September 2020



From The Desk Of

I am pleased to announce the appointment of Kelly Chuckry as our new Director of Care effective September 8, 2020.

A fully qualified RN who has complimented her credentials through additional training. Kelly has been working in the long-term care sector for over twenty-six years. Kelly has worked in various capacities, mainly with the Region of Niagara where she has had experience as a Director of Care, Education and Quality Improvement Manager, and Administrator/Director of Care, including LTC and supportive housing. Most recently, Kelly has worked as a Long-Term Care Home Nursing Inspector with the Ministry of Long-Term Care.

Kelly brings with her in-depth knowledge of the LTC system and how to effectively operate a resident-focused Nursing and Resident Care Program. You will find that she has superior leadership and organizational skills; being able to effectively communicate with residents, family members, and staff alike. Kelly looks forward to her new role at UMH and to complement innovative programs and services for our residents.

Please join me in welcoming Kelly to her new role at United Mennonite Home!

Walter Sguazzin Executive Director

Virtual Visiting

When the suspension of visitors to the Home began mid-March, Recreation staff began a virtual visiting program. Since then, they have helped facilitate over 1,200 facetime and skype calls between residents and their families. This program was a great way for families to check in with their loved ones and "see" them virtually when in-person was not an option.

As the pandemic has evolved, so have the restrictions. Beginning in June we were able to facilitate window visits, then outdoor visits, and now indoor visits. It has been great to see residents and their families re-connect in person, even if physically distanced.

Virtual visits will now be offered Thursday afternoons from 1:30pm to 5:00pm and Sunday mornings from 10:00am to 12:00pm. These visits will be reserved for family members of residents who live out of town or are unable to visit their loved one in person. We ask that loved ones only book one virtual visit per week. All additional visits will be cancelled.

Thank you for your understanding and cooperation. Along with the indoor and outdoor visiting program, the Recreation Team has enjoyed reinstating and adapting some of our regular activities!

United Mennonite Home 4024 Twenty-Third St. Vineland, ON LOR 2C0 tel: (905) 562-7385 fax: (905) 562-3711 www.umh.ca thehome@umh.ca

Executive Director Walter Sguazzin ext. 5001 **Director of Care** Kelly Chuckry ext. 5002

Nutrition Manager Edith Millar ext. 5003

Programs Manager Jodi Thompson ext. 5004

Environmental Service Manager Rob Millar ext. 5006

Associate Director of Care John Rioux vt 5032

Jiii Kioux		ext. 5052
	RAI Coordinator	

Sherry Georgeoff ext. 5028 Dietitian

Christine Toderoff ext. 5033 Physiotherapy

Nina Dragas ext. 5027

Chaplain

David Gifford ext. 5014

Administration

Lorraine Wilson ext. 5031

Director of Finance Janice Cairnie ext. 5007

Systems and Payroll Coordinator Be

bbi Lynn Bachur ext. 5	00)	
------------------------	----	---	--

Volunteer Coordinator Pamela Kohut ext. 5008

Scheduling Coordinator Jenn Trudel ext. 5009 Main Kitchen ext. 5010 Laundry ext. 5016 Hair Salon ext. 5011 Blossom Lane ext. 5022 Harbour Lane ext. 5023 Garden Lane ext. 5024 Meadow Lane ext. 5025

OV/Supportive Housing Manager Bonnie Fahnestock (905) 562-1458



PROPER MASK USE

Niagara Region Public Health provides the following guidance for effective and safe use of face coverings:

- Clean your hands before putting a mask on and taking it off. Clean your hands with soap and water or alcohol-based hand sanitizer for at least 20 seconds.
- Make sure the mask fits. No gaps between the face covering and your face. It should cover your mouth and nose from below the eyes to around the chin.
- Secure the mask with ties or ear loops so that it is comfortable and doesn't hinder breathing and vision.
- Keep your hands away from your face while wearing a face covering. If you do touch your face, clean your hands immediately.
- Do not share your mask with others.
- Wear a mask as long as it is comfortable, and remove it when it becomes soiled, damp, damage or difficult to breathe through
- Wash your cloth face covering in the laundry
- Continue to stay two metres away from others
- Clean surfaces that a dirty face covering touches

HANDLING OF MASKS INBETWEEN USES

Proper handling of a face covering is important to protect you from this virus. If the face covering is doing its job, it will block the virus from infecting you, or others, so it may have the virus on it after use.

- Fold the outside of the face covering in on itself, so only the inside of the face covering is facing outwards
- Store it in its own bag or container before placing it into your pocket, purse or vehicle. Discard the bag or clean and disinfect the container after use.

Don't do the following:

- Reuse face coverings that are moist, dirty or damaged
- Wear a loose face covering
- Touch your face covering while wearing it
- · Remove the face covering to talk to someone
- Hang your face covering from your chin, neck or ears
- Hang your face covering from the rearview mirror of your vehicle
- Share your face covering
- Leave your used face covering within the reach of others

Remember, wearing a non-medical face covering or mask alone will not prevent the spread of COVID-19. You must also clean your hands often, practice physical distancing and stay home if you're sick.



John Sawatsky Meadow 253

Robert Bowen Blossom 105

> Carla Dyck Garden 228



Janusz Wisniowska August 5, 2020

Margaret Janzen August 19, 2020

Allan Kulawic August 21, 2020

Donald Grove August 25, 2020

Marie Hrdlicka August 27, 2020



RESIDENTS

Hedy Petkau September 2, 1927

Hendrika Vandenberg September 6, 1930

Trudy Labrie September 10, 1927

Lorraine Funk September 18, 1932

Frank Manning September 20, 1939

Barbra McDonald September 23, 1947

Bill Vandenberg September 25, 1950

VOLUNTEERS

Elaine Friesen September 5th

Betty Janzen September 6th

Tia Pavon September 7th

Oti Frigole September 9th

Linda Enns September 15th

Martha DeRoos September 21st

Frieda Harder September 26th













Gordon Davy September 22nd

John Millar September 24th

George Schmidt September 25th

Bill Stockwell September 30th

Marg Foreman September 30th



Labour Day is Monday September 7th

Worship Services will continue to run everv Wednesday afternoon at 2:30pm in the Auditorium. All are welcome, a reminder for those who are still going out into the community, a mask is mandatory.

Exercise classes will resume shortly. They will run on Mondays and Wednesdays at 10:15am, please follow the proper precautions such as wearing your mask to the class, it may be removed during the class. All chairs and equipment will be sanitized after each class. A reminder to please sanitize your hands as you enter the auditorium, a station is set up on the right of the main entry doors.

Hairdressing will continue to run each Friday for Orchard View Apartment tenants, to make an appointment, call Pamela at (905)562-7385 ext. 5008.

A couple weeks ago a resident who is very aware of the pandemic restrictions questioned me if wearing a mask gets uncomfortable and tiring. She also asked if the purpose of masks is to minimize the risk of staff spreading disease to the residents.



I confirmed both of her observations. Yes, staff and visitors wear masks because we come and go in the community and have the potential to be transmitters of the virus and yes wearing a mask can be uncomfortable. We do it as an act of caring for our residents.

In this newsletter we see that the Regional Health Department has created a new slogan to remind us of this. It says, "It's not about YOU. It's about ALL of US."

We at UMH knew this long before Covid. For 65 years our guiding principle has been "Do unto others as you would have others do unto you." Let us as staff and visitors continue to live by this Biblical principal in all that we do to serve our residents.

David Gifford Chaplain