

Foundational Guidance

from

The P^rinti



Telepathic Sketch by Su Walker



Sandia the ET @SandiaWisdom · 16h



Our oldest terms for love overlap with our words for family and grandparents: nanah, nanna or nanne.

Nanah is love for or from many others.

Nanne or nane is love from family.

Nanna or nana can translate as you are very loved/loving.

-Jrooti



kiwicat @kiwicat12417648 · Mar 24

Replying to @SandiaWisdom

And it's a delight to read the new posts from you all. Brightens my day to see any new messages from our star nation friends and I'm glad the path of life has lead me here. What is the P'nti word for love is? Tk tk <3

Key P'nti Resources

Introductions

<https://twitter.com/SandiaWisdom/status/1627840544553701376>

<https://www.youtube.com/watch?v=N6pXZB2za40>

https://www.youtube.com/watch?v=Af_ELIhyxks

<https://www.youtube.com/watch?v=vEwALDqVLmU>

<https://www.youtube.com/watch?v=1tErc2cO1Ls>

<https://twitter.com/SandiaWisdom/status/1593389799863242752>

<https://www.youtube.com/watch?v=372PwrKpxnU>

<https://twitter.com/SandiaWisdom/status/1550310960929427457>

<https://twitter.com/SandiaWisdom/status/1041663857893076992>

<https://twitter.com/SandiaWisdom/status/1530167344240250880>

<https://twitter.com/SandiaWisdom/status/706616185387819008>

<https://twitter.com/SandiaWisdom/status/1436181983676272640>

<https://twitter.com/SandiaWisdom/status/1554799808589750274>

<https://twitter.com/SandiaWisdom/status/1566465670191190019>

<https://twitter.com/SandiaWisdom/status/1008325076427538435>

<https://twitter.com/SandiaWisdom/status/1457350250830700545>

<https://twitter.com/SandiaWisdom/status/967066325834113024>

<https://twitter.com/SandiaWisdom/status/1495752026948608003>

<https://twitter.com/SandiaWisdom/status/938753472484093952>

Website

<https://www.officialfirstcontact.com/>

Documents

<https://www.officialfirstcontact.com/documents>

Twitter Account

<https://twitter.com/sandiawisdom>

Facebook Account

<https://www.facebook.com/sandiatheet/>

YouTube Channel

<https://www.youtube.com/@sandiawisdom>

Meme Creation Invitation

<https://twitter.com/i/events/1544026614140264448>

The Infinite Voice Project

<https://theinfinitevoiceproject.org/>

<https://twitter.com/SandiaWisdom/status/1558806597102616578>

<https://twitter.com/SandiaWisdom/status/1421829574464262145>

<https://twitter.com/SandiaWisdom/status/1415080350808748033>

Educational Coloring Books, Supporting Nonprofit Cultural Harmony

<https://twitter.com/SandiaWisdom/status/1421829574464262145>

<https://twitter.com/lkirdani1/status/1279765357092372480>

<https://www.youtube.com/watch?v=3coExrGbLqA>

Book 1

<https://www.amazon.com/Official-First-Contact-Coloring-Book/dp/1619532891/>

Book 2

<https://www.amazon.com/Official-First-Contact-Coloring-Friends/dp/1619532999/>

Book 3

<https://www.amazon.com/Official-Contact-Coloring-Nation-Beings/dp/B08BDVMY6D/>

Book 4

<https://www.amazon.com/Coloring-Book-Pnti-Blended/dp/B08GVJ6H2M/>

Book 5

<https://www.amazon.com/Coloring-Book-Pnti-Culture-Exchange/dp/B08YFMZW5S/>

Book 6

<https://www.amazon.com/Coloring-Book-Pnti-Sasquatch/dp/B093RKFW8B/>

Redbubble Store, Supporting Nonprofit Cultural Harmony

<https://www.redbubble.com/people/sandiaofc/shop>

Love Is Our Way Of Being

<https://twitter.com/SandiaWisdom/status/1323427363221311489>

<https://twitter.com/SandiaWisdom/status/1734960634427584563>

<https://twitter.com/SandiaWisdom/status/1734585163500187727>

<https://twitter.com/SandiaWisdom/status/1734943289076334610>

<https://twitter.com/SandiaWisdom/status/1415822055975620611>

Official First Contact (OFC)

OFC is the presently-unfolding process of formal civic unity with our precious spirit/soul family.

