



RANIA BADRELDIN

*Happiness Consultant,
Transformational Speaker,
Writer, Seasoned Social
Entrepreneur, NLP & Hypnosis
Master Practitioner*

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Whether you're interested in hearing about leadership, entrepreneurship, happiness, success and wellbeing, or mindset and the power of the unconscious mind, she's got you covered and can tailor a talk or workshop to your specific needs.



As Founder & CEO of a social enterprise that delivers knowledge for wellbeing as well as an experienced international speaker, coach and practitioner, Rania brings over 28 years of experience, wit and authenticity to the stage and has a unique ability to inspire, engage and connect her audience.



“As a happiness coach, it is important to walk the talk; otherwise, if there's a discrepancy between the two, even a child can spot it from a mile away. From the moment you meet Rania, you know that she's someone who walks the talk. She's authentic, creative and funny - and of course, happy! I'd highly recommend her as a speaker and coach.

Raj Raghunathan

Professor of Marketing at the McCombs School of Business at The University of Texas at Austin. Author of "If You're So Smart, Why Aren't You Happy". TED speaker



ABOUT RANIA

RANIA BADRELDIN is a happiness consultant, transformational speaker, writer, seasoned social entrepreneur, and *NLP & Hypnosis Master practitioner on a mission to help people across the globe truly master happiness and contribute to a happier world.

She brings over 28 years of experience, wit, and authenticity to the stage and has a unique ability to inspire, engage, and connect with her audience, weaving her deep understanding of entrepreneurship and leadership, neuroscience, positive psychology, and the science of happiness into everything she does.

A pioneer in women's and children's wellbeing, Rania has a long and successful career in publishing and development in Egypt. She is the Founder and CEO of The Family Hub, a social enterprise that delivers knowledge for wellbeing through the digital platform Mother & Child - born out of her passion for helping mothers navigate the challenging parenting journey - and The Family Experts, a network of trusted experts that has created Egypt's national parenting toolkit and delivered it to social and health workers, teachers and religious leaders nationwide in collaboration with Unicef, the Ministry of Social Solidarity, the Ministry of Health and Population and The National Council for Women.

She holds a BA in Business Administration from the American University in Cairo and is a graduate of the Goldman Sachs 10,000 Women program with Babson College. She is also a certified Positive Discipline Parent Educator.

She has served as a mentor, speaker, and moderator on women's entrepreneurship and leadership, parenting, happiness and wellbeing, mindset, and the power of the unconscious mind on countless occasions. She has delivered two TEDx talks, "Respecting Kids" and "The Secret of Work-Life Balance", and is the creator and co-host of The Happy Marriage Podcast and host of Happiness for Humanity.

Rania is a proud mother of three and a grandmother. When she's not writing or giving talks, she can be found spending time with her family, enjoying nature, music and quiet time or goofing off. An Egyptian national, Rania considers herself a citizen of the world and lover of humanity. Rania is currently working on finishing her first book Happy Inside Out which she hopes will spread her message to an even wider audience.

*certified by the American Board of Hypnotherapy, the American Board of Neuro-Linguistic Programming and The Time Line Therapy Association

PREVIOUSLY BOOKED BY





Are you looking for a dry, staid, academic speaker? Then Rania Badreldin is NOT your person! Rania is infectious enthusiasm personified. She combines a grounding in the science of happiness and neuroscience with humor and love. Her presentations are irresistible!

Ginny Sassaman

Co-founder of Gross National Happiness USA , creator of the Happiness Paradigm, author and lay happiness preacher



Rania was invited to speak at the University for Peace in Costa Rica during the Gross Global Happiness conference. This conference brought together a diverse group of professionals, all passionate about happiness and how to bring more of it to the world. She gave a wonderful, interactive workshop entitled 'Love as the Key to Individual and Global Happiness.' Not only did she impart interesting content that got participants up and moving around for a 'learning by doing' experience, she also emitted an amazing, positive energy that was contagious to all in the room. She was able to balance a level of professionalism with a level of vulnerability that really made the audience open up, share their own stories and walk away feeling connected to the content and peers. This is a difficult balance to achieve for many presenters, and Rania did so beautifully. I would recommend her as a facilitator for other events.

Hannah Benson

Program Manager, UPEACE Centre for Executive Education University for Peace, Costa Rica



Rania presented a session on "Goal Setting and Creating a Life Map" at the New Zealand Residence for participants of the "She Leads" young women's leadership programme, which the New Zealand Embassy collaborated on with a number of other Cairo based missions. Her engaging and energetic style was very well received by the young women in attendance. She was well prepared, including with a number of activities to keep up the pace during the training session, and get people thinking outside the box. This was the second She Leads session Rania had hosted and it was clear that she had built a warm rapport with the participants who were very happy to see her again.

Amanda Stark

First Secretary, New Zealand Embassy, Cairo



Rania is the voice we may not even realize that we need. Amidst the "noise" of internet motivational and inspirational videos, Rania's words stand out as a voice of true compassion and genuine happiness that every single person, no matter how young or old, rich or poor, amateur or professional of an individual they may be, needs to hear. She recently gave the keynote address for CAC's National Honor Society Induction ceremony and her messaging couldn't have been more perfect for these stressful, uncertain and seemingly helpless times. Both teenagers and adults alike messaged me after Ms. Badreldin's speech and said that it was "so perfect" and indeed it was. Her words moved people and will keep a lasting impression on those new inductees as they reflect upon this event for years to come.

Ms. Ashley Gramolini

HS English Dept. Head/NHS Advisor, Cairo American College, Egypt

BOOK RANIA AS A SPEAKER

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