

OWNER OF  
SANKOFA  
CREATIVE  
HANDMADE  
GEMSTONE  
JEWELRY



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**Alchemy of The Phoenix  
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## *Building Confidence and your Spiritually Based Business.*

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1. Think about a time you had to step out of your comfort zone for your work. Write about that time below in detail. \_\_\_\_\_

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2. Now, write about the success that came forth from your willingness to be vulnerable. \_\_\_\_\_
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3. Speaking of successes, take a moment here to make a list of some of your recent successes both in your personal life and career. Tap into the feeling of pride as you take time to **CELEBRATE YOURSELF**. Don't be modest here, you work hard for your achievements, be them little or huge, they are all worth recognition. *Pro tip: Don't wait for the recognition of others before you give yourself permission to celebrate yourself and don't forget to be thankful for each one of your successes. There is no such thing as a step in the right direction that is too small to celebrate.* \_\_\_\_\_
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4. If you are running a spiritually based business, you already know you are doing **GREAT WORK**, right? There are a lot of blocks around money and the work done in this industry. Gabriel Bernstein gives a great mantra to bust through this limiting thinking when it comes to abundance and doing spiritual work. The mantra is **MY GREAT WORK NEEDS TO BE SUPPORTED** because guess what? Your great work does need and deserve to be supported. You are spreading light through the message of love and empowering others to go forth and do the same. There is no greater or more important work to be done here. In the space below write about your **GREAT WORK** and why it needs to be supported. \_\_\_\_\_
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5. How do/or would (depending on how established you are) you use the money you earn through doing your work to contribute to the health of the community. For example, when I answered

this question, I wrote about three plans I have been making to set up programs to help the less fortunate in varying ways. This will look different for everyone depending on what you hold near and dear to your own heart, and it may simply be more time to contribute through acts of service. As a lightworker you already know the importance of service work in our communities, this exercise will help further destroy blocks around earning money by shifting your focus to all the good that can be done through the earnings of your spiritual work \_\_\_\_\_

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6. Affirm the reasons why you are qualified to do your work in the space provided below. Don't be afraid of sounding full of yourself or conceded here. You were born into this world with amazing gifts to share,

## *OWN YOUR GIFTS UNAPOLOGETICALLY*

Feel proud of them. When I ask you why you are qualified in this prompt, I am not looking for certifications or education though, those things certainly do qualify you technically. I want you to go deep here and focus on your strengths, your gifts, the lessons you have learned through your struggles, and your unique light. \_\_\_\_\_

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7. What are your intentions in doing your work? \_\_\_\_\_

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*As always sending so much love,*

*Kelly*

