



THE PLUNGE WILL
TAKE PLACE AT
7 AM



JOIN US FOR THE
POLAR BEAR PLUNGE ON
**SEPTEMBER 19TH,
2026!**



DOWN AT
THE BEACH!

HOW CAN YOU PARTICIPATE?



Just sign up below!
Churches can sponsor a
Polar Bear by raising money
to cover the Entry Fee of **\$50**.



If you'd rather take the
Plunge on your own, you
can cover the Entry Fee
yourself!



Participants will receive a **Certificate**
and a **Limited Edition 2026 Polar Bear Token!**



SUBMISSIONS ARE DUE BY *SEPTEMBER 11TH, 2026*

Name _____

Congregation _____



I am paying my own Entry Fee of \$50

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My Congregation is sponsoring my Polar Bear Plunge

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BRAVE THE COLD. MAKE A SPLASH. MAKE A DIFFERENCE!