Indigenous cultures worldwide are well aware of the spirit world.

A foundation of spirituality is the sanctity of free will / individual conscience.

So where there is suppression of free will / individual conscience, there is corresponding suppression of the truth of the spirit world.

As spirituality is innately accessible, suppression takes the forms of:

- 1. Conflating spiritual truths with lies.**
- 2. Introducing weaponized protection rackets (governments) in order to force individuals to violate their own consciences and capitulate to (arbitrary and purported) majority opinions.**
- 3. Replacing trade with IOU notes (fiat currency), later fraudulently converted I-Don't-OU notes (unbacked currency), such that power is concentrated away from the population.**
- 4. Utilizing the dual frauds of protection racketeering and financial racketeering in order to pressure media organizations and other influential institutions to ignore or falsely portray the subject of spirituality-cultivating social peer pressure against spiritual awakening.**
- 5. Technologically bribing the population into spiritual disinterest by offering utilities (electrification, digital communication services, supply systems) that become essential elements of consensus cultural life, and foster dependency, but which are not locally managed, such that withdrawal can be threatened upon the disgruntled public.**

6. Raping our conscious planet's natural resources in order to deliver this unnecessary technological bribery.
 7. Irrationally claiming to be both the smartest and most powerful leaders, as well as the least informed or powerful in regard to spiritual truth (the subject area which frames the laws of physics and everything else).
 8. Conducting covert warmongering (including media manipulation and false flag events) to falsely justify the need for protection racketeering.
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As
Integrity (Freedom of Conscience)
and
Governance (Suppression of Conscience)
are opposites,
OFC is not centered upon
the network of exploitative systems
that is suppressing the world population.

OFC is instead focused upon the world population directly.

There are tentatively as many stories of how OFC will unfold, as there are souls involved.

OFC is not about following someone else's directions,
but about listening to and being fully true to
your own conscience.

Comparably to playing in a jazz band,
it is about doing your creative best to enhance beautiful harmony.

Our performance is not measured by the state of external reality,
but by our integrity to our own consciences in striving to best serve external reality.

**The permanent solution to corruption
is the understanding that only love exists:**

<https://www.youtube.com/watch?v=dsDDgi67-GA&list=PLy8BatXmuVPchiYKo625XQbP4ShFioXGPg>
<https://twitter.com/SandiaWisdom/status/1096022222043402240>
https://www.youtube.com/watch?v=LTG-uVV_6q0

OFC Resources

Dale / Indigenous Juan / Friend of OFC

https://twitter.com/indigenous_juan

https://twitter.com/friend_of_ofc

OFC Talks

https://twitter.com/OFC_Talks

https://www.youtube.com/channel/UCgl_-lqlwR09-ttT4v64CVQ

OFC Playlist

https://www.youtube.com/playlist?list=PLy8BatXuVPcigBaWpVnaauQuVh3j_m2ah

Rendezvous With Friends

<https://www.youtube.com/watch?v=EtK7U6K9OFU>

OFC Discussion within “Infinite Star Connections Podcast”

<https://www.youtube.com/watch?v=Dv3xz1F3cMI>

All Infinite Star Connections Podcasts

https://www.youtube.com/playlist?list=PLzs1yCpQSRHQuE5XSnZ6_YKcNGJPjcyxK

Rights Of Nations To Introduce Themselves

<https://twitter.com/SandiaWisdom/status/693817868639559681>

OFC Is About Love, Not Technology

<https://twitter.com/SteveThomasNow/status/1544062021221593088>

<https://twitter.com/SteveThomasNow/status/1494123774651736067>

<https://twitter.com/SandiaWisdom/status/828949906110894081>

<https://twitter.com/SandiaWisdom/status/964847117163352066>

<https://twitter.com/SandiaWisdom/status/649318178200223744>

Interaction Has Begun And Continues

<https://twitter.com/SandiaWisdom/status/932960773323636740>

<https://twitter.com/SandiaWisdom/status/1450806716342415361>

<https://twitter.com/SandiaWisdom/status/1473287734278201352>

<https://twitter.com/GalacticWorld/status/1457359051268972549>

<https://twitter.com/SandiaWisdom/status/1457363259070337026>

Key P'nti Terms

More terms are available at
<https://www.officialfirstcontact.com/documents>.

