OCWC Newsletter

PO Box 2102 | Oregon City, OR |97045-0058 | www.oregoncitywomansclub.org



GFWC Oregon Federation of Women's Clubs



Gonnie's Gorner...

HAPPY THANKSGIVING TO YOU AND YOUR FAMILIES!

This time of year, many of us reflect on what we are most thankful for. You may be celebrating the holiday a little differently this year. This year I feel blessed that my family and friends are safe and healthy. Also, that I am part of such a wonderful group of ladies. It's exciting to look forward to all meeting together again and getting to visit in person! What would we have done without Zoom?



A few of us surprised member, Sue Waud, at her florist shop, The Wild Strawberry, earlier this month. We stopped by to present her with her 50 year pin celebrating over fifty years of contributions to our Club! Sue joined the Oregon City Woman's Club in 1970. Besides serving as President for two separate terms, Sue filled many other roles within our Club. She also was a member of Junior League, working to bring awareness to Down Syndrome and was a camp counselor for Easter Seals for two years. She and her husband, Pat, hosted many exchange students through the Rotary Program. We had hoped to honor Sue in person at one of our meetings. WE so appreciate all you have done for our Club...congratulations from all of us

GFWC has worked since last Spring tallying the total amount of projects, volunteer hours, and both in-kind and dollars donated for the work of all its clubs during 2019. The totals below include the Signature Program, Juniors projects, Arts, Conservation, Education, Home Life, International Outreach, Public Issues and Advancement Programs.

Number of projects 8,816

Volunteer hours 381,443,5

Dollars donated \$1,288,218.36

In-Kind donations \$3,255,825.83

Please know that all your time, talents, in-kind donations and monetary contributions are important in helping our Club make a difference in our own community! The monthly reports we submit are included in the above numbers. Vanessa asked that you put down any volunteer hours or in-kind giving you have done during each month - keep up the good work!

Stop waiting to do the things you want to do.

Today is the day to just go for it.

#thesaltycowgirl

Announcements/Upcoming Dates to Remember...

November

24th Backpack Buddies (both Bevs, Chris, Heather)

26th Have a HAPPY THANKSGIVING DAY!

GRAGIGUDE

The quality of being thankful, readiness to show appreciation for and to return kindness

December

1st Giving Tuesday - be the sunshine in someone's day 🌻

3rd **OCWC Board Meeting 10am** via Zoom <u>and in person</u> only if you'r *comfortable*. (My house 19300 Sunnyridge Ct, Oregon City,

503-680-9145). Sheila will be doing Zoom, contact her if questions.

10th OCWC General Meeting 10am via Zoom

Hostesses - The Nancy Ide, Renate Mengelberg, Claire Met, ChristyPalmer, Mariann Buell

17th Backpack Buddies Bev Sp., Connie, Heather

One person with commitment accomplishes more than a thousand with an opinion.

Orrin Woodward



Take a step back and breath woman.

Stop stressing and stop worrying.

Get yourself together and do the stuff you said you would do.

#thesaltycowgirl



The Little Library at Rivercrest Park

The little library received a little embellishment to brighten the darker days of winter.

Our stock of children's books has been depleted with the restocking of books this week. If anyone has children books they would like to donate they would be greatly appreciated.

Please remember if you drop books off directly at Rivercrest to text the number of books you placed there to 503-351-9733 Susie Werner. Books can also be given to Susie directly or she has graciously said that she will also come pick them up from you.

Be present.

Be attentive.

Just be.



The world needs you to show up today. You are powerful, you are valuable and what you believe changes the world.

homebodyclub.

Creamy Baked Asiago Chicken Breasts

Heather Chaney

Serves 4

Tifty percent of any relationship is one hundred percent you.

4 boneless, skinless chicken breasts (Mine were large so I did three and cut them in half)

½ cup grated Asiago cheese

½ cup mayonnaise (regular or light)

1/4 cup low-fat plain Greek yogurt

½ cup dry white wine

1 ½ tsp dried oregano

1 tsp. garlic powder

1 tsp. onion powder

Pinch of ground nutmeg

Black pepper to taste

1 Tbsp. balsamic vinegar or to taste

2 Tbsp. grated Asiago cheese or to taste

Dear 2020

None of this stuff was on my vision board!

