

# PACQUENAC TENNIS CLUB

## Covid -19 Rules and Protocols

### DO NOT ENTER COURTS IF:

1. You have been in contact with someone with COVID-19 in the last 14 days.
2. You are experiencing the following symptoms:
  - Cough
  - Shortness of breath or difficulty breathing
  - Have flu-like symptoms:
    - Fever
    - Chills
    - Repeated shaking with chills
    - Muscle pain
    - Headache
    - Sore throat
    - New loss of taste or smell

### BEFORE PLAY:

1. Use extra protective precautions such as wearing mask and gloves.
2. Bring your own sanitizers for disinfecting.
3. Bathrooms and kitchen will be locked.
4. The water cooler and the water fountain will be unavailable.
5. Clean your water bottle and your racquet, including the grip, with disinfectant.
6. Tip: Use wristbands to wipe sweat during play.
7. Avoid touching anything unnecessarily.
8. **Do not latch court gate at any time.**

### SIGNING UP FOR TENNIS:

1. There is no formal schedule - first come first serve.
2. When you arrive, sign the chalkboard on the gate to get on the playing list. (Sanitizer is attached to the porch railing – if needed.)
3. Maximum play is 1 hour. (We are adhering to the honor system.)
4. Wait in your car for your turn to play.
5. When leaving the court, cross off your name on the list with your pen/pencil.
6. If no one is waiting, you can resign up on the clipboard using your own pen/pencil.

### DURING PLAY:

1. Try to maintain six (6) feet apart from your partner if playing doubles.
2. Use new balls. (USTA suggestion: Use one can of balls per person.)
3. Avoid touching your face and eyes with your hands.
4. Avoid sharing anything, such as food, drink, or a towel.
5. Use your racquet/foot or ball-tapping technique to pick up balls.
6. If a ball rolls over from another court, kick or use your racquet to hit the ball back.

### AFTER PLAY:

1. Leave the court when your hour is up – never beyond one hour in fairness to whoever is waiting.
2. Clean your equipment in or near your car, not on the courts.
3. PTC will be implementing a Carry In/Carry Out Policy. There will be no recycling or garbage cans.
4. Sweeping Courts – Use gloves or hand sanitizer.
5. Leave the PTC Club premises immediately.
6. Do not do any extra activities, mingling, or congregating after play.
7. **Do not close main gate at any time – gate must always stay open.**