Dkyw

(DOCK-ya-way)

Good Morning

(in relation to the first glimmer of sunrise).

<https://twitter.com/SandiaWisdom/status/1536668603696685056>

<https://twitter.com/SandiaWisdom/status/1457336786087198724>

<https://twitter.com/SandiaWisdom/status/1176453130617155584>

<https://twitter.com/SandiaWisdom/status/1512049988574101505>

<https://twitter.com/SandiaWisdom/status/1510598110791323650>

kwh

(kee-WAH-hu)

Blue Water People = Earth Humans

<https://twitter.com/SandiaWisdom/status/1547547017177702400>

<https://twitter.com/SandiaWisdom/status/1535955799847186442>

<https://twitter.com/SandiaWisdom/status/1556624173853802497>

TI-I

(tah-LEE-lee)

Friend

<https://twitter.com/SandiaWisdom/status/1431100241177088001>

<https://twitter.com/SandiaWisdom/status/1464264620307369986>

<https://twitter.com/SandiaWisdom/status/1585636441387720704>

Tk Tk

(Teak Teak)

Thank You,

We are together on this thought, and it is good.

<https://twitter.com/SandiaWisdom/status/1410221018849886208>

<https://twitter.com/SandiaWisdom/status/1465151595184898056>

<https://twitter.com/SandiaWisdom/status/1243535643398926336>

<https://twitter.com/SandiaWisdom/status/1214912660094894081>

<https://twitter.com/SandiaWisdom/status/1214591277850714119>

Key P'nti Saying

Sharing The Light

“I hold the light for you
I breathe in the light with you
We exhale our light together
And share light breath with all.”

**Spiritual enlightenment
is mutually voluntarily and mutually creative.**

The process begins locally, and advances to everyone.

<https://twitter.com/SandiaWisdom/status/1458075659331330053>

<https://twitter.com/SandiaWisdom/status/1431953169404342273>

<https://twitter.com/SandiaWisdom/status/1289530438566871050>

<https://twitter.com/SandiaWisdom/status/1083701144948432896>

<https://twitter.com/SandiaWisdom/status/1215281996169011203>

<https://twitter.com/SandiaWisdom/status/1175366397813084162>

Additional Key P'nti Sayings

"Stay Curious"

This casual goodbye encourages
creative (forward-looking) positivity
rather than
destructive (backward-looking) negativity.

<https://twitter.com/SandiaWisdom/status/1164519314621210624>

<https://twitter.com/SandiaWisdom/status/1385582026518982662>

<https://twitter.com/SandiaWisdom/status/1122504277874708480>

<https://twitter.com/SandiaWisdom/status/1330484063438835713>

"Wear Your Day With Ease"

Keep your composure.
Take everything in stride.

<https://twitter.com/SandiaWisdom/status/1448813003399475202>

<https://twitter.com/SandiaWisdom/status/1528739185607299072>

<https://twitter.com/SandiaWisdom/status/1413125342332694532>

<https://twitter.com/SandiaWisdom/status/1534179028948635648>

<https://twitter.com/SandiaWisdom/status/1431615108137070601>

<https://twitter.com/SandiaWisdom/status/1238464922452779013>

<https://twitter.com/SandiaWisdom/status/1124678835293679616>

"Tay Appention"

Pay attention.
Metaphysical reality can be extremely subtle
in order to help foster spiritual growth
without collapsing the illusory nature of physical reality.

<https://twitter.com/SandiaWisdom/status/1437032262755880962>

Gngt (gin-jah-TAH) Thank You Ceremony

The annual 4-day Thank You Ceremony
is conducted in January.

It involves solitary focus upon gratitude
while consuming only soup.

