



## Welldon Kids Club

### A breakdown of each Activity Area

**Cooking/Food Activities** – These activities are designed around making healthy food fun with the children being able to explore their creative sides by being able to make sweet but healthy treats such as strawberry mice, kiwi and banana palm trees, pear and grape hedgehogs, all whilst including a few added treats to keep our littles ones smiling– Please ensure all information of children with allergies or special food is provided in our registration form.

**Creative art sessions** – Implements a level of fun/messy and creative art time where the children are able to use our wide range of arts and crafts materials to complete our various tasks, for example tissue paper painting, puppet making and chalk art which we spread out over the course of our sessions.

**Outdoor sports** – This is allocated to ensure that all children receive much needed active outdoor time at each session using our wide variety of equipment ranging from tennis rackets, hula hoops and organised sport competitions like egg and spoons races.

**Group Games** – Implemented to provide a level of interaction, friendship making and social skills amongst all children who attend each session.

**Extra activities** – are based around several different fun and exciting activities – they include science experiments, challenge games, activity worksheets, extra group games, allocated movie times and some outdoor water fun (water activities will require a spare set of clothes – these are detailed below).

**Children's Choice** – Allows our children to have a say in what they would like to do within a children's choice session which could be include anything from a selected group game e.g. football, rounders or even a creative activity that all the children would enjoy like painting.

We also have an allocated sensory table which also contains a homework corner (for older children who may need to use it) and a behaviour management area to allow children to cool down if needed – this section includes – THINK SHEETS (used in replacement of time out – this allows children to do a short paper sheet addressing areas such as – what happened, how they felt and what could they could do better next time if an incident should occur (for younger children these sheets are picture based) – along with stress toys and books based around find your calm and emotions. To reward good behaviour, we have our Welldon kids club wall of fame- where we hand out certificates each week to reward our children in many different areas such as, star of the week, good manners, sports participation, acts of kindness, helper of the week and much, much more.