

OCWC Newsletter

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Connie's Corner

Dear friends,

I am looking forward to another wonderful year for our Club! Although things may be a little different, it gives us an opportunity to come up with some fresh ideas. Sheila Wilson and Karin Morey volunteered to work on our Auction (It will obviously look different than previous ones-maybe online) If you'd like to help and share your ideas, just contact Sheila.

At our General meeting, we were all saying how much we miss seeing everyone. Since we do not have regular meetings in July and August, I would like to invite you to join us over the summer at one of our parks. We thought we could bring our own lawn chair, lunch and drink. We will keep the Social Distancing in place staying 6ft apart and you are welcome to wear a mask. This will be a strictly casual activity just to get a chance to visit. If for any reason you don't feel comfortable being in a social setting, we completely understand! Everyone's health and those around them is first and foremost. Watch your emails for dates for "lunch in the park".

Connie

The less you respond to negativity, the more peaceful your life becomes.

"...let us forget not to be kind"

Dates to Remember

October 9 -11, 2020 Fall Convention / Board Meeting @ The Oregon Garden

If you have a family that loves you, a few good friends, food on your table and a roof over your head.

You are richer than you think.

Life is an echo.

What you send out, comes back.

What you sow, you reap.

What you give, you get.

What you see in others, exists in you.

Remember life is an echo.

It always gets back to you.

So give **GOODNESS**.

A Good Reminder

This 92-year-old, petite, well-poised and proud lady, who is fully dressed each morning by eight o'clock, with her hair fashionably coiffed and makeup perfectly applied, even though she is legally blind, moved to a nursing home yesterday. Her husband of 70 years recently passed away, making the move necessary.

After many hours of waiting patiently in the lobby of the nursing home, she smiled sweetly when told her room was ready. As she maneuvered her walker to the elevator, I provided a visual description of her tiny room, including the eyelet sheets that had been hung on her window. "I love it," she stated with the enthusiasm of an eight-year-old having just been presented with a new puppy.

"Mrs. Jones, you haven't seen the room just wait."

"That doesn't have anything to do with it," she replied. "Happiness is something you decide on ahead of time. Whether I like my room or not doesn't depend on how the furniture is arranged, it's how I arrange my mind. I already decided to love it. It's a decision I make every morning when I wake up. I have a choice;

I can spend the day in bed recounting the difficulty I have with the parts of my body that no longer work, or get out of bed and be thankful for the ones that do. Each day is a gift, and as long as my eyes open I'll focus on the new day and all the happy memories I've stored away, just for this time in my life."

She went on to explain, "Old age is like a bank account, you withdraw from what you've put in. So, my advice to you would be to deposit a lot of happiness in the bank account of memories Thank you for your part in filling my Memory bank. I am still depositing."

And with a smile, she added: “Remember the six simple rules to be happy:

1. Free your heart from hatred.
2. Free your mind from worries.
3. Live simply.
4. Give more.
5. Expect less,
6. And enjoy every moment.”



July Birthdays

07/01 Heather Chaney

07/05 Terry Hyland

07/07 Vanessa Parra

07/09 Susie Werner

07/21 Kelly Courtney

*If you see someone falling
behind, walk beside them.*

*If you see someone being ignored,
find a way to include them.*

*Always remind people of their
worth.*

*One small act could mean the
world to them.*



OUR HISTORY

GFWC Oregon Historical Highlights

*When this is over invite
me everywhere, I
promise I'll go this time.*

On October 24, 1899, the Portland Woman's Club called together the women's clubs of the state of Oregon. The urgent need in Oregon was for Public Libraries. There were no public libraries in the state at that time. Thirteen clubs attended that meeting. The first convention was in Pendleton in 1900. The newly organized Federation began a vigorous campaign to secure the passage of a Library bill in the Oregon Legislature. Most local libraries in Oregon owe their founding to the untiring efforts of local Women's Clubs.

In 1901, Oregon Federation of Women's Clubs was admitted to the General Federation of Women's Clubs. Another early concern of the Federation was child labor. GFWC Oregon had a prominent part in obtaining the passage of Oregon's first child labor law. They included efforts to ensure that the law provided for the majority of the Labor Board to be women. The governor appointed three prominent clubwomen to this first board.

*The only
impossible
journey is the
one you never
begin.*

In 1903 36 clubs belonged to the Federation. In 1905, the Scholarship Loan and Fellowship Fund was started with \$23 remaining from funds used to erect a statue of Sacajawea which now stands in Portland's Washington Park.

In 1910 OFWC had 51 clubs and 2,398 members. Between 1915 - 1921, OFWC raised \$108,000 which was matched by the Oregon Legislature for a women's building (Gerlinger Hall) at the University of Oregon.

From 1938 - 1941, Oregon's Saidie Orr Dunbar served as President of GFWC. In 1941, under the sponsorship of OFWC, legislation was introduced and passed by the Oregon Legislature providing for blood testing of prospective mothers in an effort to detect



and control syphilis. In 1942, OFWC had 137 clubs and 5866 members.

From 1943 - 1946 the country was at war and OFWC raised a total of \$911,950 in the War Bond drive to “Buy a Bomber”. That was more than enough money to name one bomber for the Federation. In 1945 the work of OFWC to secure passage of a new health and physical fitness law for Oregon schools was recognized in newspapers and Medical Journal editorials.

