

COVID-19 Vaccine Fact Sheet

The COVID-19 vaccine: five things you need to know

Ontario's vaccination rollout is well underway. You can protect yourself, your loved ones, and your community by getting vaccinated. Here's more information about the COVID-19 vaccines.

1 No steps were skipped in developing these vaccines. While the COVID-19 vaccines were made available quickly, they were developed using mRNA research and technology used by scientists since the early 1990s. This research is well developed and the technology has been used effectively and is proven safe and reliable.

2 COVID-19 vaccines will not give you COVID-19. Unlike other vaccines, COVID-19 vaccines don't contain the virus itself. Instead, these types of vaccines teach our cells how to make a protein that will trigger an immune response and create antibodies.

3 The vaccines have been reviewed and approved by Health Canada. In order to be used in Canada, all drugs, including vaccines, must meet the regulatory requirements for safety, efficacy and quality. Usually this review process can take a long time because new drugs and vaccines get added to the bottom of the list, and must wait their turn for review. However, these vaccines are so important they went right to the front of the line, allowing the process to be much quicker than usual.

4 Two doses deliver stronger immunity. It is important to receive both doses of the vaccine to complete the vaccine series. Protection offered by the first dose helps your body build immunity and the second dose boosts your immunity. For example, the Pfizer-BioNTech and Moderna vaccines are 94-95% effective after two doses.

5 When a large percentage of the population becomes immune to COVID-19, the spread of the virus will slow down or stop. You can protect yourself, your loved ones and your community by getting the COVID-19 vaccine.

Check ontario.ca/covidvaccine regularly for up-to-date information on the vaccine and Ontario's distribution plan.



CHECK WITH YOUR PUBLIC HEALTH UNIT

Each Public Health Unit is developing a vaccine plan tailored to their own community's needs. Local plans will align with Ontario's vaccine distribution plan and ethical framework. Find your public health unit and check their website for details about vaccination in your area.



United Mennonite Home

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Bobbi Lynn Bachur ext. 5005

Volunteer Coordinator

Pamela Kohut ext. 5008

Scheduling Coordinator

Jenn Trudel ext. 5009

Palliative Care Coordinator

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Laundry ext. 5016

Hair Salon ext. 5011

Blossom Lane ext. 5022

Harbour Lane ext. 5023

Garden Lane ext. 5024

Meadow Lane ext. 5025

OVA/Supportive Housing Manager

Bonnie Fahnestock (905) 562-1458

Resident/Family Satisfaction Survey

We are asking residents or their substitute decision makers to complete the 2021 Resident/Family Satisfaction Survey. This questionnaire will help us evaluate your satisfaction with the care and services at United Mennonite Home and are based on your experiences over the last 12 months. When possible, questions should be answered by the resident themselves or with help from a family member.

A link to complete to the survey online has been sent out to all those who have an email on file. Alternatively, hard copies are available at the screening desk. Please complete the survey online or submit your hard copy to the screening desk by May 16, 2021. Thank you for your participation!



It has been over a year since residents have seen the smiles of our staff. Masks obstruct our ability to see a person's full face, losing out on seeing important facial expressions.

We are encouraging staff to wear smile buttons to help residents more easily identify their caregivers and be reminded that there are smiling happy faces behind the mask!



Family Councils Ontario

Family Councils are groups whose members share a common concern about the quality of the lives of their relatives or friends

and provide mutual support, empowerment and advocacy to the family and friends of the residents of Long-Term Care Homes. They are organized, self-led, self-determining, democratic groups comprised of family and friends of the residents of LTC Homes.

If you are interested in joining United Mennonite Homes Family Council, or would like more information, we encourage you to attend the next Family Council Zoom Meeting on Monday May 3rd at 7:00pm. Please RSVP to Family Council President, Frank Pravtitz frankpravtitz@gmail.com or (905) 518-6986.

For more information about Family Councils, please visit: www.fco.ngo.

OFFICE NEWS

Once residents receive their 2020 Notice of Assessment, a copy must be provided to Lorraine Wilson in the front office for the 2021 rate reduction calculation. Lorraine can be reached at ext. 5031 or lwilson@umh.ca.

Please have all important mail addressed/directed to POA's or Substitute Decision Makers if you do not want mail delivered to a residents room.

In Memoriam

Peter Friesen
April 11, 2021



Anna Behr
April 11, 2021



Harold Luey
Harbour 146

Joan Felker
Blossom 111

Ludger Luken
Harbour 141

Paul Hiemstra
Blossom 106

Gerrigje Korporaal
Meadow 238

Myrtle Schweitzer
Garden 217

Giovanni Ianiri
Garden 225



RESIDENTS

Gerrigje Korporaal
May 3, 1932

Bill McAnally
May 7, 1928

Walter Rempel
May 7, 1952

Daniel Komaranski
May 13, 1034

Maria Patsiatzis
May 17, 1931

Alfreda Fretz
May 18, 1938

Sylvia Golecki
May 18, 1941

Peter Young
May 18, 1950

Cynthia Scott
May 19, 1934

Mary Matheson
May 25, 1941

Roy House
May 28, 1932

Myrtle Schweitzer
May 30, 1924

Elma Unger
May 31, 1926

VOLUNTEERS

Christine Catterall
May 2nd

Emily Rowe
May 14th

Gail Bruneau
May 17th

Mary Smeenk
May 24th

Paul Marshall
May 25th

Joan Rinker
May 30th

Kryna VanGeest
May 30th

Dear Residents and Family Members of Long-Term Care,

I wanted to share with you directly, information about a joint call to action that has been issued by the Ministry of Long-Term Care (“the ministry”) and Ontario Health to respond to the unprecedented challenges facing our health care system.

