

Assessment Checklist: Can Mom or Dad Safely Remain at Home?

Medication Are medications expired? Are they spread out in different rooms, with no apparent structure or routine?
Meal preparation Can they cook for themselves? Are they able to safely operate appliances? Do they remember to turn appliances off when finished cooking?
Safety Is the home equipped with grab bars, emergency response systems and other tools to ensure safety? Do they have a plan in place to contact help in case of an emergency?
Personal hygiene Can they bathe themselves, groom adequately and launder clothes?
Transportation Are they driving? Should they be driving? Do they have alternate means of transportation?
Socialization Are they isolated from others most of the time? Do they have friends? Are they going to church? Are they depressed? Are there signs of alcohol abuse?
Home management Are they paying their bills on time? Are there stacks of papers and unpaid bills laying around? Is the house in general disarray? Is the house relatively clean?