

# Marie Solimena

IG: @marieshowlimena

TikTok: @marie.solimena

[mariesolimena.com](https://mariesolimena.com)



My name is Marie Solimena. I'm an actress, content creator, certified fitness trainer, and adventure enthusiast. With over 150 skydives (B license), professional skiing (alpine, freestyle, backcountry), horseback riding (English, Western), and a love for running, golf, tennis, and water skiing. I bring energy and authenticity to my content, inspiring my audience and partnering with brands.

## IG DEMOGRAPHICS:

GENDER: 52.7% WOMEN,  
47.3% MALE

TOP AGE RANGE: 25-34,  
18-24

TOP CITIES: LOS  
ANGELES, MILAAN, NEW  
YORK

TOP COUNTRIES: USA,  
ITALY, FRANCE

2.5K FOLLOWERS  
80K MONTHLY PROFILE  
VIEWS  
12% ENGAGEMENT  
RATE

# Content creation & fitness