

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2  11:00 Church Service via T.V. 	3 10:15 Exercise Class (Aud)	4 2:00 Bingo (Aud)	5 10:15 Exercise Class (Aud) 2:30 Worship Service (Aud)	6 2:00 February/ Valentine's Jeopardy (lounge) 6:30 Sing-a-long (Aud)	7	8
9 11:00 Church Service via T.V.	10 10:15 Exercise Class (Aud)	11 10:00 Manicures (Aud)	12 10:15 Exercise Class (Aud) 2:30 Worship Service (Aud)	13 2:00 Valentine's Day Party (Aud) 6:30 Sing-a-long (Aud)		15 10:30 Tai Chi
16 11:00 Church Service via T.V.	17 10:15 Exercise Class (Aud)	18 2:00 Baking Activity (lounge)	19 10:15 Exercise Class (Aud) 2:30 Worship Service (Aud)	20 9:00-11:00 Helping Hands (Aud) 2:00 Movie Afternoon (Aud) 6:30 Sing-a-long (Aud)	21	22 10:30 Chair Yoga
23 11:00 Church Service via T.V. 1:30 "Let's Make Soup"	24 10:15 Exercise Class (Aud)	25 8:00 Pancake Breakfast (dining room) 	26 10:15 Exercise Class (Aud) 2:30 Worship Service (Aud)	27 2:00 Men's Group (lounge) 6:30 Sing-a-long (Aud)	28	29 10:30 Chair Dancing 