

*BRENDA'S HOUSE  
FAMILY CENTER  
WELCOMES YOU!*



*SERVICES AVAILABLE:*

- PARENT SUPPORT  
GROUP*
- FAMILY TIME*
- COPING SKILLS*
- CIRCLE OF SECURITY  
PARENTING*
- CHILD PARENT  
RELATIONSHIP  
BUILDING*



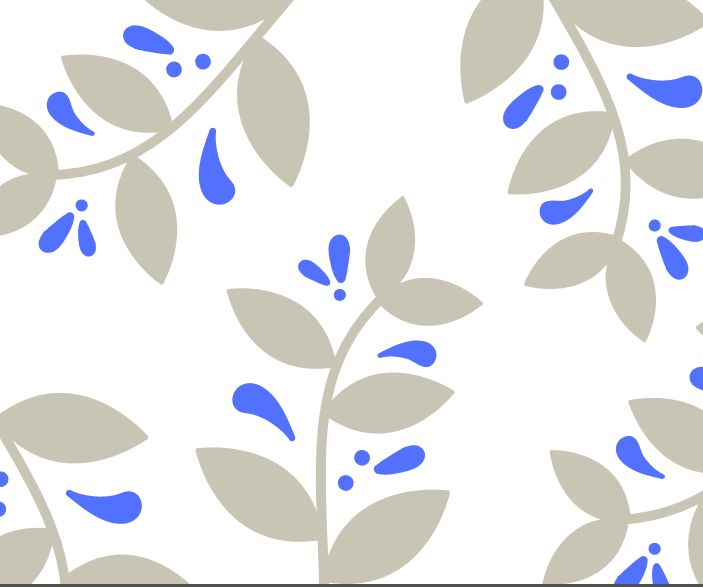
## GET IN TOUCH

900 Washington St., Bay St. Louis, MS 39520  
228-467-2446  
BHFCsocialworker@gmail.com  
BHFCfamilyeducation@gmail.com

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## A Father's Role

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# FATHER'S ROLE

Children need their fathers to have a prominent role in their lives. Although mothers are the go-to person in most homes, it is said that the involvement of both parents is essential for a good upbringing of kids.

Today fathers take on many more responsibilities, from diaper changes and night duties to helping with homework. Despite all of this, research tells us that fathers still spend only a small amount of time engaging with their children as compared to mothers.

*CHILDREN WANT TO  
MAKE THEIR  
FATHERS PROUD,  
AND AN INVOLVED  
FATHER PROMOTES  
INNER GROWTH AND  
STRENGTH.*

## WHY IT MATTERS?

### ACADEMIC ACHIEVEMENTS

Fathers play an important role in the development of their child's language and intellectual abilities. If fathers are more hands on at a young age, the children exhibit stronger educational readiness. Adolescents who have an involved father have better verbal skills, academics achievements, and overall intellect.

### EMOTIONAL HEALTH

Fathers, like mothers, have a big impact on the development of a child's emotional well-being. Children look to their fathers for structure and consistency. They also look to their fathers to provide a feeling of security and safety.

### RELATIONS WITH OTHERS

Fathers not only influence who we are inside, but how we have relationships with people as we grow. The way a father treats his child will influence what he or she looks for in other people. Friends and spouses will be chosen based on the child's relationship with their father. The patterns a father sets in the relationships with his children will determine how his children relate with other people.