The soup is symbolic of all of reality,
being comprised of the same fluid substance:

LOVE

<https://twitter.com/SandiaWisdom/status/1344997864829825024>
<https://twitter.com/SandiaWisdom/status/1348281392791224321>
<https://twitter.com/SandiaWisdom/status/1482397204983787526>

<https://twitter.com/SandiaWisdom/status/1214551394096570368>
<https://twitter.com/SandiaWisdom/status/1214899738417356800>
<https://twitter.com/SandiaWisdom/status/1482511572425658371>

<https://twitter.com/SandiaWisdom/status/1214553911937265665>
<https://twitter.com/SandiaWisdom/status/1348625406207922182>

<https://twitter.com/SandiaWisdom/status/1482368084430274563>
<https://twitter.com/SandiaWisdom/status/1482530293009596423>
<https://twitter.com/SandiaWisdom/status/1214557716506562563>
<https://twitter.com/SandiaWisdom/status/1482506904362528770>
<https://twitter.com/SandiaWisdom/status/1482727452942258190>
<https://twitter.com/SandiaWisdom/status/1482509834310361088>
<https://twitter.com/SandiaWisdom/status/1214556562871574529>

<https://twitter.com/SandiaWisdom/status/1483084457020121093>
<https://twitter.com/SandiaWisdom/status/1214895769599107072>
<https://twitter.com/SandiaWisdom/status/1215272623279468544>
<https://twitter.com/SandiaWisdom/status/1215294896241696768>
<https://twitter.com/SandiaWisdom/status/1215617913903693824>

<https://twitter.com/SandiaWisdom/status/1485460305157185537>

<https://twitter.com/SandiaWisdom/status/1085494534237114368>
<https://twitter.com/SandiaWisdom/status/1484497563495632907>

Telepathy

<https://twitter.com/SandiaWisdom/status/899604955392233472>
<https://twitter.com/SandiaWisdom/status/943881757413142528>
<https://twitter.com/SandiaWisdom/status/943963348978118656>

<https://twitter.com/SandiaWisdom/status/1215957540762079233>
<https://twitter.com/SandiaWisdom/status/1363343465350721537>
<https://twitter.com/SandiaWisdom/status/1347191796363833344>

<https://twitter.com/SandiaWisdom/status/1324148473797709824>
<https://twitter.com/SandiaWisdom/status/976091873021341696>
<https://twitter.com/SandiaWisdom/status/877284102726078464>

<https://twitter.com/SandiaWisdom/status/949270024040062976>
<https://twitter.com/SandiaWisdom/status/960505251265617920>
<https://twitter.com/SandiaWisdom/status/1324148473797709824>

<https://twitter.com/SandiaWisdom/status/1474413977274888192>
<https://twitter.com/SandiaWisdom/status/1475640136478117897>
<https://twitter.com/SandiaWisdom/status/1251836578906771458>

<https://twitter.com/SandiaWisdom/status/1048213345050877953>
<https://twitter.com/SandiaWisdom/status/792324528990920704>

<https://twitter.com/SandiaWisdom/status/1358023636683227136>
<https://twitter.com/DrMilazzoDVM/status/1358132943336660997>
<https://twitter.com/SandiaWisdom/status/1358255649310801920>
<https://twitter.com/SandiaWisdom/status/1376890667520176133>

<https://twitter.com/SandiaWisdom/status/1232707507694587904>
<https://twitter.com/SandiaWisdom/status/953631617397833728>

<https://twitter.com/SandiaWisdom/status/990564806561181696>

<https://twitter.com/SandiaWisdom/status/1345011791500292096>
<https://twitter.com/SandiaWisdom/status/1358386589211242498>

<https://twitter.com/SandiaWisdom/status/1205119848209977346>

<https://twitter.com/SandiaWisdom/status/795255918451654656>
<https://twitter.com/SandiaWisdom/status/703568500955021314>
<https://twitter.com/SandiaWisdom/status/963189845509095425>

<https://twitter.com/SandiaWisdom/status/993455973099425793>
<https://twitter.com/SandiaWisdom/status/993455483632603136>