In 1946 the Penny Art Fund Scholarship was started and the first scholarship given in 1948. In 1948, GFWC held their 57th convention in Portland. In 1956 the Saidie Orr Dunbar Nursing Fund was established and in 1961, the Virginia Lang Music scholarships were established.

In 1953, after the devastating Tillamook Burn, OFWC created the “OFWC Memorial Forest”. It is located 40 miles west of Portland and consists of 152 acres that OFWC replanted. In 1973, a roadside marker was placed at the site.

In 1968 OFWC began a two-year project to build a swimming pool at the Hillcrest School for Girls.

In 1960, inspired by Mrs. Rachel M. Gifford of Oswego Woman’s Club and the work of Oregon artist Mrs. Theresa Truchot, an emblem was adopted. The emblem was a modified heart shape. The settings and symbols were adapted from those used within the shield of the Oregon State Seal.

GFWC Oregon's Motto

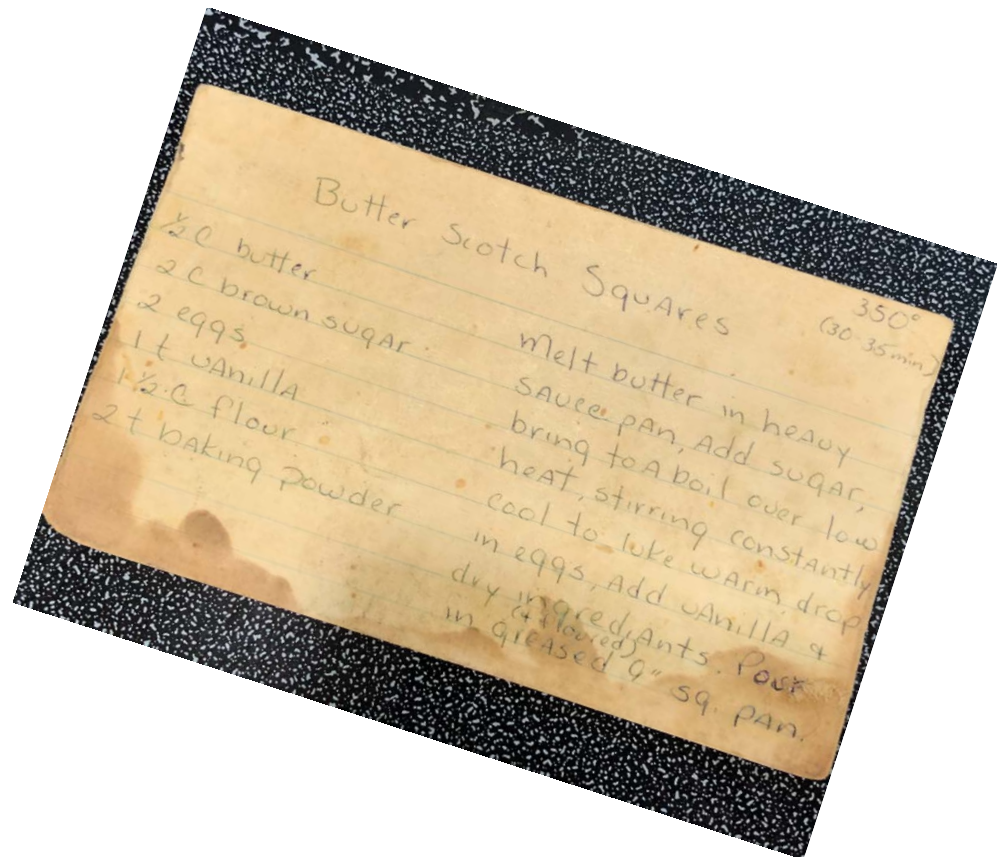
The motto “***Growth Through Service***” was adopted May 20, 1965, at the 50th State Convention held in Gearhart, Oregon.

Just For Fun

I've included a recipe from my mom for Butterscotch Squares. They really are the best I've ever had. My recipe card survived a fire when we were first married so hard to copy the charred original. She was the kind of mom that had warm cookies when you got home from school - no wonder I have such a sweet tooth!



½ C butter 2 C brown sugar 2 eggs 1 teas vanilla 1 ½ C flour 2 teas baking powder Melt butter in heavy sauce pan, add sugars, bring to a boil over low heat, stirring constantly. Remove from heat, cool to lukewarm in the pan. Drop in eggs and vanilla, the. Stir in dry ingredients. Pour into a greased and floured 9" square pan Bake at 350 for 30-35 minutes...don't overtake them ENJOY



Book Corner

(Some of us thought it might be fun to include a Book Review in our Newsletter.* In the past, members gave a presentation at our meetings, but time doesn't allow that now) So, here goes...The Daughter's Walk, a novel, by Jane Kirkpatrick Starting out on a 3,500 walk from Spokane, WA to New York City, a mother and her reluctant eighteen year old daughter are hoping to win a wager, and with the prize money save their farm. During their trek, tragedy happens when Clara's younger siblings become ill.

In the years that follow, Clara strikes out on her own when many women struggle with the issues of rights and independence.

A good read and different ending than expected.

Please contact Chris Wadsworth if you'd like to share a Book Review or Recipe from your past!

