

# VIRTUAL HEALTH CONNECTIONS



2024/2025

## Terms of Service

These whole foods programs have been developed by drawing on our background, training, skills, and life experiences, as a qualified Naturopath and Nutritionist. I am not a Medical Doctor, and this content is not intended to diagnose or treat any diseases. It is intended to be provided for informational, educational, and self-empowerment purposes ONLY.

Please consult with your doctor or contact me directly if you have any questions regarding your suitability for these nutritional programs, and then make your own well-informed decisions based on what is best for your unique situation.

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