

Strength Questions



Recall a time when you solved a problem in a way that truly reflected your individuality. What specific skills or talents did you use in that particular situation?

Describe an activity or task that you can lose track of time doing because you enjoy it so much. What innate skills or strengths do you naturally use when doing this activity?

Identify a role or responsibility that you commonly assume in a group setting. What does this reveal about your inherent strengths?

Recall a time this year when you felt most proud of yourself and describe the actions or decisions that contributed to this feeling of pride.

**“A gift opens the way and ushers the giver into
the presence of the great.”**

Proverbs: 18:16