



## **connEQtions, Inc.**

### **Clothing Policy**

**Please Note:** *ALL classes involving horses are held outdoors, in a barn, or an arena. As such, you are exposed to unheated buildings and unpredictable weather conditions. You must dress appropriately. Below is a list of weather conditions and suggested apparel. Please note that the barn has no extra jackets, sweaters, boots, etc. It is better to over-dress and be able to remove clothing than it is to under-dress and become chilled or uncomfortable. It is always advisable to wear sunscreen on exposed parts of the body. Please remember that you are dressing to work outside and with a horse – conditions are sometimes muddy and dirty. Very casual, warm, and comfortable clothing is always appropriate. Even in the summertime, long pants (not shorts) are required in the barn or with the horse. Baggy pants are not permitted – you need to move freely with no fear of tripping, falling, or becoming tangled in props or equipment because of baggy clothing.*

#### **COLD WEATHER:**

*Wear layers of clothing: shirts, turtlenecks, sweaters, jackets, etc. Please wear multiple pairs of socks and warm, waterproof shoes or boots. Even if the weather is moderate, the ground may be cold, muddy, or damp. Boots and gloves are required. Hats are recommended. Gloves are preferred over mittens so that you can use your fingers.*

#### **WARM/COOL WEATHER:**

*Wear layers of clothing, as the barn may be cool even if it's warm outdoors. Shirts under sweatshirts under jackets are ideal, as you can remove clothing if it gets warm or if we move outdoors where you'll be in the sun. Warm, waterproof boots or shoes are advisable.*

#### **HOT WEATHER:**

*Most of our activities will be held outside, so you will want to protect yourself from the heat. Hats are recommended during the summer season. We will take water breaks, so it is permissible to bring your water bottle. Waterproof shoes (NO SANDALS!) or old shoes are recommended. Leather shoes, as opposed to canvas shoes, protect the foot better if the horse should step on you. Conditions may be muddy or dirty. Long pants (NO shorts) are required.*

**24-hour notification is required for cancellations**

Questions? Please call:  
**(443) 821-2352**