peace and humanity.



SNEHA PRABHU is a student pursuing BCA in a renowned college at Bangalore. She works as an intern at "UNBOX: Gamification Team". Her ambition is to come up as an Administrator to her own Education Charity Trust. She loves to spend maximum of her free time speaking to people (mingling with new ones). She is confident and actively participates in events conducted in college as "An Organizer and Volunteer" and has played a successful role in all involved events. She loves travelling. She is cheerful, motivates her friends and guides them in need.  
"Day by Day nothing changes, but when you look back everything is Different".

Email ID: snehaprabhu136@gmail.com

Dr. SUJATHA.R completed her PhD from Anna University in 2021. Her Ph.D. topic was Studies on isolation, characterization, purification and immobilization of a carboxyl esterase from *Aeromonas caviae* MTCC7725. She has published papers and book chapters.

Papers published :

1. Enhancing the stability of a carboxylesterase by entrapment in chitosan coated alginate beads  
(<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6353290/>).

2. Graphene oxide as an adsorption matrix for the immobilization of porcine liver esterase and carboxyl esterase from *Aeromonas caviae* MTCC 7725 ( under review in Biocatalysis and biotransformation)

Book chapters

Plant pathology- diseases in plants (A Complete Guide for Experimental Procedures in Life Sciences-A Complete Guide for Experimental Procedures in Life Science)

Basics in biology experiments –step towards a long-term exploration

Acquaint with instruments in the lab - often a neglected event

Introduction to research –startup for PG projects

Health and Wearable Sensors for Pervasive and Personalized Healthcare (Akinik Publications)

Contributed many scientific articles for an online bimonthly magazine-Science Shore ([scienceshore.com](http://scienceshore.com))

Projects guided

Guided final year M tech and B tech students for their dissertation work

Guided students of class XII who participated in Research science initiative summer program during the course of PhD



## Online certificate courses

Design and make Infographics (project centered course)- Michigan state University- Coursera.org (June 2020)

Writing in the Sciences (with Honors) – Stanford University-coursera.org (July 2020)

## Professional exposure

Interned at IIT Madras in the department of Biotechnology in Developmental Genetics. (Dissection of pattern formation in slime molds using chemical genetics (2010-2011)).

Her contact details : Email:sujatha.raghu@gmail.com. Mobile: 805624271

N.THIRUMAGAL is presently working as an Associate Professor of English in Government Arts College, Melur in Madurai,Tamil Nadu.

Dr.THIRUPURASUNDARI C J (DAZZLE), a cheerful Biochemist and Molecular Biologist, owns a university rank and gold medal in her Bachelors and Masters respectively. She fetched her state and national level fellowships for Doctoral studies. She started her research and teaching experience at a Diabetes Research Hospital. She is recognised as someone who teaches with passion. She took this ethos to a school, also excelled as Assistant Professor in a reputed University, Chennai and then as a Senior researcher at the Vector Control Research Centre and Indian Institute of Horticultural Research. She has PG diplomas in Bioinformatics, Clinical Research and Patent Rights. She has participated in national and international scientific conferences and has published her research findings in peer-reviewed journals. Cancer, Diabetes and Horticulture are the fields, she has traversed. Her passion for writing has opened an avenue to be a freelancer for a UK based company. Her other passions include yoga, sudoku, poetry, sketching, gardening and experimenting new cuisines. Besides a science content writer, an editor for "Science Shore" e-zine, she has published her oeuvres in Bangalore Poetry Circle (Antargata), Adisakrit (Green Awakenings), Positive vibes, Chennai Poets' Circle (Efflorescence), Indian Periodicals, International Writers Journal, Inner Child Press International, INNSAEI and other anthology groups. Her oeuvres are also available on literary platforms like Muse India-Your Space, Story mirror, Pratilipi and others. She draws inspiration from others!





UMA HARIHARAN , a teacher by profession for more than two decades and continuing with the same till date heading an institution presently, has received several awards for bringing out innovative techniques in Jamshedpur school. She is an internal quality auditor, currently teaching English and Social Science. As a music lover, she learnt Carnatic classical and she was born and raised in Kolkata, the city of joy. Since two years, she has been making organic soaps, shampoos, conditioners, lip balms, creams and creamy bars. She has started selling in recent times and has been sending all over India and also getting repeated orders. She can be contacted in 9698777822. She is also into making customized soaps as per needs. She is an ardent devotee of Lord Krishna and Lord Vishnumaya.



VIDYA SHANKAR finds meaning to life through yoga and mandalas which invigorate her to write poetry that wins accolades and finds its way into the 'Yearbook of Indian Poetry in English, 2020-2021' and other anthologies and e-zines of repute. Be it stories, articles, blogging, editing, her work is suffused with passion. Featured in a unique coffee table book, '50 Inspiring Women boys and girls should read about, Chennai Edition', Vidya Shankar, a motivational speaker and a "book" in the Human Library, is the author of The Flautist of Brindaranyam (in collaboration with her photographer husband, Shankar Ramakrishnan), and The Rise of Yogamaya (an effort to sensitise her readers about mental health and the need to break free from an outdated society).

*Website: [thequintessentialword.com](http://thequintessentialword.com)*

