Prevent COVID-19
—it's in your hands!

FloridaHealth.gov

Wash your hands often with soap and water. If you don't have soap and water, use a hand sanitizer that is at least 60% alcohol based.

Cover your mouth and nose with a tissue when you cough or sneeze. If you don't have a tissue, cough or sneeze into your upper sleeve or elbow, not your hands.

Clean and disinfect frequently touched surfaces.

Try not to touch your face with unwashed hands.

Don't touch or shake hands with people who are sick.

Stay home when you're sick, and keep your children home when they're sick.

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