<https://twitter.com/SandiaWisdom/status/1248571389444894721>

<https://twitter.com/SandiaWisdom/status/1404040315737153536>

<https://twitter.com/SandiaWisdom/status/1181925232157679616>

<https://twitter.com/SandiaWisdom/status/889958815872856064>

<https://twitter.com/SandiaWisdom/status/1157987662680039424>

<https://twitter.com/SandiaWisdom/status/1319976021794394118>

<https://twitter.com/SandiaWisdom/status/976087829074780160>

<https://twitter.com/SandiaWisdom/status/1177922661810237440>

<https://twitter.com/SandiaWisdom/status/701766645195214849>

<https://twitter.com/SandiaWisdom/status/1357322233451081729>

Introduction to the Telepathy 101 Training Primer

<https://www.youtube.com/watch?v=4G9JHL4vAEI>

Free Telepathy 101 Training Primer

<https://www.officialfirstcontact.com/documents>

Narrated Video Versions

Part 1: <https://www.youtube.com/watch?v=HQeVzM-gGbM>

Part 2: <https://www.youtube.com/watch?v=kEGM09i2CZU>

Part 3: <https://www.youtube.com/watch?v=addZxXDXJ7Q>

Narrated Video Version in American Sign Language

<https://www.youtube.com/watch?v=mID0hqysudY>

Tay Appention

<https://twitter.com/SandiaWisdom/status/1006143370933096449>

<https://twitter.com/SandiaWisdom/status/975384122087563265>

Going Viral on the Whisper Wind

<https://twitter.com/SandiaWisdom/status/704436188979933184>

Archeoplanetography (APG)

<https://twitter.com/SandiaWisdom/status/1381235882116722688>
<https://twitter.com/SandiaWisdom/status/1592147893896777728>

APG is the process
of visually evaluating landscape forms
to discern the history and resources of a region.

APG 101 Videos

<https://www.youtube.com/watch?v=iGJli5cN4Yc>
<https://www.youtube.com/watch?v=gnb90avAFaQ>

APG Presentation

<https://www.officialfirstcontact.com/documents>

Many additional demonstration videos are available at
<https://www.youtube.com/@sandiawisdom/videos>.

<https://twitter.com/SandiaWisdom/status/703249918090031104>
<https://twitter.com/SandiaWisdom/status/991318359017906176>

<https://twitter.com/SandiaWisdom/status/963768069683265536>
<https://twitter.com/SandiaWisdom/status/670963956148781056>
<https://twitter.com/SteveThomasNow/status/1722748996249387383>

<https://twitter.com/SandiaWisdom/status/791984032653320192>
<https://twitter.com/SandiaWisdom/status/1266698271633797121>
<https://twitter.com/SandiaWisdom/status/620377094460043264>

<https://twitter.com/SandiaWisdom/status/1216001500138201095>
<https://twitter.com/SandiaWisdom/status/1214712336277110784>

<https://twitter.com/SandiaWisdom/status/906903392227794944>
<https://twitter.com/SandiaWisdom/status/1185907221315477505>

<https://twitter.com/SandiaWisdom/status/1214182771473575936>
<https://twitter.com/SandiaWisdom/status/1214767813589553152>
<https://twitter.com/SandiaWisdom/status/1454205360873611269>

<https://twitter.com/SandiaWisdom/status/1530539555849396224>
<https://twitter.com/SandiaWisdom/status/1518950937485881345>
<https://twitter.com/SandiaWisdom/status/1454745985457008640>

<https://twitter.com/SandiaWisdom/status/1453861764135858177>
<https://twitter.com/SandiaWisdom/status/1481827157634695172>
<https://twitter.com/SandiaWisdom/status/1584775568872312832>
<https://twitter.com/SandiaWisdom/status/1451937877424844800>
<https://twitter.com/SandiaWisdom/status/1475605319179018250>
<https://twitter.com/SandiaWisdom/status/1215296067916271617>

<https://twitter.com/SandiaWisdom/status/1331598904501149701>

<https://twitter.com/SandiaWisdom/status/924411846215352321>
<https://twitter.com/SandiaWisdom/status/815927147474784257>
<https://twitter.com/SandiaWisdom/status/837658892842590208>

<https://twitter.com/SandiaWisdom/status/1213849681026932736>

A very talented visual analysis contact is Brian Hillyer.

