

Your Hair Wellness Journey starts here!!



Instructions

1

PHT EMT

PUT 10 PUMPS OF EMT INTO AN EMPTY 10 OZ MIST SPRAY BOTTLE FILL THE REMAINDER WITH WATER. SPRAY ON HAIR UNTIL HAIR IS WET

2

PHT HAIR HYDRATOR

SECTION HAIR INTO 4 SECTIONS. APPLY 3 TO 4 PUMPS OF THE PHT HAIR HYDRATOR TO EACH SECTION OF THE HAIR FROM SCALP TO ENDS.

3

PHT DEEP REPAIR TREATMENT

NOW APPLY 1 TO 2 PUMPS OF PHT DEEP REPAIR TREATMENT TO EACH OF THE 4 SECTIONS FROM ROOT TO ENDS. LEAVE ON 10 MINS THEN RINSE.

4

PHT MOISTURE SHAMPOO

SHAMPOO HAIR WITH PHT MOISTURE SHAMPOO 3X (FOCUS ON SCALP)

5

PHT DEEP REPAIR TREATMENT

APPLY PHT DEEP REPAIR CONDITIONER AND COMB/ BRUSH THROUGH HAIR UNTIL ALL HAIR COATED AND DETANGLED THEN RINSE AFTER 5 MINS

6

PHT HAIR HYDRATOR , EMT, LE DEUX

SECTION HAIR INTO 4 SECTIONS. IN THE FOLLOWING ORDER APPLY A DIME SIZE OF THE HAIR HYDRATOR, EMT & LE DEUX TO EACH SECTION OF THE HAIR, ROOT TO ENDS.

- **IF YOU ARE SILKPRESSING THE HAIR PROCEED TO BLOW DRY AND FLAT IRON**
- **IF YOU ARE TWISTING OR WASH N GO OR GOING INTO PROTECTIVE STYLE PROCEED WITH STYLE AFTER APPLYING**



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