



## BSWI MONTHLY RECORD 7 MARCH 2024



### INTRODUCTION

The President welcomed 30 members and two visitors to the meeting. She reminded members that the annual subs of £48 are now due. She explained that the planned fashion show could not now take place in April but musical entertainment from Three's Company will be provided with more details to come in the newsletter.

### A DAY IN GENERAL PRACTICE

Dr Tareq Abouharb was introduced by his mother, a BSWI member, who gave a most interesting, illustrated talk on the workings of a busy GP practice today. He is the senior partner of the Limes practice in Epping with 8 GP's and 80 staff working from 4 sites with 22,000 patients.

As a GP there since 1996 he has seen many changes with fewer fully qualified doctors but more specialist staff providing a wide variety of services as the new primary care networks develop. The demands from an ageing population as many symptoms arise post-Covid keep the practice constantly busy. BSWI members took a keen interest and provided a list of the activities of a GP and many topics were addressed. Maggie Eccleston thanked Dr Abouharb for a most enlightening talk and his explanation of modern health care.

### BSWI NOTICES

- The Monthly report for February was agreed by members
- The President reported back on the success of the Quiz when over £200 was raised for funds and the raffle raised £140 for the local Night Shelter. A volunteer who was present thanked the BSWI for their support.
- The President summarised the feedback given by members last month about the future of BSWI and how the Advisory team are implementing some of the ideas. These include refreshments available at the beginning of each meeting, the use of a Suggestion box and the return of the traditional raffle. She has researched alternative venues for the monthly meetings but nothing is suitable. Members were asked to contact her with specific ideas for future activities.
- Two raffles were drawn and the winner of the competition on the topic Yellow was announced.
- Three future trips have been suggested
- Sawbridgeworth WI have invited members to their birthday party in April.
- Birthday cards were distributed
- Nominations for next year's Team members should be sent to the Secretary

The President closed the meeting with a quotation from Shakespeare on Friendship.

(Notes compiled by Barbara Bradbear, Secretary BSWI)

