

OCWC Newsletter

PO Box 2102 | Oregon City, OR | 97045-0058 | www.oregoncitywomensclub.org



GFWC Oregon Federation of Women's Clubs



*If the plan doesn't work, change the plan but **never** the goal!*

Connie's Corner...

I am so excited to be able to actually get together for our General Meeting in May! All precautions will be in place with masks required and social distancing, but it is still wonderful and fun to look forward to. We hope all of you will be able to attend. If anyone needs a ride, please reach out and we will make sure you have a ride to and from our meeting. 🌸


- APRIL GENERAL MEETING WILL BE VIA ZOOM ONLY
- MAY General Meeting will be held at The Tumwater Room at Museum of the Oregon Territory 211 Tumwater Street - Oregon City 11:15AM - 11:30AM Arrive 11:30 Meeting will start with our speaker.

Several of us attended the Oregon, OFWC Leadership Seminar. It was enjoyable and always good to be able to share information with other clubs. Just a reminder that our OFWC State Convention is just around the corner and will be held in Astoria in May. We hope there will be several of us from Oregon City attending!

Several of our club members helped The Oregon City Optimist Club along with Public Works this past Saturday. They met down at the Wagon Trains with trucks, trailers, pitch forks, rakes etc to pick up yard debris from Oregon City residents that didn't have a way to haul debris to the free sites the City provided. Our community so appreciates the wonderful volunteer spirit of our members!

Wake Up - Chase Your Dreams - Repeat

Focus on the step in front of you, not the whole staircase.

Enjoy these little snippets of sunshine we get in March - I'm loving all the spring flowers in bloom (even with the remnants of the ice storm quite visible). 

Can't wait to get together in person in May...we get our second vaccine Friday! Hugs, Connie

Great News!

Starting in May, the Oregon City Woman's Club will begin having our general meetings in The Tumwater Room at the Museum of the Oregon Territory.

The cost will continue to be \$15 and will be a box lunch. This is all that can be served right now. You will have two choices for now and there are also selections for Vegetarians, Vegans, and Gluten Free. And if you do not feel like cooking for your spouse that evening, you can purchase a second lunch to take home. It will require everyone to submit their choice by a certain date and you can either pay online or by mail. Each lunch will be boxed and labeled with your name and placed on a table in alphabetical order. Coffee, tea and water will be available as well as bottled soft drinks or juice.

There is free parking in their lot for over 40 cars. But feel free to call a friend and drive together.

The facility is having new air conditioning installed and there have been some nice upgrades made with window coverings and a screen that comes down from the ceiling for presentations. There is also a PA system making it easy for everyone to hear.

We are waiting until the May meeting hoping that most will have had their covid vaccine and feel more comfortable about being with club members. Each table will only have six people and the tables will be separated per guidelines set by the state.

The smallest act of kindness is worth more than the grandest intention.

April 8, 2021 General Meeting

Hostesses: Sandra Browne, Chris Nolde, Sheila Wilson, Karin Morey

Program: Willamette Falls & Landings Heritage Area Coalition - Jim Mattis, Immediate Past President

ZOOM Meeting - 10:00 AM



April Birthdays

04-22 Connie Kitzmiller

04-25 Diane McKnight



The Healthy Corner

COVID-19 Vaccines & Mammograms!

All vaccinations, including COVID-19 vaccines, can briefly make lymph nodes swell. This is normal. But this can also have an impact on mammography results.

If you or a loved one are planning an annual mammogram screening, we recommend that it be completed before you get your COVID-19 vaccine or 4-6 weeks after. This will help prevent abnormal results that would lead to additional testing.

Some Helpful Reminders

- You can still drop Dr Seuss books off at my house (19300 Sunnyridge Ct OC) for March or I can arrange to pick them up, or if you order them online have them sent to me. We'll gather them until the end of the month then get them into little people's hands.

- April is our Anniversary Food Drive - Goal is 118+ cans. We'd like these to be delivered to Alice Hayden's front porch (19493 Orchard Grove Dr OC) or call to make arrangements to have them picked up by the middle of April. She'll be counting the cans and posting pictures! This is a great way to celebrate our 118 years of being a Club. 🎉🌹

GFWC of Oregon

I am an Ambassador Girl Scout, and for part of my Girl Scout Gold Award Project I created a film about the suffrage movement and one of its most famous leaders Alice Paul. There will be a nationwide showing of my short musical film on March 17 at 4 pm PDT. I am reaching out to invite the GFWC of Oregon to this free event. If several members would like to attend and preview my film, they could also determine whether they would be interested in hosting a private statewide film showing this summer. Several clubs could also join together for a private showing. During my research, I learned how very important the club movement was to helping the suffrage movement succeed.

I would love it if you could share this event with your members and anyone else you think may be interested. I have included the event details and flyer below that you can copy and paste. I hope to have some viewers from Oregon!

Thank you for your important club work!

Laura Bache

Event Description: First, enjoy a showing of the interactive, musical film about Alice Paul and the suffrage movement, *Her Voice, Our Vote*, written and produced by Laura Bache, a Gold Award Girl Scout. Follow along Alice Paul's journey as she dares to use her voice while fighting for the vote. Have a chance to put yourself into Alice Paul's shoes and guess what her next move will be. Will you guess correctly? Or will Alice Paul's "radical" decisions stump us all?

After the film, engage in a follow-up conversation with Lucinda Robb (the granddaughter of President and First Lady Johnson) and

Rebecca Boggs Roberts (the daughter of journalist Cokie Roberts), who are the authors of the newly released book *The Suffragist Playbook*. You won't want to miss this engaging and inspirational event!

Click here to watch a trailer, read speaker bios, and register: <https://ncwhs.org/news/ncwhs-womens-history-month-virtual-event/>

*Either you run the day
or the day runs you!*

Women's History Month: Recognizing Women in the Armed Forces

Pvt. Cathay Williams the first Black woman to enlist when she joined the U.S. Army under a male pseudonym, William Cathay, in 1866. Williams also was the only known female Buffalo Soldier, a cavalry regiment of the U.S. Army.

Col. Mary Hallaren became a member of the first training class of the Women's Auxiliary Army Corps (later, Women's Army Corps, or WAC) in 1942 before commanding the largest all-female unit to serve overseas.

Marcella Hayes, who began her military career as an ROTC (Reserve Officers' Training Corps) cadet at the University of Wisconsin, also became the first Black woman pilot in the U.S. military in 1979.

Capt. Linda Bray was one of more than 700 women to participate in Operation Just Cause in Panama in 1989, as she led the 988th Military Police Company. There, she became the first woman to command U.S. soldiers in battle.

Retired **U.S. Army Gen. Ann E. Dunwoody** became the first woman to reach a four-star officer rank in the history of the U.S. military in 2008. Years before, in 1992, she became the first woman to command a battalion in the 82nd Airborne Division during the First Gulf War.

Capt. Kristen M. Griest and **1st Lt. Shaye L. Haver** became the first two women to complete Army Ranger School and earn their Ranger tabs in 2015.

Air Force Gen. Lori Robinson took over as leader of U.S. Northern Command in 2016, becoming the first woman service member to lead a unified combatant command and thus the highest ranking woman in U.S. military history.

In every case, these were historic firsts for the armed services and a reminder that the military still has a long way to go before it is a truly integrated institution.

Seize Your Potential

***When you get tired, learn
to rest not quit.***

***Be the reason someone
smiles today!***