

Kincade Urology LLC / Dr. Matthew Kincade
Pre-Vasectomy Instructions / Information

- Your procedure will NOT be done at Mercy Urology or Mercy Hospital
 - Location: Taylor Plastic Surgery Clinic, 4803 W Highland Knolls Rd Suite 300, Rogers, AR 72758
- SCHEDULING – please send an email to the address at the bottom of this sheet to schedule your procedure
 - We typically do them late afternoons later in the week depending on availability
- You will need to have signed your consent prior to having the procedure done
- You will need to pay for the procedure prior to having it done – the day of is fine – no delayed billing
 - Fee schedule:
 - \$1250 Cash / Check (made out to Kincade Urology LLC)
 - \$1283 Credit Card (to cover \$33 processing fees)
 - FSA/HSA Cards Accepted
- PRIOR TO PROCEDURE
 - Stop Aspirin and/or NSAIDs (aleve, naproxen, advil, ibuprofen) 3-5 days prior
 - Stop Blood Thinners or Anti-Platelet agents as directed by Dr. Kincade or your PCP
- DAY OF PROCEDURE
 - Wear comfortable clothes
 - Have a light lunch / snack an hour or more prior
 - Please do NOT CHEW GUM
 - You will need a driver to drive you to and from the procedure
 - You will take any prescribed pre-procedure medications about 1 hour prior to your appointment
- AFTER THE PROCEDURE
 - Plan to take 3 days off of work/activity after your procedure
 - Couch or bed rest is required
 - **Ice pack, scrotal support, and rest are the keys to recovery!**
 - Plan to refrain from sexual activity, lifting, exercise, or strenuous activity for 7 days
 - Contact the clinic office if, after your procedure, you have any of the following symptoms:
 - Signs of infection, including fever and chills
 - Redness, swelling, excessive pain or bleeding, or pus discharge at the incision site
 - Pain that you cannot control with your medications
- Plan to continue contraception until you are confirmed to be sterile after 20-25 ejaculations
- It will be your responsibility to have your single post-vasectomy semen analysis completed
 - This is done via a mail-in kit through Fellow Labs (www.meetfellow.com to order the kit)
 - Until you are verified to be sterile via semen analysis, you are not to stop contraception

Contact Information:

WWW.KINCADEUROLOGY.COM for information, forms, and FAQs

Email: kincadeurology@gmail.com

(email preferable for non-urgent communication and scheduling)

Call/Text Dr. Kincade for urgent communication: 479-903-0325