Each home is being asked to do everything they can over the next two weeks to admit or readmit hospitalized patients waiting for a long-term care home, with a minimum goal of 1,500 placements across the more than 600 homes in Ontario. On average this would mean two or three new residents per home, although in some cases it might be more and in some cases slightly less.

Bringing more residents in to homes will be done in a safe way for current residents, staff and the new residents. People will not be moved into spaces needed for isolation, nor into 3rd and 4th beds in ward rooms. This is about bringing individuals into immediately available vacancies that meet individual needs, and where the home has the necessary staff to accommodate these moves without compromising the care of residents already in the home.

Each day residents and families share stories about the mental, emotional, and physical toll of the pandemic, and the sense of renewed hope that vaccines have brought. The ministry, with our partners, is seized with advancing along the path to recovery, and we recently asked homes to maximize safe opportunities for residents and families to engage in activities that bring them joy, comfort, and dignity, and give them back a sense of choice in their homes and lives. The latest call to action does not diminish or replace the importance of these recovery efforts, nor our commitments to continue to move forward towards a “new normal”.

Feedback from residents and family members is welcome, and through the Ontario Association of Residents and Family Council Ontario, resident and family voices are being included in the discussions to help shape the future of long-term care in Ontario. We hope to communicate more about our next steps very soon. If you have specific ideas about recovery, please do not hesitate to share these with the ministry team by emailing MLTCpandemicresponse@ontario.ca.

Sincerely,

Richard Steele
Deputy Minister,
Ministry of Long-Term Care





Orchard View
APARTMENTS

INDEPENDENT LIVING WITH CARE



Helene Penner

May 9th

Albert Langford

May 27th

Joseph Wismer

May 29th

What's Happening in...

Exercise classes will continue every Wednesday at 10:15am in the auditorium. Please arrive a few minutes early to get settled.

Worship Services will continue to take place at 2:30pm on Wednesdays in the auditorium with Chaplain David.

There will be **Bible Study** each Friday in the Auditorium at 10:30am.

Hairdressing will continue on Fridays. Please contact Pamela at (905) 562-7385 ext. 5008 to book an appointment.



Jack and Louise Sinke will celebrate their 65th Wedding Anniversary on May 4th!

Let's all help them celebrate by wishing them a Happy Anniversary!



April 18th-24th was National Volunteer Appreciation Week. We asked our volunteers to give us the reasons why they like to volunteer at our Home, here are some of the answers.

Thank you to all who participated! We truly miss our volunteers and the work they put in at our Home, we are looking forward to seeing all of our volunteer's lovely faces again.

I have always been a volunteer throughout my life, wherever I have the opportunity. I've been happy to be part of the volunteers at UMH for over 10 years now and I have always enjoyed speaking and visiting with residents and visitors alike. I am glad to have the opportunity to be at UMH and be able to contribute a little to the life at the home. I miss being with you and look forward to getting my second vaccination and being able to be back among you.

- Eleanor Schulze

I volunteer at the UMH to make a difference in the life, or bring a smile to the face, of a lonely senior citizen.

- Gail Brady

My mother was a resident here, she always appreciated everything that was done for her and she felt very safe here. That is why I at that time thought someday I would like to volunteer here and, now I am able to do that and am enjoying it.

- Helen Wall

For me, I volunteer at UMH because it is a great way to give back to my community doing what I love. I cannot wait to come to see you all once again, visit with friends, the residents and trade stories. Keep well everyone!! See you soon.

- Love Wilma

From time to time I notice that some residents and some staff like to make an X on their calendars at the end of each day. This helps us remember which day it is as we move through the month. This month I hope we will all be counting the days to two important events of the Christian faith: Ascension and Pentecost.

The fact is that the gospel story did not end at Easter with Christ's resurrection and the empty tomb. For the next 40 days Jesus appeared many times and many places to His followers confirming the truth of His resurrection. Then, on Day 40, after His final words of instruction to his apostles he ascended to heaven. This year we celebrate The Ascension on Thursday, May 13th. Ten days later is Pentecost, the day when God poured out the promised Holy Spirit and the Christian church was born. Pentecost Sunday is on May 23rd.

This month I invite you all to be counting the days until Ascension and Pentecost and to commemorate these two important days of the Christian faith.

David Gifford
Chaplain