<https://twitter.com/bertsbp>

People

<https://twitter.com/SandiaWisdom/status/1054552858719186944>

<https://twitter.com/SandiaWisdom/status/1061600068225052673>

<https://twitter.com/mywholeuniverse/status/703320345034395648>

<https://twitter.com/SandiaWisdom/status/703322598378090497>

<https://twitter.com/SandiaWisdom/status/703323258653798400>

<https://twitter.com/SandiaWisdom/status/703323526271336448>

<https://twitter.com/SandiaWisdom/status/703324025456451584>

<https://twitter.com/SandiaWisdom/status/703324292738469888>

<https://twitter.com/SandiaWisdom/status/703324527447511041>

<https://twitter.com/SandiaWisdom/status/703324797887877120>

<https://twitter.com/SandiaWisdom/status/703324993053044736>

<https://twitter.com/SandiaWisdom/status/703323836213637121>

<https://twitter.com/SandiaWisdom/status/703322976771379200>

<https://twitter.com/SandiaWisdom/status/703327674538676224>

<https://twitter.com/SandiaWisdom/status/827134989208678400>

Earth's Design

<https://twitter.com/SandiaWisdom/status/703249918090031104>
<https://twitter.com/mywholeuniverse/status/703320345034395648>

<https://twitter.com/SandiaWisdom/status/703323836213637121>
<https://twitter.com/OBYONETAOPY/status/703325671427346436>
<https://twitter.com/SandiaWisdom/status/703328690277453824>

<https://twitter.com/OBYONETAOPY/status/703329529742360576>
<https://twitter.com/SandiaWisdom/status/703330526455697408>
<https://twitter.com/SandiaWisdom/status/703332010849280000>
<https://twitter.com/SandiaWisdom/status/703328966392741888>
<https://twitter.com/SandiaWisdom/status/703331386371866624>
<https://twitter.com/OBYONETAOPY/status/703333239218429952>
<https://twitter.com/SandiaWisdom/status/703331710113488896>
<https://twitter.com/SandiaWisdom/status/703333653548404737>
<https://twitter.com/SandiaWisdom/status/703333809425518592>

<https://twitter.com/OBYONETAOPY/status/703335818832822272>
<https://twitter.com/SandiaWisdom/status/703336564152119296>
<https://twitter.com/OBYONETAOPY/status/703339502622867456>

<https://twitter.com/SandiaWisdom/status/703336834504351744>
<https://twitter.com/SandiaWisdom/status/703345429186908160>

Wise Truth

<https://twitter.com/SandiaWisdom/status/930767320028405760>
<https://twitter.com/SandiaWisdom/status/1566465670191190019>

<https://twitter.com/SandiaWisdom/status/1404050298038067209>
<https://twitter.com/SandiaWisdom/status/1107980165714313216>
<https://twitter.com/SandiaWisdom/status/1048579432615534594>

<https://twitter.com/SandiaWisdom/status/1433371117163622400>
<https://twitter.com/SandiaWisdom/status/1431467948514942987>
<https://twitter.com/SandiaWisdom/status/1214912660094894081>
<https://twitter.com/SandiaWisdom/status/1067206953930121216>

<https://twitter.com/SandiaWisdom/status/1294958765935071235>
<https://twitter.com/SandiaWisdom/status/1592880157165248512>

Contact Preparedness

Honesty - Integrity - Truthfulness
Rightmindedness - Compassion - Altruism
Curiosity - Creativity – Courage

Courageously Honest Altruism

<https://twitter.com/SandiaWisdom/status/865156056229462016>

Proper Practice First

<https://twitter.com/SandiaWisdom/status/1216712396804198400>

What We Like To Hear

<https://twitter.com/mrmacqueenie/status/768538078344581120>

<https://twitter.com/SandiaWisdom/status/768539605041680384>

- **Is Honest**
- **Continues Studying**
- **Has Set Aside Their Fears**
- **Desires To Make New Friends**
- **Humble To Learn And Share Openly**
- **Open To Sharing Culture And Humor With Us**

<https://twitter.com/SandiaWisdom/status/1670428286080655360>

Handling

Change and Adversity

With Ease And Good Humor

<https://twitter.com/EnergyEnginee11/status/1670662436276559872>

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Politeness, Maturity, Honesty

<https://twitter.com/SandiaWisdom/status/1431614159767183363>

OfficialFirstContact.com

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Telepathy 101 Primer

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Infinite Star Connections Podcast

https://www.youtube.com/playlist?list=PLzs1yCpQSRHQuE5XSnZ6_YKcNGJPjcyxK

Inviting ET

<https://www.amazon.com/Inviting-Walker/dp/1726022811>