



connEQtions, Inc. ***Office/Farm Policy***

Dear Clients & Families,

We anticipate that working with you will be a pleasure. Please take a few moments to read our farm policies so that you are fully aware of expectations.

Office hours at the farm are by appointment only. We are flexible in accommodating your work and school hours based on the availability of all participants. For your safety and the privacy of other clients, you must remember not to visit the farm during times other than your scheduled appointment.

Often, clients have such a wonderful experience at the farm that they want to share the environment with others. If you know anyone who might benefit from the services of connEQtions, Inc. on the farm, you are welcome to give them our telephone number, and we can speak with them about an appointment. We adhere to strict confidentiality policies and will not share information with others.

We attempt to maintain a very casual environment. We hope clients feel comfortable in the natural setting and with the barnyard animals. The services you will participate in may occur in the barn, the pasture, or the arena. For this reason, it is recommended that you dress accordingly. Equine-assisted psychotherapy (EAP) is not about riding or horsemanship, so no specific attire is required for the participants. However, we insist that you wear closed-toe shoes such as sneakers, boots, or casual shoes (i.e., no sandals allowed) to protect your feet while being close to the horses.

If you have no horse experience, you are perfect for EAP services. The activities we participate in require absolutely NO knowledge of horses. Before starting services, we will give you a few tips to make your experience beneficial and safe for yourself and the horses. During your first session, the equine professional will provide education on horses, horse behaviors, and safety related to horses. We will repeat this information and allow for questions any time you request this! Safety among all participants, including the horses, is our number one priority. as often as you need. Don't be shy about not knowing what to do around horses. We don't expect you to know.

We ask that you maintain your scheduled appointment time. This way, we know you are coming and will be ready, willing, and able to share time with you. Please check in with us upon your arrival before entering the barn, pasture, or arena. If we have time to visit with the animals before a session, or you want to share something with a family member, we will try to accommodate your request. Please remember that you are not allowed in the barn, pasture, or arena without one of the professionals.