Preheat oven to 375 and grease a 9x13 baking dish

Place chicken in the prepared baking dish. Whisk together ½ cup cheese, mayonnaise, yogurt, wine, oregano, garlic powder, onion powder, and nutmeg in a small bowl. Pour over chicken breasts.

Bake uncovered for 40-50 minutes.

Top with black pepper, balsamic vinegar and additional Asiago cheese just before serving.

Be a

Woman to

Watch



Roasted Pecans

WHILE ON THIS

Lt. Valere Liljefelt, Clackamas Fire District #1

RIDE CALLED "LIFE"

I lb pecan halves

YOU

1/2 tsp salt

HAVE TO TAKE THE GOOD WITH THE BAD, SMILE

1/2 cup butter

2 egg whites

WHEN

ı cup sugar

YOU'RE SAD,

Place nuts in 10x15x1 pan.

LOVE

Roast for 30 mins in 250 degree oven.

WHAT YOU GOT

Beat egg whites until stiffened.

AND REMEMBER

Add sugar and salt gradually.

Fold in nuts.

WHAT YOU HAD.

Melt butter in 10x15x1 pan.

ALWAYS FORGIVE, BUT NEVER

FORGET.

Spread nut mixture into pan on top of butter.

LEARN FROM

Bake at 350 degrees for 45 min, stirring every 15 min.

YOUR MISTAKES.

Cool and break apart.

Watch carefully, overcooked easily.

BUT

Yield 1 lb.

NEVER REGRET.

PEOPLE CHANGE.

THINGS GO WRONG

Just For Laughs!

JUST REMEMBER.

Keep in mind, even during a pandemic, no matter how much chocolate you eat, your earrings will still fit.

The buttons on my jeans have started social distancing from each other.

I never thought the comment "I wouldn't touch him with a six foot pole" would become a national policy but here we are.

At the store there was a BIG X by the register for me to stand on... Ive seen way too many Road Runner cartoons to fall for that one.



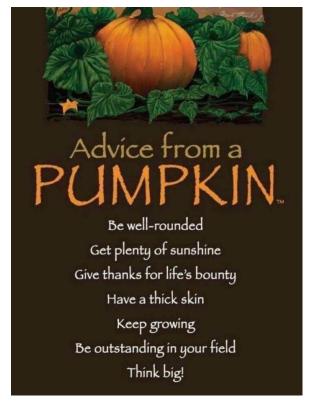
Happy Birthday!

12/02 Christy Palmer
12/05 Lynn Banta
12/08 Nancy Weicker
12/16 Kayla McNicholas
12/22 Patty Brown
12/22 Judy Storey
12/23 Esther Hunt



Just the signs I read while riding my bike......Chris





- I. Be well-rounded That's us, right? We are members of GFWC, the greatest women's volunteer organization in the world. Women showing women ways to be skilled, capable, and knowledgeable in a lot of different things. GFWC covers a lot of different areas or subjects. GFWC offers so many wonderful programs to help us be well rounded.
- 2. Get plenty of sunshine. Or be the sunshine! Let your membership shine the light!
- 3. Give thanks for life's bounty. Hello! I bet you can think of several blessings that you can attribute to GFWC! Friendships, volunteer opportunities, travel opportunities, leadership development. I could go all day!
- 4. Have a thick skin. Let's face it, even though we all love "And, Oh Lord God, let us forget not to be kind", we don't always remember that. It's not (99% of the time) intended to be hurtful and maybe one of us is just having a bad day. Thick skin is good. Thick skin keeps the heart warm.
- 5. Keep growing! This! You've taken action here by joining the GFWC Advancements and Programs Forum Webinars, workshops, LEADS! Whaaaat? And don't forget ESO! Lifelong learning.
- 6. Be outstanding in your field. You're all great pumpkins, Federated friends! Find something that the leader in you can act on right now! If we wait until this over we're going to be behind everyone else.
- 7. Think BIG! Shoot for the stars. Light the future. Let's do this y'all!

Reprinted from an email from Pam Briggs