



RANIA BADRELDIN

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*Author of  
“Why Can’t We All Be Happy?”  
Happiness Consultant,  
Transformational Speaker,  
Social Entrepreneur, NLP &  
Hypnosis Master Practitioner*

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*Rania is an experienced global speaker and the author of "Why Can't We All Be Happy?" She is also the founder and CEO of a social enterprise dedicated to promoting well-being through knowledge.*

*With over 30 years of experience, she brings a blend of wit and authenticity to the stage, possessing a unique ability to inspire, engage and connect with her audience.*

WHY  
CAN'T WE  
ALL  
BE HAPPY?

the Happiness  
Project



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*Whether you're interested in topics like leadership, entrepreneurship, happiness, success, well-being, mindset, and the power of the unconscious mind or themes like justice, peace, love and humanity, she's got you covered and can tailor a talk or workshop to your specific needs.*

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It has been a while since I read a self-help book that truly resonated with me like this one. "Why Can't We All Be Happy?" is a genuine, cleverly written, witty, moving and motivational book that offers practical steps to help us live in tune with our truest selves while showing us that our individual happiness is not separate from the collective wellness. Rania Badreldin's narrative style and storytelling skills make this an amazing read on so many levels.

**I Highly Recommend!**

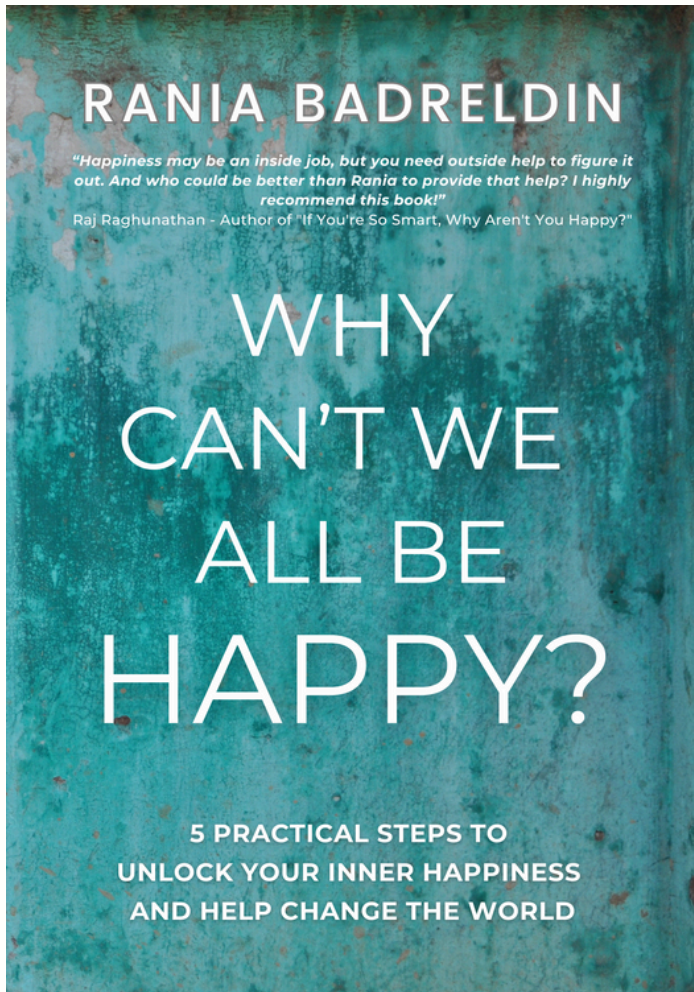
**Amira Abou-Taleb**

Visiting scholar at the University of Helsinki  
Faculty of Theology





# ABOUT RANIA



RANIA BADRELDIN is the author of "Why Can't We All Be Happy?" She is a happiness consultant, speaker, writer, \*NLP and Hypnosis Master Practitioner, and social entrepreneur on a mission to help people across the globe unlock their inner happiness and simultaneously help change the world.

A pioneer in women's and children's well-being, Rania has had a long and successful career in publishing and development in Egypt. She is the Founder and CEO of The Family Hub, a social enterprise dedicated to delivering knowledge for well-being through content development, technical consultations, training, and advocacy, born out of her passion for helping parents navigate the challenging parenting journey.

Rania is a two-time TEDx speaker, creator and co-host of The Happy Marriage Podcast, and host of the podcast Happiness for Humanity. She hopes her book will help further spread her message.

Rania is a proud mother of three and a grandmother. An Egyptian national, she considers herself a citizen of the world and a lover of humanity. When she isn't writing or giving talks, she can be found spending time with her family, enjoying nature, music and quiet time, or goofing off.

\*certified by the American Board of Hypnotherapy, the American Board of Neuro-Linguistic Programming and The Time Line Therapy Association

## PREVIOUSLY BOOKED BY





**Are you looking for a dry, staid, academic speaker? Then Rania Badreldin is NOT your person! Rania is infectious enthusiasm personified. She combines a grounding in the science of happiness and neuroscience with humor and love. Her presentations are irresistible!**

**Ginny Sassaman**

Co-founder of Gross National Happiness USA , creator of the Happiness Paradigm, author and lay happiness preacher



**Rania was invited to speak at the University for Peace in Costa Rica during the Gross Global Happiness conference. This conference brought together a diverse group of professionals, all passionate about happiness and how to bring more of it to the world. She gave a wonderful, interactive workshop entitled 'Love as the Key to Individual and Global Happiness.' Not only did she impart interesting content that got participants up and moving around for a 'learning by doing' experience, she also emitted an amazing, positive energy that was contagious to all in the room. She was able to balance a level of professionalism with a level of vulnerability that really made the audience open up, share their own stories and walk away feeling connected to the content and peers. This is a difficult balance to achieve for many presenters, and Rania did so beautifully. I would recommend her as a facilitator for other events.**

**Hannah Benson**

Program Manager, UPEACE Centre for Executive Education University for Peace, Costa Rica



**Rania presented a session on "Goal Setting and Creating a Life Map" at the New Zealand Residence for participants of the "She Leads" young women's leadership programme, which the New Zealand Embassy collaborated on with a number of other Cairo based missions. Her engaging and energetic style was very well received by the young women in attendance. She was well prepared, including with a number of activities to keep up the pace during the training session, and get people thinking outside the box. This was the second She Leads session Rania had hosted and it was clear that she had built a warm rapport with the participants who were very happy to see her again.**

**Amanda Stark**

First Secretary, New Zealand Embassy, Cairo



**Rania is the voice we may not even realize that we need. Amidst the "noise" of internet motivational and inspirational videos, Rania's words stand out as a voice of true compassion and genuine happiness that every single person, no matter how young or old, rich or poor, amateur or professional of an individual they may be, needs to hear. She recently gave the keynote address for CAC's National Honor Society Induction ceremony and her messaging couldn't have been more perfect for these stressful, uncertain and seemingly helpless times. Both teenagers and adults alike messaged me after Ms. Badreldin's speech and said that it was "so perfect" and indeed it was. Her words moved people and will keep a lasting impression on those new inductees as they reflect upon this event for years to come.**

**Ms. Ashley Gramolini**

HS English Dept. Head/NHS Advisor, Cairo American College, Egypt

**BOOK RANIA AS A SPEAKER**

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