



KELLY BRAMBLETT

WWW.KELLYBRAMBLETT.COM



CERTIFIED

General Life Coach, Law of Attraction Practitioner, Reiki Master

SPECIALIZING IN

Trauma Recovery, Shadow Work, Energy Work

SELF-HELP AUTHOR

Alchemy of The Phoenix - Summer 2020

About Kelly Bramblett

Kelly Bramblett is passionate about spreading her message of hope to those who have lost hope and inspiring women to heal their lives by first healing their trauma. She does this through her one on one coaching and with her upcoming book Alchemy of The Phoenix which will be released summer of 2020.

In addition to this, she is a Reiki master that uses this healing modality alongside her one on one coaching to help her clients release trauma that has been stored in the physical and energetic body.

Kelly is also the host of Kelly Bramblett's High Vibe Podcast which can be found on all major listening platforms.

Kelly writes a weekly spiritually based blog that can be found along with many other resources on her website at www.kellybramblett.com

Philosophy

“I am a firm believer that the inner will always reflect the outer. I believe to create shift and change in circumstances, you first must make changes with your thinking, habits, and behaviors.

This is especially important when it comes to healing trauma. I have developed a coaching philosophy based on what I learned after healing my unresolved trauma, which I lived in for over 20 years. This philosophy has a heavy focus on the three pillars of healing which are alignment through a positive mindset, unconditional love of self, and forgiveness of self and others”

Kelly Bramblett

*Trauma Recovery and Shadow Work
Coaching*
\$75.00

Online sessions are one hour long and cost \$75.00.
Your sessions will be held via Skype with your choice of either audio or video.

The main structure of my sessions consists of...

- Addressing and healing your triggers.
- Help guide you in identifying the originating source of your wounding and the limiting beliefs you have created around it
- Address self-sabotaging behaviors and creating a daily practice that will support your healing
- Focus on self-love, forgiveness, and mindset
- You will be provided with tools, resources, and suggested practices to support you in your healing journey.

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Useful Links and Resources

If this all sounds good and you are ready to work with Kelly the next step is to follow the link provided below and book your one on one session with her today!!

[Book your one on one coaching session here.](#)

[Free Resource Page](#)

[Learn More About Distant Healing Sessions](#)

[Read and Subscribe to Kelly's High Vibe Blog](#)

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Kelly Bramblett's High Vibe Podcast

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Kelly

